

Delaware Food Market Report

By Anne Holberton

"Going whole-hog" might make a dent in your food budget, but the expression does not have its origin in food. In America's early days, a ten-cent piece was called a "hog". Therefore a person who was enough of a spend-thrift to squander a dime was said "to go the whole hog." If you are experiencing that feeling of having done "your all" as tax time comes around, perhaps pork can stimulate a whetted appetite and also help the budget. But first you must know how to select it.

Quality pork has delicate pink lean - smooth, firm, and fine grained. The fat is firm and white on the outside of the cut and is distributed through the lean. Bones are slightly pink. Quality pork is also free from excessive moisture.

Because most hogs come to market at the same age (six months) and because much of the pork is processed, there is little demand for pork grade standards. Pork, like beef, must be federally inspected for wholesomeness if it is shipped across the state line.

Since pork is more plentiful now, and prices are reasonable, you may want to freeze a few of your favorite cuts. Prices are always high on this meat during the summer months. Remember, however, fresh pork has a relatively short storage life when compared to other meats. Fresh pork can only stand a few days in the refrigerator and three to six months in the freezer. When refrigerated, it should be packed in moisture and vapor resistant wrappings, and they should be loose. Then store it in the coldest part of the refrigerator.

When freezing pork, it is extremely important to package it in air tight wrapping to prevent freezer burn and the meat drying out. Freeze rapidly and store at zero degrees or lower if possible.

Salt stimulates the development of rancidity, so cured and salted pork cannot be stored in the freezer as long as fresh pork. Freezer storage of sliced smoked ham and bacon is not recommended. The flavor of the bacon may change after one week of storage. If for some reason you feel that you must freeze cured pork, slab bacon, and whole ham, keep it no longer than two months. But don't be surprised at the flavor change.

Now let's check the pork cuts. Shoulder or Boston Butt is the top part of the shoulder, one of the less demanded and one of the most economical cuts. This cut is sold fresh, cured, sliced, whole, with a small bone, or without a bone. It is used either as a roast or cut into steaks. Expect four servings per pound when boned and two servings when bones are in.

The lower part of the pork shoulder is called a picnic. It is sold fresh, cured, and canned, and with or without bone. You'll get two to three servings per pound.

One of the cuts in greatest demand—usually sold fresh as chop or roast—is the pork loin. Outstanding values may often be found in the end cuts, especially when center chops have been featured, leaving their ends (blade or loin end roast or chops). The yield is two or three servings per pound.

It Pays To Be Different

In an age of management specialists, advanced degrees and decision by computer, it is always gratifying to be reminded that a man can still start at the bottom of the ladder and work his way to the top. A top official of one of the largest domestic petroleum firms, who started out pumping gas in a service station, gave some advice to a high school graduating class not long ago: "The crowd will tell you that the safest thing to do is conform, blend yourself into the background. Don't believe it. The rewards go to the imaginative, the creative, the original, the people willing to take the big dare of life. It's enough, the crowd will say, to keep your nose clean because everything's run by formula or by machine calculation today. Don't believe it. You count as an individual, as a unique person, and even in a corporation as big as the one for which I work, you'll be judged as an individual."—The Sylvania (Ala.) Advance

Board of Health Clinics

Cancer Detection Centers

This service is for women 25 years of age and over. Examination by appointment only.

March 9, 16 and 22—Dover, Kent County Health Unit, State Health Building, Federal and Water Streets. Call 734-7511, ext. 404 for appointments.

March 23 — Milford, Health Unit, Old Post Office Building, 121 South Walnut Street. Call 422-4614 for appointments.

Houston

Mrs. Viola Thistlewood

Sunday School at 10 a.m. Franklin Morgan, general supt. and Alvin Brown, supt. of the Junior Department. Classes for all ages.

Worship service begins at 11 a.m. with the prelude; Agnes Webb at the organ. Call to worship by the pastor, the Rev. Harry A. Bradford Jr., who will conduct the service, and Rev. Jack Yost, evangelist, will deliver the gospel message.

Revival meetings began Sunday evening, Feb. 19 and will continue through Sun., Feb. 26. The Rev. Jack Yost, evangelist, from Berwick, Pa., will be guest preacher during the week.

Song service, special music, gospel preaching.

The Fourth Quarterly Conference will be held on Sun., April 2, at 7:30 p.m. The District Superintendent, the Rev. Chandler, will be the speaker at the evening meeting.

Sat., March 4, at 6:30 p.m. the Young Adult Fellowship will hold its supper.

We are sorry to report, Mrs. William H. Sapp Jr., who had only been home a week after undergoing surgery in Milford Memorial Hospital, had to return to the hospital on Sunday after a relapse.

Mr. and Mrs. Richard Simpson, of Newark, Mr. and Mrs. Wayne Simpson and daughter, Tracey, of Camden, were dinner guests Sunday, of Mr. and Mrs. Francis Simpson.

Mr. and Mrs. Franklin Morgan, daughter, Connie, Mrs. Edna Sapp, Mrs. Anna Hawkins and Mrs. Helen Gilbert were guests of the Marshall Harts in Magnolia.

Mrs. Viola Thistlewood was the supper guest of her grand-

daughter and family, Mr. and Mrs. Fred McCreary and daughter, Karen, on Thursday.

Mrs. Ella Simpson, Mrs. Frances Parvis, Mrs. Anna Hawkins, Mrs. Helen Gilbert and Mrs. Pauline Morgan spent last Wednesday in Wilmington.

Grace Manlove, Helen Dufendach, Nellie Bennett and Ruth Sapp attended the 69th anniversary luncheon of the Milford New Century Club last Mon., Feb. 13. They were entertained by Mrs. David Mulford, violinist, accompanied by Mrs. John Egner on the piano, from Georgetown. Mrs. Oscar Roberts, Mrs. Ridgely Vane, were guests of Mrs. Sapp and Mrs. Dufendach.

Mrs. Sapp substituted at Lincoln School last Thursday.

George W. Kirkby returned home from Milford Memorial Hospital Saturday and is awaiting arrangements for surgery in Wilmington.

Mr. and Mrs. Joseph T. Kirkby and daughter, Miriam, of Wilmington, visited his brother and sister-in-law, Mr. and Mrs. George W. Kirkby on Sunday.

Cecil Wesley Fuhr, Jr.

Infant Cecil Wesley Fuhr, Jr., son of Mr. and Mrs. Cecil W. Fuhr, of Wyoming, died at Kent General Hospital, Sunday, shortly after birth.

Surviving besides his parents are his paternal grandparents, Mr. and Mrs. W. Fuhr, of Dover, and his maternal grandparents, Mr. and Mrs. Clifford Ford, of Wyoming.

Gravestone services will be held Thursday at 1 o'clock at Mt. Olive Cemetery.

Arrangements were by the Berry Funeral Home, Felton.

Trinity Methodist Church Notes

Church school at Trinity Methodist Church will be in session this Sunday from 10 to 11 a.m. Morning worship at 11 o'clock will be conducted by the pastor, William J. Garrett. The sermon topic, as announced by Rev. Garrett, is "Beyond The Vision". Altar flowers are to be presented by Mr. and Mrs. Edgar Tucker. Friendly greeters are Mrs. Franklin Swain and Mrs. Bertha Camper. The organist, Melvin Brobst, will play "O God Our Help" by Wilson and "Praise Ye the Lord" by Carrier, as the prelude and postlude music. The anthem by the Senior Choir is "Seek Ye the Lord" by Roberts. The Junior Choir will sing a special selection.

A District Consultation on Christian Education will be held in Trinity Fellowship Hall this Sunday afternoon at 2:30 o'clock. All Adult Church School workers (teacher of adults, officers, and interested persons) from the Methodist Churches in the Milford-Harrington Sub-District are invited to attend. The session is planned to be both inspirational and informative in preparation for a "New Day" in Christian Education.

The Methodist Youth Fellowship will meet on Sunday at 6:30 p.m.

The Commission on Worship with Mrs. Earl Sylvester, chairman, will meet on Monday, 7 p.m.

The Official Board will meet on Monday, 8 p.m.

The church-wide Bible study

on the Books of James and I Peter will be held this Wednesday at St. Stephen's Episcopal Church. Asbury and Trinity Methodist Churches and St. Stephen's Church are cooperating in the study.

Choir rehearsals are scheduled as follows: Junior Choir, Thursday, 6:30 p.m.; Senior Choir, Thursday, 8 p.m.

A week of Evangelistic Services is planned for the week of March 12 through March 19th. Guest ministers from Harrington and nearby communities will be speaking at each service.

Williamsville Methodist Church—9:45 a.m., Morning worship service; pianist, Grace Bradford. 10:45 a.m., Sunday School classes.

The Houston Methodist Church will conclude its revival services this Sunday evening at 7:30 p.m. The evangelist, the Rev. Jack Yost, who hails from Berwick, Pa., will address the young people during Youth Night. A large group of young people were present last Sunday evening for the service.

The Ogetown Baptist Senior Choir, Men's Chorus, and Quartette will be present on Friday evening to present the gospel in song. They will be directed by Paul Lunger. It has been designated as family night and the families with 100% present and those with the most children present will be acknowledged.

On Saturday evening the Sunday School will be present. Mrs. Grace Bradford will be pianist for the services.

The public is invited to attend the services at 7:30 p.m.

GIRL SCOUT NEWS Troop 679

Girl Scout Troop 679 presented a "Thinking Day - 1967" ceremony before their friends and relatives and members of the two local Brownie troops on Tuesday afternoon in the Harrington School cafeteria.

"Thinking Day is observed at this time each year by Girl Scouts and Girl Guides all over the world to link thoughts of friendship around the world that all people shall be friends, and to celebrate the birthday of Lord and Lady Baden-Powell, the founders of scouting.

The program was opened with the always impressive flag ceremony. Lou Ann McKnatt was the Scout-in-charge, and Debbie McKnatt, Joan Mason, Lisa Welch and Jo Anne Matthews, were the flag bearers and escorts. The ceremony, which included the Pledge of Allegiance, Girl Scout Promise, Brownie Promise and Retiring of Guard set the stage for the "Thinking Day."

Angela Minner, Nina Adamo, Kathy Young and Sharon Forbes told the audience a bit of the history of the day and of the beginning of Girl Guides in other parts of the world.

An explanation of the "World Association Pin" was given by Arlene Forbes, Sandra Passwaters and Lisa Masten.

As a part of their requirements at Junior Girl Scouts, the members of Troop No. 679 meet

with other troops and have a service project that will help someone. The girls in No. 679 decided to combine these two things with the "Thinking Day" program. They bought and presented to the new Brownie Troop, World Association pins.

Vonnie Friedland and Suzanne Hampton assisted Mrs. Annice Keller in making the presentations of pins to Brownie Troop No. 401. The troop sang the Japanese Greeting Song, followed by the Brownie Smile Song by Brownie Troop No. 684.

Highlight of the afternoon was the talk given by the girls by Miss Anita Sapunar, American Field Service Exchange Student at Harrington High School. Miss Sapunar is a native of Bolivia and was once a member of a Girl Scout troop in her home of La-Paz. She told the girls of the work she did in scouting, visiting hospitals and entertaining the patients, attending meetings, etc. Then she spoke of her life in Bolivia and answered many questions posed by the Brownies and Girl Scouts.

Refreshments were served to conclude the program.

Mrs. Albert Mason and Mrs. Joseph Adamo, are leaders for Junior Troop No. 679; Mrs. Robert Keller and Mrs. Norman Clough are leaders for Brownie Troop No. 401, and Mrs. James Temple and Mrs. Ned Galentine are leaders for Brownie Troop No. 684.

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NAVY AND YOU

The Navy's TRANSIT program is planned to provide a worldwide, all weather, navigational system which could be used by all nations on earth. This system will also permit man finally to measure the sizes of land masses and the distances between points on the earth. The feasibility test of this new navigational system is based on the capacity of ground receiving stations and a computing center to extract positional information from the signals of an orbiting sphere. This TRANSIT program is being developed for the Astronautics Group of the Bureau of Naval Weapons.

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