

Mrs. Jane Bryan of Dover installs an exhibit of over 150 dolls from her collection for the Delaware State Museum's old-fashioned Christmas exhibit. Many of the miniature dolls on display would have been found under Christmas trees in the 19th century.

### Old-Fashioned Christmas At The Delaware State Museum

A visit to the Delaware State Museum this holiday season will rekindle memories of an old-fashioned Christmas. The exhibit features a tree trimmed with homemade paper chains, popcorn strings, and foil covered nuts. Among the antique toys on display this year is the doll collection belonging to Mrs. Jane Bryan of Dover. This exhibit of miniature dolls includes bonnet dolls, frozen charlottes, bisque noddies, and wooden peg

dolls that will be of interest to children and adults alike. Over 150 dolls are on loan from Mrs. Bryan's collection. Also on display are a handmade dollhouse, cigar-box doll furniture, cast-iron toys, and a pair of ice skates dating from 1867.

This is the 23rd Christmas celebrated at the Delaware State Museum located in the old Presbyterian Church building at 316 South Governors Avenue in Dover. The Museum is open daily except Mondays from 10 a.m. to 5 p.m.; Sundays, 1 to 5 p.m.

### Vo-Tech Menu

January

7th - Fish fillet, parsley potatoes, buttered green beans, corn bread & butter, sliced peaches.

8th - Hot turkey sandwich, French fries, buttered peas & carrots, cranberry sauce, peanut butter cake.

9th - Orange juice, home made pizza, lima beans, Chef's salad, banana pudding.

10th - Grapefruit juice, veal cutlet, baked potato, creamy cole slaw, roll & butter, ice cream Dixie cup.

11th - Hot beef sandwich, mashed potatoes w/gravy, buttered corn, fruit Jello.

14th - Tomato soup, toasted cheese sandwich, stuffed celery, bread pudding w/lemon sauce.

15th - Orange juice, beef stew w/vegetables, roll & butter, fresh fruit.

16th - Vegetable soup, flying saucers, potato chips, relish tray, chocolate cake.

17th - Meat loaf w/gravy, candied sweet potatoes, buttered carrots, biscuit & butter, chilled apple sauce.

18th - Beef Bar-B-Que, escalloped potatoes, buttered corn, oatmeal cookies.

21st - Steak sandwich, French fries, buttered broccoli, apple crisp.

22nd - Split pea soup, ham sandwich, potato salad, chocolate pudding.

23rd - Lasagne, buttered green beans, tossed salad, French bread & butter, chilled grapefruit.

24th - Tuna fish sandwich, minestrone soup, relish tray, rice pudding.

25th - Orange juice, frank on roll, baked beans, sauerkraut, chiffton pie.

28th - Ravioli w/meat, buttered Brussels sprouts, Chef's salad, roll & butter, chilled fruit cocktail.

29th - Chicken soup, combination sandwich, lettuce and tomato, pumpkin pie.

30th - Chili-con-carne, buttered rice, green beans, French bread & butter, pineapple tidbits.

31st - Hawaiian punch, oven fried chicken, mashed potatoes & gravy, buttered spinach, roll & butter, cherry cobbler.

Half pint of milk included with Type A lunch. Menus subject to change without notice.

### Freezing Turkey For Future Meals

Many homemakers purchase larger turkeys than they need for the holidays because big birds are economical - you get more meat for your dollar. Marguerite Krackhardt, extension nutrition specialist at the University of Delaware, suggests a variety of ways for freezing the extra meat, so that your family can enjoy it during the coming months.

Tightly-wrapped slices or pieces of turkey will maintain their quality up to six months if held at zero degrees or below. If the meat is covered with broth or gravy, you may hold it for six months. Meat that is not covered should be used within a month.

Mrs. Krackhardt recommends that you check your recipe books for casseroles made with turkey. These can be prepared and kept in the freezer for up to six months. Or make up your own recipes. One delicious combination is a layer each of cooked noodles, peas, turkey, grated cheese and medium white sauce or condensed soup, top with buttered crumbs.

Another time-saving idea is to freeze meal-sized portions of creamed turkey. These can be thawed quickly and served with fluffy rice or crisp toast points. Vary the creamed turkey with shredded coconut and curry; or chopped celery, green peppers, sliced almonds and powdered ginger; or pimento, sliced mushrooms and grated cheese.

A homemaker with school-age children or a husband who carries his lunch can make up a supply of turkey sandwiches and store them in the freezer. Even the smallest bits of turkey can be used in this way. Miss Krackhardt recommends spreading the bread with butter or margarine, since mayonnaise or salad dressing tends to soak into the bread.

Finally, Miss Krackhardt reminds the family cook to make use of the flavorful turkey bones. These can be simmered with such good seasonings as bay leaves, whole cloves, celery tops or other favorites. Strain and cool the broth quickly, package in suitable freezer con-

tainers, label and freeze at zero degrees or below. You now have delicious base for soups, chowders and sauces which you can use with turkey, chicken or other meat dishes.

### Planting Your Live Christmas Tree

If you selected a live Christmas tree this year, don't neglect it once the holiday season is over.

Live trees can be planted immediately after the holidays. If the ground is too hard for planting, however, the tree should be maintained in a cool, protected area and kept well watered until the ground is workable, according to Bob Stevens, extension horticulturist at the University of Delaware.

An unheated garage or a sheltered area outside will provide adequate protection. How-

ever, make sure the ball of soil protecting the root system does not freeze and dry out the plant. Stevens suggests covering the ball with some type of insulation such as straw, vermiculite, sawdust or styrofoam.

When selecting a location for planting your tree, remember it will grow 6 to 18 inches a year once its established. Spruce, pine and other Christmas trees may reach 40 to 80 feet in height, so choose an open area where it will have room to grow. The ground should also have good drainage.

Do you plan to use this tree in a background planting, as part of a windbreak, or as a screen planting? Landscape plants should have a functional purpose, explains the horticulturist.

Planting an evergreen in the front yard for the Christmas season may be fine for a few weeks, but it may not fit into your overall landscape design.

The backyard is usually a better area for a live Christmas tree.

### Lake Forest Menu

January

7th - Vegetable soup, hot dog in bun, baked beans, oatmeal cookie, milk.

8th - Juice, flying saucer, applesauce, brownie, milk.

9th - Meatloaf and gravy, buttered green peas, roll & butter, fruit cup, milk.

10th - Fish platter, stewed tomatoes, corn bread, pudding, milk.

11th - Submarine, potato chips, peach half, Jello cake, milk.

16th - Pizza, cole slaw, peanut butter surprise, cake, milk.

15th - Chicken noodle sup, tuna boat, cinnamon crispies, milk.

16th - Manager's choice.

17th - Veal pattie, German potato salad, Vienna bread, mixed fruit, milk.

18th - Chili, crackers, lima beans, applesauce cake, milk.

21st - Tomato soup, grilled cheese, pineapple tidbits, milk.

22nd - Sliced ham, candied sweet potatoes, roll & butter, chocolate pudding, milk.

23rd - Spaghetti /w. meat sauce, roll & butter, tossed salad, peanut butter finger, milk.

24th - Submarine, buttered spinach or carrots, gingerbread with lemon sauce, milk.

25th - Beef stew with vegetables, biscuits & butter, Jello salad, milk.

28th - Hamburger, potato chips, fruit cup, eggless chocolate cake, milk.

29th - Chili dog, French fries, homemade soup, brownie, milk.

30th - Fish sticks, macaroni & cheese, fruit cup, stick bun, milk.

31st - Goulash, green beans, roll & butter, sunshine salad, milk.

Feb. 1 - No school.

### 50 Practical Nursing Students Receive Caps

At the traditional "Capping Ceremony," to be conducted at the Calvary United Presbyterian Church, South Maryland Avenue and Boxwood Road, Wilmington, fifty practical nursing students at Del Tech's Stanton Campus received their caps, according to Mrs. Grace K. Weiss, co-ordinator.

The Dec. 20th ceremony marked the completion of the fourteen week "basic training" period and signals the beginning of intensive clinical experience, combined with advanced nursing techniques and supportive courses in psychology, science, and

### Respiratory Therapists Embarking On New Home Service Program

Milford Memorial Hospital's respiratory therapists are embarking on a new home service program that should be of tremendous assistance to patients in the Milford, Dover, Lewes, and Seaford areas suffering from emphysema and other respiratory diseases.

Milford Memorial Hospital's trained respiratory therapists will educate patients in the use of low-cost home care respirators. Following the training period, the hospital therapists will visit the patient monthly in his or her home to make sure the patient is performing the treatment accurately and to check the equipment. Reports will be sent by the therapist to the patient's physician.

While the same treatment is available at Milford Memorial, the home care unit eliminates the need for the trips to and from the hospital at the same time reducing patient costs. The treatment takes from 10 to 20 minutes.

"This Home Care is excellent preventive medicine," Mrs. Sara Kirby, Chief of Respiratory Care at Milford Memorial, disclosed, and added:

"Properly spaced, timed treatments and properly functioning equipment can help prevent pulmonary congestion and/or infection."

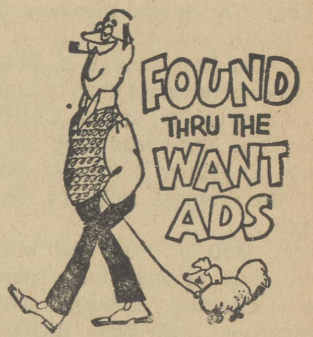
Many patients require one to four treatments daily and for that reason it is virtually impossible for them to visit a hospital that often. As a result, they often neglect themselves, Mrs. Kirby said.

Patients in the Milford, Dover, Lewes, and Seaford areas interested in the program should inquire of their physicians if such a home treatment machine program is advisable for them. If so, either the physician or patient may call the hospital's respiratory care department at 422-7511 and service will be immediately provided.

other subjects contributing to a well-rounded nursing education.

With Dean of Instruction Leon F. Osinski presiding, Campus Director William A. Fawcett was the featured speaker. Mrs. Jane Reeder presented the candidates to Mrs. Weiss, who performed the actual capping of each student.

The Rev. William Lloyd Bowers, pastor of the church, gave the invocation and pronounced the benediction.



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**Houston**

By Mrs. Margaret Thistlewood

Mr. and Mrs. Phillip Opendrou and children, Tommy and Robbie, of Poughkeepsie, N.Y., spent the Christmas holiday with Mrs. Opendrou's parents, Mr. and Mrs. Robert Miner Sr.

Mr. and Mrs. Robert Yerkes Jr. and son, Robbie, Gene Sharp of Wilmington, and Mrs. Olive Sharp of Seaford Manor House, were Christmas dinner guests of Mr. and Mrs. Eugene Sharp.

Mr. and Mrs. William Sapp and son, Bill, and Mrs. Hazel Pearson were Christmas dinner guests of Mr. and Mrs. Kenneth Baker of near Bridgeville.

Mr. and Mrs. Edwin Pettyjohn spent Christmas Day with Mr. and Mrs. Kenneth Pettyjohn of Seaford.

Miss Ann Clifton and Miss Dorothy Wooters were Christmas dinner guests of Willis Clayton.

Albert Thistlewood is a patient in the Milford Memorial Hospital.

Mr. and Mrs. William Yerkes and son, of Hampton, Va., spent the Christmas holiday with Mrs. Eleanor Yerkes and members of the family.

Mr. and Mrs. George B. Thistlewood entertained members of their family for dinner Christmas Eve. Christmas Day they were all dinner guests of Mr. and Mrs. Thomas Neige of New Castle.

Mrs. Paul B. Yost and Miss Edith Yost of Baltimore, spent the Christmas holiday with Postmaster and Mrs. Richard A. Yost and daughter, Nancy.

Mrs. Alice Kintz spent Christmas with Mr. and Mrs. Thomas Kintz and family of Georgetown.

**Farmington**

By Mrs. Mildred Gray

Mr. and Mrs. James M. Divel and son are spending the holidays in England.

Weiley Petit and Joseph Arthur spent Christmas with their families.

Mr. and Mrs. Elmer Crane of Salem, N.J., spent the holidays with Mrs. Marian Johnston.

Mr. and Mrs. Allen Callaway are on vacation from DuPonts.

Mr. and Mrs. Edward Robichaud were guests of Mr. and Mrs. William Messick for Christmas dinner.

Mr. and Mrs. William Messick, Mrs. Samuel Andrews and Mrs. William Gray were dinner guests of Mr. and Mrs. Elmer Windsor in Laurel Tuesday evening.

**Kent General Hospital Notes**

**ADMISSION**  
Linda Eatmon, Frederica  
Judith Weller, Felton

**DISCHARGES**  
Robert Bartley  
George Baker  
Frances Wright  
Melvin Smith

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**GREENWOOD DAYS GONE BY**

A few scenes of olden days of Greenwood. These pictures are believed to have been used to print post cards back in the 1900's. The plates were loaned to the Journal by Burton Smith of Harrington.



**Seminar On Medical Aspects Of Sports To Be Held At U.D.**

The fifth annual Medical Aspects of Sports Seminar will be held from 8 a.m. to 4 p.m., Sat., Jan. 19 in John M. Clayton Hall on the University of Delaware north campus.

Sponsored by the university's Division of Continuing Education and department of physical education in co-operation with the Medical Society of Delaware, the seminar is designed to present current information, concepts and techniques on the prevention and treatment of athletes.

Team physicians, trainers, managers, athletic directors, coaches, nurses, physical education students and persons in-

olved with physical education programs have been invited to participate.

After a registration period from 8-8:30 a.m., the seminar will begin with four taping and rehabilitation demonstration sessions on such subjects as tissue and joint elasticity, post-operative knee rehabilitation and common knee and ankle injuries.

Making these presentations will be: Frank Wiechec, chief physical therapist at the Albert Einstein Medical Center in Philadelphia; Keith Handling, assistant trainer at the U of D; Ron O'Neil, assistant trainer for the Philadelphia Eagles; and Joe

Godek, athletic trainer at West Chester State College.

At 10:30 a.m., seminar participants will be welcomed by Robert M. Hannah, chairman and assistant professor of physical education at the U of D, and Dr. David Levitsky, vice president of the Medical Society of Delaware.

Their remarks will be followed by a brief presentation on the Delaware high school athletic training program by Roger Hunt, athletic trainer at Smyrna High School.

Dr. Thoms DeLorme of Harvard University will speak on the recognition of knee and ankle injuries at 11 a.m., to be followed by a talk on "The Female Athlete" by Dr. Joseph Torg, assistant professor of orthopaedic surgery at Temple University School of Medicine

and chief of the orthopaedic section at Saint Christopher's Hospital for Children. Dr. Torg also serves as team physician for Temple's varsity football team and is orthopaedist for the Philadelphia 76'ers basketball team.

After a noon luncheon, Dr. DeLorme will talk on the necessity and considerations of post-injury exercise; Dr. David Belman, hand surgeon and a consultant to Central Connecticut State College, will speak on common hand injuries in athletics; and Dr. Hayes B. Cates, senior attending physician at the orthopaedic department of the Wilmington Medical Center and St. Francis Hospital, will talk on tendon injuries in athletes.

To complete the seminar, a panel discussion will be held from 2:30 to 4 p.m. with Dr. Christopher Donoho, team physician for U of D athletic teams, serving as panel moderator. All of the day's speakers will be panelists.

Fee for the seminar is \$25, including the cost of instruction, seminar materials and lunch. Full time college students may register at a reduced rate of \$7. Registration should be completed by Jan. 15.

U of D students also may enroll for one Winterim credit. U of D students who wish to earn the credit should contact Dr. C. Roy Rylander, professor of physical education at the U of D, telephone 738-2254.

For additional course or registration information, contact John J. Schoff, conference coordinator in Clayton Hall, telephone 738-2215.

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**Three Artists Receive Invitations To U.D. Art Exhibition**

Three artists have received special invitations to show their works at the 13th annual Regional Art Exhibition to be held Jan. 27 through Feb. 24 at the University of Delaware Student Center.

The artists are Jane L. Gardner, Henry Libhart and Howard Schroeder. Jane L. Gardner served on the faculty of the U. of D. art department for 32 years, from 1935-1967. A native of Waterford, Conn., she received her bachelors degree from the Connecticut College for Women and her masters degree from Teachers College of Columbia University. She also has studied at the School of Fine Arts and Crafts in Boston and the Pratt Graphic Art Center in New York.

Miss Gardner's special interests in painting are watercolor and acrylic. Her work has been exhibited throughout the East Coast, and she has had one-woman shows at the U. of D., the Little Gallery in Barbizon, N.Y., the Mystic Art Assn. in Mystic, Conn., and the Seaford Country Club in Seaford.

Henry Libhart is professor and chairman of the department of art at Elizabethtown College in Elizabethtown, Pa. A self-taught artist with no formal art instruction, he has a special interest in still life painting in oils and watercolor. He also has a scholarly interest in the traditional techniques of 19th century still life painters in America.

Libhart's work has been exhibited in New York, New Jersey, Delaware, Texas and throughout Pennsylvania. He has received numerous honors, including best-of-show at the Greater Philadelphia Area Art

Assn. and the National Gallery Certificate of Commendation at the Reading Regional in Reading, Pa.

Howard Schroeder, of Lewes, has studied at the College of Fine Arts of Syracuse University and the National Academy in New York City. He is known chiefly for his landscapes of the Delaware coast, Spain and Portugal, and he works in watercolor, pen and ink, and acrylics, sometimes going into semiabstraction and surrealism.

Schroeder has received several prizes, and his work has been shown in Maryland, Pennsylvania, New York, Washington, D.C. and throughout Delaware.

The Regional Art Exhibition is a large juried show of prints, drawings, polymer paintings, oils, and watercolors submitted by artists within an approximately 100-mile radius of Newark.

A special preview opening

will be held in honor of the artists and invited guests from 2-5 p.m., Sun., Jan. 27 in the Student Center. This preview reception is open to the public.

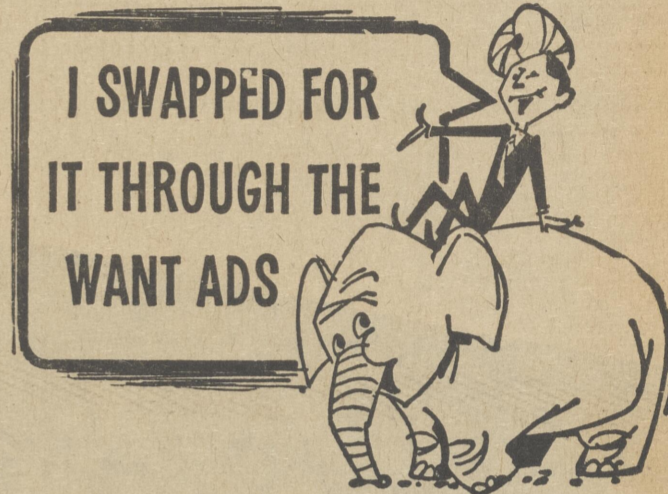
**Pork Producers Meetings**

Pork production topics are the subject of three meetings on Jan. 8, 15 and 22 at the University of Delaware substation, Georgetown.

Sessions will begin at 10 a.m. and conclude at 3 p.m. Lunch can be purchased at the substation.

Register by calling your extension office. There is no registration fee. You are invited to attend if you do not register but registration will help plan a better session.

The Delaware Pork Producers will hold its annual banquet Tuesday evening, Jan. 22 in Harrington. Please plan to attend this meeting and enjoy a delicious pork dinner at the Asbury Methodist Church Jan. 22.



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**SEEING THE OLD YEAR OUT**

By J. Harvey Burgess - 1942

I'd seen the old year out before,  
 Back many years ago,  
 When friendly neighbors gathered in  
 A small white church whose glow  
 Of welcome fires and welcome lights  
 Shone out across the snow.  
 The stern but kindly minister  
 Admonished with a frown,  
 And then, across the sleeping hills  
 Of home, and up and down  
 The valleys pealed the joyous bells—  
 The bells of Salem town.  
 But this was in New York; yes, in  
 A famous dining place,  
 With sons of purple reeling down  
 The primrose path apace;  
 With elfin figures swaying in  
 Terpsichorean grace  
 "A round to Bacchus", cried the host;  
 "Now come ye, foe and friend—  
 Another round, another round—  
 Another"—without end.  
 And all of them were friendly—but  
 Not one man was my friend.  
 And in that hall of subdued light,  
 Their faces all aflame  
 With vintage of another day  
 Were people known to fame.  
 They saw the reeling old year OUT—  
 And—it—saw—they—the—same.

**Days of Our Years**

**Ten Years Ago**      **Twenty Years Ago**  
 Fri., Dec. 27, 1963      Fri., Dec. 25, 1953

Dr. M.A. Tarumianz, director of Delaware mental hygiene clinics, testified Friday in a Wilmington hearing that whip lashes would be injurious to the mental health of Franklin Cannon, 20, of Dover.

Invitations to bid on two contracts for work on the proposed Cape May, N.J., to Lewes ferry service have been mailed by the Delaware River and Bay Authority.

Mr. and Mrs. Joseph J. Dennis, of Harrington, R.D. 1, wish to announce the engagement of their daughter, Susan Gail Dennis, to John R. Coffin Jr., who is in the Navy at Charleston, S.C. He is the son of Mr. and Mrs. John R. Coffin Sr., of Taylor Drive, Dover.

The Harrington Lodge Loyal Order of Moose wishes to express their thanks to the many families who have donated used clothing and shoes the past two years.

A 47-year-old Laurel woman was pinned under a car west of Georgetown for about 15 minutes after it went out of control during the height of a snow-storm.

VFW State Commander Charles E. Mulholland this week reminded parents that Delaware members of the Veterans of Foreign Wars are continuing the organization's "Lite - a - Bike" campaign and will welcome the opportunity to provide reflective safety tape to those who receive new bicycles for Christmas.

Mr. and Mrs. Harold Walton and daughter, of Akron, O., Mr. and Mrs. Bertram Walton and son, Ricky, of Baltimore, and Wilmer Walton and daughters, also of Baltimore, visited Mr. and Mrs. Carrington H. Burgess Sunday.

A double funeral for Betty Shockley Garcia, 34, formerly of Wilmington, who died in Wiesbaden, Germany, on Nov. 27, and her husband, Maj. Charles T. Garcia, who was killed in a head-on automobile crash near Milford last Friday, was held at the Rawlings Funeral Home, Wednesday afternoon. Major Garcia had returned to the United States to make arrangements for his wife's burial here when the accident took his own life. He was traveling north on Route 113 Friday when he collided with a State Highway Department vehicle operated by Lyle T. Maybee, 51, of Dover. Both drivers were killed.

John T. Milby of Goldsboro, attained the distinction of being the champion tomato grower of Maryland in 1953. He raised 19.8 tons of tomatoes per acre on nine acres.

A fire early Sunday morning did slight damage to the Sapp Building on Gaines Alley at Commerce Street. The blaze did an estimated damage of \$150 to Bill's Fiv-It Shop on the alley, and to the quarters of the Independent Order of Odd Fellows on the second floor of the structure.

Mr. and Mrs. Thomas Grant of Harrington, announce the marriage of their daughter, Cynthia E. Grant, to Robert Bloth, Jr., son of Mr. and Mrs. Robert Bloth Sr., of Wyoming, Dec. 5. The couple were married by the Rev. Bean of Goldsboro.

Fire destroyed the two-story frame Burton Building, containing four stores and five apartments, in Dover early Friday morning. Chief Ralph Boyer of the Robbins Hose Company of Dover, estimated the loss at \$150,000.

**Crime Insurance May Become Available In Delaware**

Crime insurance may soon become available in Delaware due to action taken by Gov. Sherman W. Tribbitt.

The Governor granted authorization to Insurance Commissioner Robert Short to formally request that the Federal Insurance Administration (F.I.A.) make such crime insurance available to Delawareans at affordable prices, as of Jan. 1, 1974.

Delaware would join 13 other states, including our neighbors of Maryland, Pennsylvania and New Jersey, in this program.

The Housing and Urban Development Act of 1970 authorizes the F.I.A. to provide crime insurance in areas of any state in which it finds a critical problem of availability.

In those states, the F.I.A. provides insurance against losses due to burglary, larceny and robbery, as well as consequential premises damage, through licensed agents and brokers and private insurance companies which act as servicing companies for the F.I.A.

This insurance is made available to property owners, merchants and tenants at no cost to the State of Delaware. Commercial coverage up to \$15,000 may be purchased; residential coverage up to \$10,000 may be purchased.

Individuals interested in obtaining more information and particulars about crime insurance should contact the Insurance Commissioner or their insurance agent or brokers.

**Capt. Jim McDonald Aids Harrier Fund From Holland**

History repeated itself this week, when a letter was received from Holland, enclosing a check for the championship jacket fund for Lake Forest High School's 1973 Delaware State Champion cross-country team.

The sender was Capt. James McDonald, of the U.S. Air Force. His father, Harold McDonald, was the coach of the 1958 Harrington High cross-country team, the first downstate harrier squad. Coach McDonald went on to win two state championship titles at H.H.S. and one at Lake Forest. He never had a losing season.

The 1966 state title team

also had a successful jacket drive and Coach McDonald received a check from an Army officer in Viet Nam, William Wix, a neighbor and a former H.H.S. athlete, who had played for "Mac".

Jim McDonald started every game at center for the first three H.H.S. football teams in 1957-59. One year, he ran in two or three cross-country meets, after the football season was over. Thinks for the jacket, Jim. As in the 1966 situation with Bill Wix, it's nice to know that local teams have the rooters in places for removed from the local scene.

**Spartan Cagers Beat Delmar 54-49**

Lake Forest's basketball Spartans, coached by Jim Blades won their second game in three Henlopen Conference starts, by downing resurgent Delmar, 54-49, at Lake Forest.

The Spartan scoring ace, Don Bryant, spent much of the game on the bench with foul trouble. James "Chip" Moore, Neal Smith and Vern Bowers picked up the slack by tallying 15, 14 and 13 points, respectively. Tom Carey took over Bryant's rebounding chores and speared 19 caroms.

Lake Forest's 21-6 second period edge, enabled the Spartans to withstand the Wildcats 19-9, fourth period surge.

Delmar	G	F	P
Hammerer	4	4-6	12
Hearn	3	0-0	6
Randall	1	0-0	2
Moore	7	0-1	14
Abbott	0	0-0	0
Kerley	3	2-2	8
Winder	3	1-3	7
Webb	0	0-0	0
<b>Totals</b>	<b>21</b>	<b>7-12</b>	<b>49</b>
Lake Forest	G	F	P
Smith	7	0-0	14
Bryant	1	1-2	3
Bowers	5	3-7	13
J. Moore	6	3-5	15
Shockley	0	0-0	0
D. Moore	1	0-0	2
Jackson	0	3-4	3
Carey	2	0-2	4
<b>Totals</b>	<b>22</b>	<b>10-20</b>	<b>54</b>
<b>Delmar</b>	<b>14</b>	<b>6</b>	<b>10</b>
<b>Lake Forr.</b>	<b>12</b>	<b>21</b>	<b>12</b>

**Rider Grapplers Pin Spartans 51-6**

Caesar Rodney's powerful wrestling team overpowered Lake Forest's matmen by a score of 51-6, at Camden-Wyoming, last week.

Seven Spartans lost by falls and three more of the hippie-like locals also suffered indignities in the locker room, in the form of (shudder) haircuts.

If the match had not been moved up from its original January date, it's probable that the Spartans would have done better and more of them could have lasted six minutes.

Chris Mertz (138 pounds) was the top Spartan as he blanked Gary Webb 7-0.

Chris Adamo decisioned Rick Christy 7-4 and Caesar Rodney then closed out the evening with four first-period pins. Jay Lemmons (132) lost a 9-8 verdict when he was reversed in the last few seconds.

Lake Forest fans can expect their favorites to make better showings in January and February, since only Smyrna and Sussex Central can be expected to field squads that may approach the level of excellence exhibited by Caesar Rodney.

**Caesar Rodney 51, Lake Forest 6.**  
 98 — Houer, CR, pinned Moffett 5:35; 105 — Kemp, CR, pinned Simpson, 4:51; 112 — Mancuso, CR, dec. Ware, 13-5; 119 — Bosco, CR, pinned Jarrell, 3:54; 126 — Rincon, CR, dec. Welch, 6-2; 132 Warren, CR, dec. Lemmons, 9-8; 138 — Mertz, LF,

dec. Webb, 7-0; 145 — Adamo, L.F., dec. Christy, 7-4; 155 — Rigby, CR, pinned Hobbs 1:16; 167 — Bordley, CR, pinned McGinnis, 1:14; 185 — Palmer, CR, pinned Hudson, 1:57; Deakins, CR, pinned Hart, 1:59

**Hickman**

By Mrs. Isaac Noble

The order of worship Sunday morning worship at Union United Methodist Church, Dec. 30, 9:45 o'clock, first Sunday in Kingdome, prelude Mrs. Doris Larimore, call to worship - Senior choir. The pastor, the Rev. Joseph Bostick, Sunday School 10:45 o'clock, Russell Stevens, supt. Mrs. Darlene Holloway at the piano.

Mrs. Margie O'Day was a supper guest last Tuesday of Mrs. Jesse Fearins.

Mrs. Bill Tull of near Greenwood, spent Thursday with her parents, Mr. and Mrs. Clarence Breeding of Liden School Rd.

The Rev. and Mrs. Joseph Bostick will be spending part of their Christmas holiday with their daughter and family in North Carolina.

There is no better time than the coming New Year, 1974, to be grateful for what we have and the promise of tomorrow.  
 Happy New Year.

**Harrington Baptist Church News**

9:45 a.m. Sunday School. We have classes for every age. Ray Quillen, director.

11 a.m. Morning Worship. The Rev. George Poates will bring the message. Sermon topic: "Will A Man Rob God?"

7 p.m. Evening Worship. "The Sunday Night Place." Sermon topic: "The Red Dragon."

Sunday, 6 p.m. Adult and Children Choir practice.

Thursday, 6 p.m. GA's, Acteen's and RA's.

7 p.m. Prayer and Bible study. Mon., Dec. 31, Watch Night service from 9 til midnight. Film, fellowship, refreshments, singing and prayer time.

January Bible study will be in the Book of Colossians.

"This brings a prayer for the New Year

That God would always bless Your home and you and those you love  
 With lasting happiness."

**Blood Bank rates increase, but it's still the buy of your life!**

After eighteen years of providing members and their families with life-saving protection, the Blood Bank of Delaware announces its very first increase in rates. Beginning January 1, 1974, annual dues will increase from one dollar to two. New member fees will be raised from two dollars to three. When you stop and consider that the cost of living has risen so sharply in the past eighteen years, isn't it great to know we can still keep the original machine running for so little? Thank you for your continued support.



Blood Bank of Delaware, Inc.



We're celebrating the New Year with much happiness and great hopes... hopes that it will be, for all our fine friends and customers, a year of personal well-being and success in every way. Thank you all for your steady support. It has been a pleasure for us to serve you.



Let's join together to keep the torch of peace and freedom burning to light the way to a New Year filled with harmony and brotherly love.

- Carrington H. Burgess
- Leon J. Kukulka
- Dorothy Collins
- Madalyn Tharp
- Shirley Scovil

**THE HARRINGTON JOURNAL**

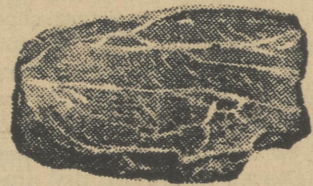


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BEEF ROAST **\$1.39** lb.

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**LEAN BOILED HAM**

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MORTON FROZEN (6 Per Pkg.)

ENGLISH MUFFINS 11-oz. **35¢** pkg.

MRS. PAUL'S FISH STICKS 9-oz. **59¢** pkg.

**HANOVER CUT GREEN BEANS**

16-oz. bag **39¢**

**TIDE DETERGENT**

49-oz. **79¢** box

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Limit 1 per coupon at Quillen's Dairy Market

Offer Expires Dec. 29

**BABY BEEF LIVER**

Skinned and Deveined

**89¢** lb.

**JAMESTOWN BRAND BACON**

SMITHFIELD CURED

1 lb. **99¢** vac-pac

**GOETZES BIG DADDY BEEF FRANKS**

1 lb. **99¢** pkg.

GOETZES ALL MEAT FRANKS 1 lb. **99¢** pkg.

GOETZES Braunschweiger (Liver Sausage) 10-oz. **69¢** pkg.

CARSON'S (Wafer Thin) SLICED DRIED BEEF 4-oz. **89¢** pkg.

**TRADE MARK LABEL MERCHANDISE**

(Contents are Well-Known Brands) FROM PROCTOR & GAMBLE

Powdered Detergents 49-oz. **49¢** pkg.

CASE OF 10 49-oz. pkgs. **\$4.75**

LIQUID Dish Detergent container 22-oz. **49¢**

CASE OF 12 22-oz. containers **\$4.98**

Chlorosheen 20-oz. **29¢**

For Automatic Dishwashers CASE OF 24 20-oz. pkgs. **\$4.75**

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LARGE 10-oz. **99¢** jar

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**HANOVER COOKED DRY BLACKEYE PEAS**

2 15-oz. cans **49¢**

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13¢ OFF LABEL 28-oz. container **59¢**



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**FRENCH'S INSTANT MASHED POATOES**

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2 27-oz. cans **49¢**

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LARGE HEAD **29¢**



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