



John Cahall and his neighbors want out of the newly formed Felton Sanitary Sewer District, Kent County says, "No way". But Cahall and

several others have not yet given up the fight.

Felton residents will fight sewer service

Kent County's Attorney, Max Terry says it can't be done. But John Cahall of Felton is still determined to try Cahall received a letter last week from the office of county attorney informing him that he and five other property owners who signed a petition asking out of the new Felton Sanitary Sewer District could not be legally excluded. According to the attorney, all of the petitioners will have to be included in the district and will have to pay their share of the costs.

Despite the opinion of the attorney, Cahall contends he will "...keep on until I know I'm whipped. I don't think I am yet." I'm going to see what I can do." He was unclear as to what his plans to fight the matter were, but seemed determined not to admit defeat.

Cahall, an employee of the Reclamation Center, Inc., says he has lived at his present location in the Felton Heights area east of U.S. 13 for twenty years and has had completely satisfactory service from his private septic system. He says he has never had his cesspool pumped out. Fur-

thermore he doesn't see why the sewer line has to cross U.S. 13 just to serve seven houses. (According to the Kent County Engineer's office there are twelve property owners in the area which includes two farms.)

Five other property owners in the same area on the east of U.S. 13 in Felton Heights signed the petition. They are James Rau, Pete Stokes, Irene Bickling, William Duerr and Al Wright.

Mrs. Pete Stokes says her husband, a Shoregood employee, will retire in September and that they just can't afford the cost of the new sewer installation and service. Within the past nine months to a year the Stokes have had a new septic system including field drains installed at a considerable cost. That expense will be rendered useless when the county sewer system is installed. Mrs. Stokes says she and her husband will "move back to England" rather than incur the cost for the new facilities.

James Rau doesn't need central sewer service and says he can't afford it. Like other residents in the area.

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The Harrington Journal

Sixty-Fourth Year No. 13, September 5, 1979

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Willis renews his rezoning efforts

Renewing his efforts to sell some of his Harrington property, Dudley Willis has submitted a fresh application to the Planning and Zoning Commission. If he is successful, the firm of Case Edwards is still interested in acquiring the land for the construction of a multi-apartment, rental complex designed for senior citizens. Willis' most recent application represents a new game plan which may or may not prove more appealing to the Harrington City Council.

Willis is now asking that eight acres of his property be zoned from IMP (an industrial zoning) to R4 (a residential designation which allows the construction of multi-family units). Instead of bordering directly on Peck Avenue, the property Willis now seeks to have rezoned begins at a point 200 feet back from that street. If the rezoning is accomplished and the building project successfully carried out, Willis proposed to give the acre included in that 200 feet to the city of Harrington for some attractive use such as a municipal park or building.

Willis feels his offer may help to relieve some concern about what he calls "...lack of control in the immediate area" which he feels helped to defeat his original proposal.

In his original request Willis had asked for another parcel of land to be rezoned from IMP to C-2 (Central Commercial). He is not renewing that request.

Willis first submitted a proposal for rezoning two parcels of ground to the City Planning and Zoning Commission in June. The Planning and Zoning Commission gave its

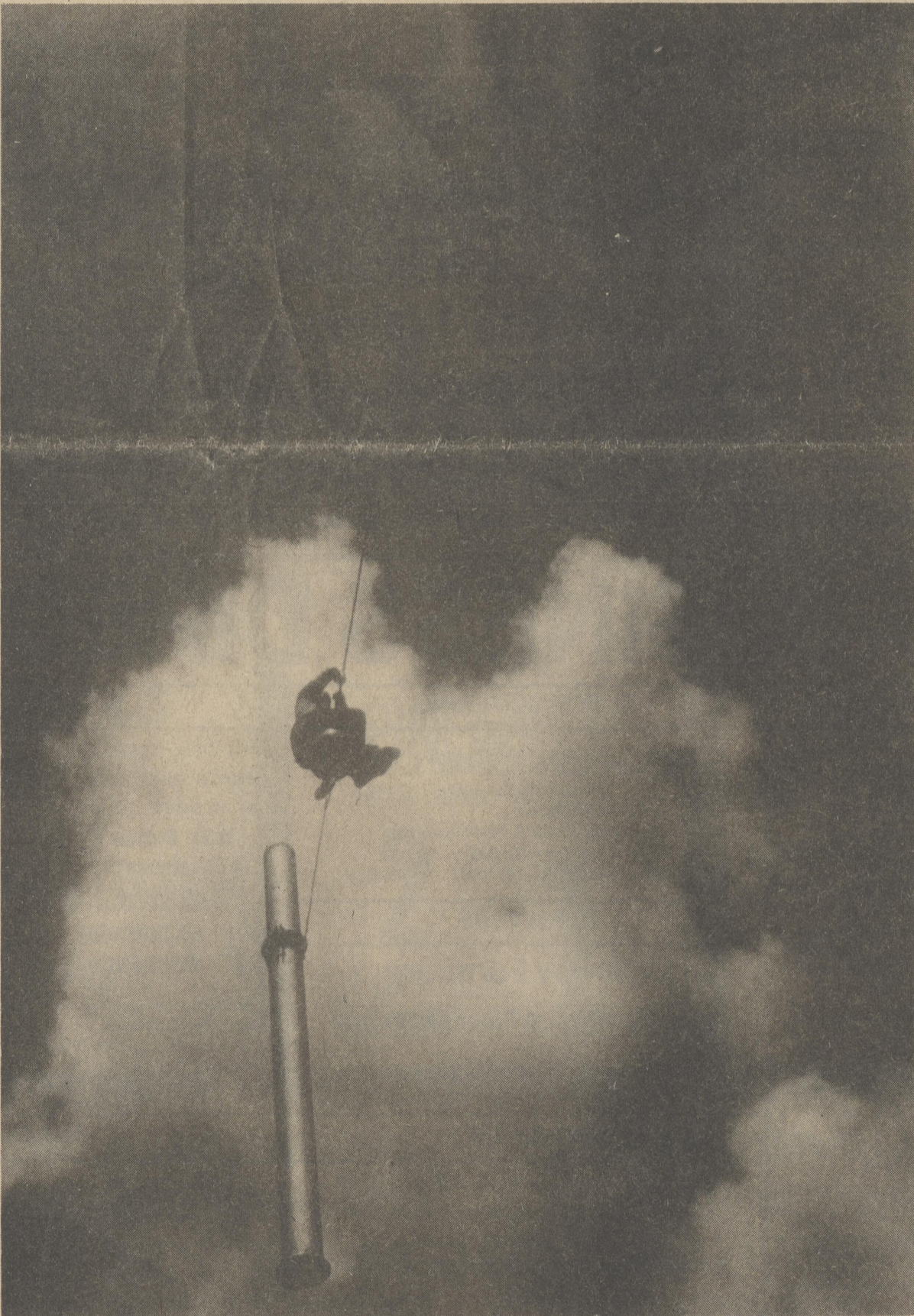
approval, but the proposal ran into trouble in City Council. In two stormy sessions and a public hearing, the Council denied Willis' request and refused to hold a referendum on the matter.

Figuring largely in the denial were a group of citizens who are property owners in the immediate area of the original parcel Willis asked to have rezoned. Eight of these, amounting to 20% of the property owners in an area within 200 feet of the land in question, signed and submitted a petition in opposition to the rezoning. This meant that only a three-fourths vote of Council could approve any zoning change. Thus disapproval of more than one Council member would automatically defeat the proposal.

Under Willis' new proposal, the property in question would not be within 200 feet of land owned by those who brought objections to his first rezoning request. This means approval could come by a simple majority vote. The original request was denied 4-2. A change of one vote would produce a tie which would be decided by the Mayor.

Willis' new application will be considered by the Planning and Zoning Commission tomorrow night. After that, it will have to be presented to the City Council, and another public hearing will have to be scheduled.

Willis' original rezoning request drew support as well as opposition from Harrington residents. Sixteen people, including the eight property owners mentioned above, signed petitions in opposition. But over a hundred Harringtonians listed their names on a favorable petition circulated by Mayor Arthur Cahall.



If you were looking for a ride like this at the Fair this summer you were disappointed. Chances are you weren't looking. But for the gentlemen suspended in the "wild blue yonder" it's all in a days work as he helps lower a section to complete a new elevator at Schiff Milling Co. in Harrington. His life depends upon the skill of the operator and the reliability of the equipment from First State Crane Company

They'd rather move than leave

As predictable as the coming of fall and the beginning of another school year, the long standing boundary war between the Lake Forest and Woodbridge School Districts has erupted again.

This episode began early this week in the form of an official letter sent to

a group of residents in Farmington. It informed the families that their children are expected to be present when the Woodbridge Schools open this week.

Two of the families are reacting strongly. The Haggerty family, who live along Route 13, have put their

residence on the market and vow to rent a home in the Lake Forest District if Woodbridge has a legal claim. Also hotly disputing the action is William and Sandra Jarread, members of a clan that spans three generations of Harrington School

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Lobo is President of Fenwick Commissioners

FENWICK ISLAND. Dr. Vincent Lobo, a resident and physician of Harrington, was elected President of the Fenwick Island Town Commissioners at last month's regular monthly meeting. Lobo has been a summer resident of the ocean resort

community for several years, and has served on the Town Board of Commissioners for the past 5 years. Dr. Lobo has served as the Health Commissioner since he was first elected and will continue in that role. He has also served as the resort

town's Police Commissioner, and a member of the ordinance committee for 5 years too.

Dr. Lobo is also a member of the Harrington City Council where he has served for the past 7 years. He has

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Nashold resigns

George Nashold has resigned his position as Frederica's mayor. In a special town meeting called last Tuesday night, Nashold cited "personal obligations" and stepped down. He had been the mayor of Frederica for the past 12 year and a member of the Towns Government for over 24 years.

Councilman Ezekiel Dill will fill Nashold's role and take over as mayor with Dan Griffith to assume Dill's council seat.

Nashold previously announced his intentions to not run for office this year. But the election that was scheduled for last March was ordered stopped by the job until Tuesday. The provision in question required all candidates for office in Frederica must be land owners. It was challenged and a court decision is expected any day.

Mayor Nashold had expressed interest in stepping aside when the decision was rendered but obviously grew weary of waiting.

Police beat

The Harrington Police handled a criminal trespassing complaint on August 27th. Samuel Calvin was arrested after allegedly breaking into Deborah Evans house on Mechanic Street and threatening to do her bodily harm. A trial is pending in Family Court.

On August 30th, the Harrington police were called to the Betty Ann Wooters residence in response to a complaint. Mrs. Wooters claimed that her ex-husband Robert Wooters had threatened her with a weapon. The incident took place on Railroad Avenue. A trial is pending.

On September 2nd, the police received a complaint of a fire on the premises of the elementary school. They responded but found only a small amount of burned debris on a nearby sidewalk. The police did determine that entry was made into the school through a window on the north side. The investigation will continue.

Also on the 2nd, Josephine E. Herbolt was charged with failure to stop for a stop sign after an accident at the corner of Weiner and Center Street.

The police wish to remind citizens to lock or secure their bicycles when not in use. There has been a rash of missing bikes recently calling for a closer watch on these two wheelers.

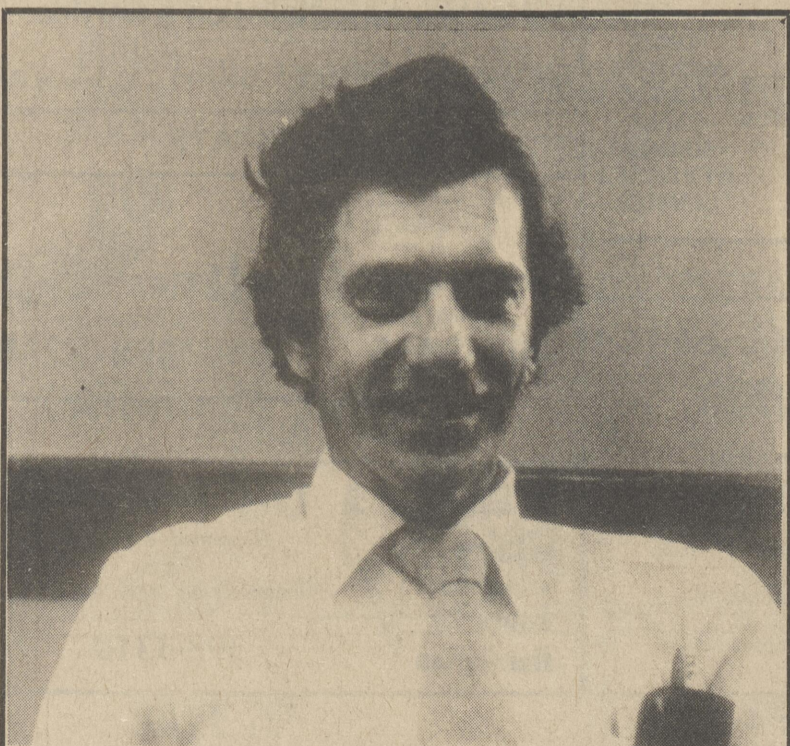
SCI guard arrested

A Felton area man was arrested by the new Governor's Corrections Investigative Task Force last week on charges of smuggling drugs and homosexual activity in the Sussex Correctional Institute where he was employed as a guard.

According to police reports, James Stewart III of Plymouth Road was charged with official misconduct, possession of cocaine, promoting prison contraband and sodomy.

Stewart is a pastor of the Mount Plymouth Church on Plymouth Road in Felton. He also has ties with the

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Meet the new Harrington Postmaster, Donald Urban. Don was sworn in on Tuesday to officially take over the reins of command at the post office, a position left vacant by Bill Dill who retired recently. Urban has had 21 years of service in the U.S. Postal system starting as a letter carrier in Philadelphia in 1958. He was transferred to the Newark Post Office in 1960 where he attained his first management position. In 1976 Urban was again transferred, this time to the Dover Post Office where he remained for two years before taking charge of the Laurel Post Office then on to the New Castle office for more temporary duty. Urban says he is "very happy to be in Harrington, the town is one of the main reasons I took the job." The new Postmaster is married with four children. He is 44 years of age.

EMPLOYEE OF THE WEEK Pat Voss



Pat Voss, our employee of the week at "the Friendly Bank" The Peoples Bank of Harrington, located on the corner of Hanley & Clark Streets. Pat, a proof operator, has been employed at the Friendly Bank since 1972. She attended Harrington Schools and graduated in 1955. Pat is married and resides in Magnolia with her husband Walter L, who is a Civil Service employee, and a daughter Teresa, age 12. When Pat is not working at the Friendly Bank, she enjoys being a homemaker. **Congratulations Pat!**

Pat your proof operator

At

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The People's Bank
Of Harrington**

Clark & Hanley St
398-3256

Member FDIC

Boundary dispute (cont.)

Districts attendance.

Said Mrs. Jarread, "They are absolutely wrong when they say that our property is in the Woodbridge District. Their reasoning is a line of trees which is supposed to be the old boundary. The problem with that is that my husband's father didn't plant those trees until 1962 and Woodbridge says that they have been there since 1954 and therefore constitute the old boundary. But if the trees weren't there, how could they be called that?"

William Jarread stands on his well manicured property in Farmington and points to the south. "See that liquor store down there," he says. "That's the line that separates the school districts." The spot he points

to is a quarter of a mile from his front lawn to the south. "My family has always attended the Harrington-Lake Forest District and we haven't moved." The Jarreads have two school age children who would be effected by the new decision.

The boundry dispute was supposedly resolved last May when the case went to the Delaware Supreme Court. The Court ruled that the boundry would be the "Old Description" line that separated the two districts in 1953. However, everyone seems to have their own version of where that lines now lies.

One thing is for sure: the new schools year promises another round of what kids belong where.

In case you wondered-----

In case you wondered why all the trucks loaded with fill dirt were headed through town recently, Bob Burris of Burris Foods, says the company is filling in a low area on the West end of Harrington plant. The area needs about 8 foot of fill before it will be usable for any type of construction Burris might intend in the future.

**Harrington Food-Rite
Quillen Shopping Center**

Attention Racing Fans

While shopping Harrington Food-Rite this week be sure to see on display in front of our store, For the first time to be shown the **Winston # 1 Pacemaker (Oldsmobile 442)**

A Winston Rep. will be on hand to answer your question.

On Thurs. Sept. 6th.
11 A.M. - 6P.M.



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BONELESS SIRLOIN TIP ROAST **\$2.19** LB.

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- BONELESS BEEF CUBED STEAKS **\$2.69** LB.

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- PESCHKE'S SEMI BONELESS HALF HAMS **\$1.29** LB.
- TABLE TREAT EXCELLENT FOR BAR B Q HANDY BURGERS 1 LB. 14 OZ. PKG. **\$3.79**

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- NEARBY CARROTS BAGS **3/99¢**
- NEARBY CABBAGE LB. **9¢**

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1 LB. PKG. **69¢**

Back to school SPECIALS Gal. Milk **1.69**

Food-Rite Bread 20oz. **2/79**

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2 \$1 1 LB. 4 OZ. CANS

FOOD CLUB AMERICAN CHEESE WHITE OR COLOR INDIVIDUAL WRAP

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- HAWAIIAN PUNCH 7 VARIETIES 1 QT. 14 OZ. CAN **69¢**
- GENERAL MILLS WHEATIES 1 LB. 2 OZ. PKG. **99¢**
- GENERAL MILLS COCOA PUFFS 12 OZ. PKG. **99¢**
- FOOD CLUB SHORTENING 3 LB. CAN **\$1.99**
- DIXIE BELLE SALTINES 1 LB. PKG. **59¢**
- TRELLIS CUT GREEN BEANS 1 LB. CANS **3/89¢**
- FOOD CLUB PEANUT BUTTER 1 LB. 2 OZ. JAR **99¢**
- CAMPBELL TOMATO SOUP 10 1/2 OZ. CANS **5/51**
- CHIFFON STICK MARGARINE 1 LB. PKG. **59¢**
- BIRD'S EYE CORN ON COB PKG. OF 4 EARS **99¢**
- BIRD'S EYE CAULIFLOWER 10 OZ. PKG. **59¢**
- BRIGHT & EARLY ORANGE JUICE 12 OZ. CAN **49¢**
- PET RITZ CREAM PIES 5 VARIETIES 14 OZ. PKG. **59¢**

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WITH COUPON & 10.00 PURCHASE (EXCLUDING MILK & CIGARETTES):

MARCAL BATHROOM TISSUE PKG. OF 4 ROLLS **59¢**

GOOD AT STORE LISTED LIMIT ONE PER SHOPPING FAMILY EXPIRES SEPT. 8, 1979

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FOOD CLUB COOKING OIL 1 PT. 8 OZ. BOTTLE **89¢**

GOOD AT STORE LISTED LIMIT ONE PER SHOPPING FAMILY EXPIRES SEPT. 8, 1979

BARGAIN BUSTER

WITH COUPON & 10.00 PURCHASE (EXCLUDING MILK & CIGARETTES):

FOOD CLUB GRAPE JELLY 1 LB. 2 OZ. JAR **59¢**

GOOD AT STORE LISTED LIMIT ONE PER SHOPPING FAMILY EXPIRES SEPT. 8, 1979

WITH THIS COUPON

SAVE 75¢ 25 LB. BAG PURINA DOG CHOW

GOOD AT STORE LISTED LIMIT ONE PER SHOPPING FAMILY EXPIRES SEPT. 8, 1979

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SAVE 20¢ 150 CT. PKG. GLAD SANDWICH BAGS

GOOD AT STORE LISTED LIMIT ONE PER SHOPPING FAMILY EXPIRES SEPT. 8, 1979

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Thurs. & Fri. 8-9
Saturday 8-8
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Editorials

In My Opinion

By Bruce Levy

I've got a great idea. It occurred to me as I read yet another story on the mid-east conflict.

What the Arabs and the Jews are missing over there is a sense of unified purpose, a reason to pull together. These two great peoples are locked into an historical war that has essentially lost its meaning. It's draining everyone's resources, costing untold billions and its bad for business. Something must be done in the interest of the future.

Here is my idea. We contract a big ad agency from Madison Avenue, you know, the same good folks who brought you those inspiring words to live by, "Reach out reach out and touch someone" and "Your gonna like it here". Then we turn 'em loose in the desert.

The ad men will put on a public relations blitz, one of the biggest of all time (not counting, of course, the current effort to get us to buy Chrysler automobiles). Their specific purpose will be to get the natives interested in joining the Union, become states in these United States.

They can hold a special election to sign up. Then, after statehood is overwhelming accepted, we can get down to business.

The first thing that would happen would be to get everybody a Social Security number so we can, just like we do here, keep close track of them. Then we can determine tax brackets, license plates, credit cards, draft numbers, welfare recipients and medicare customers. This will give them a true sense of belonging and should ease a lot of tension.

Next, we could move the ailing Fort Dix to Sinai. The ad men would have cleared this in advance and there would be no dissent. After all, how could any red-blooded United Statesian pass up the kind of bucks these young boys spend on weekends. This move would answer the military question of whose in charge. Why we are!

Days Of Our Years

Ten Years Ago

The Delaware Standardbred Stake races paid more than \$80,000 in purse money.

Free bus service was offered to local Raceway, Free transportation to and from the track for N.J. Harness fans who take the Cape May-Lewes Ferry.

Howard M. Dill was elected Vice-President of the Delaware Chapter of the National Association of Postmasters at a convention in Wilmington. He was formerly Secretary of the State Groups.

The Wilson family reunion was held

at Wheeler's Park, and all had a good time.

Congratulations were extended to Phyllis Holson who became the bride of David Masten Sunday evening.

Frankie Hendricks and Walter Messick spent Sunday in VA.

Several attended the wedding of Gloria Pierson and Samuel Minner Saturday afternoon at Trinity Church in Harrington.

Mr. & Mrs. Robert Vincent and family spent their vacation sight seeing in Cape Cod, Mass.

Twenty Years Ago

More than 100 horses have already moved into an anticipation of the 1959 fall meeting which begins on September 15. Dick Case was then secretary at the Kent and Sussex Raceway.

Mrs. Betty Yoder, Miss Joanne Looney and Mrs. Julia Kimball spent the week end at Brandywine Raceway at Wilmington.

Mrs. Ruth Hamstead and new daughter came home from the hospital and spend time with her parents.

Mr. and Mrs. Lester Hatfield.

Mrs. Lyda Knatts and daughter, VeraLess of townsend, Mr. and Mrs. Russell Knatts and daughters of New Castle were Sunday visitors of Mrs. Lilia E. Hopkins.

Harrington schools open with full contingent of teachers. The full practice is underway this week, a fine season is anticipated.

Graduation for students Nurses were Held at Milford.

Women of the Moose

During the business meeting, Aug. 23, two co-workers invested for chairs; Faye McIntire, Social Service and Marger Rilly, Library, Congratulations co-workers.

Senior Regent, Carolyn Dill, read revisions of chapter By Laws and after changes they were approved by the co-workers present.

Academy of Friendship dues are due in January. Just a reminder.

Friday at 12:00 P.M., 15 co-workers left for the Maryland-Delaware District of Columbia Convention, in Washington, D.C. The time at the convention was busy and quite a lot was learned. Grand Chancellor Antoinette Marinello, gave praises and criticism to all chapters. She is both

gracious and informative. The convention was complete with all 41 chapters participating.

With the help of co-workers Ruth Lawton, Marian Pearson, Dot Michell and a co-worker we haven't seen in a long time Virginia Winkler, the kitchen last Saturday (Sept. 1) night was in good hand. Thank you for your help and support, to the Publicity Chairwoman, Joyce Lake. Again we have men who are a big help. Thank you Nate Pearson and Carl Rook. The kitchen this month will be a success with co-workers like these and other to help.

Arrest (cont.)

and held in lieu of \$15,000 bail.

Police believe Stewart was smuggling cocaine into the prison and engaging in homosexual activities with the inmates.

Mount Zion in Wyoming, where he is said to be a pastor.

Upon his arrest, Stewart asked to be placed in protective custody. He was taken to the pre-trial annex in Prices Corner in New Castle County

Felton sewer controversy (cont.)

Rau says he has little or problems with his private septic system except when there is a heavy rain.

He can understand why many Felton residents want and need the service, but resents being told he has to accept and pay for something he feels he doesn't need.

Like his neighbors William Duerr is opposed to looking up to the new sewer system. But Duerr's major concern is pollution and he has a plan of action. "EPA is going to stop them," says Duerr who has contacted a main office in Phila. Pointing to the fact that the Kent County plant which treats sewerage is too small to handle its present load, Duerr remember County Engineer Walter Fritz claiming he would gladly drink a glass of water from the Murderkill River where the effluent from the plant is dumped. That claim was made when the plant opened. Duerr says he would like to sent the County Engineer a quart of that water today. He doesn't think Fritz would indulge. While he admits ground pollution is a concern that has prompted the switch from private septic systems to central sewer services. Duerr is more concerned about what is happening to the river "Right now I'd rather pollute the ground then the Murderkill River."

Other petitioners either declined to comment or could not be reached.

The district was definitely approved by a 231-98 vote in a referendum held January 13. Plans for the district which will hook in to the Kent County sewer system have been in the offing since a feasibility study conducted in 1975. Results of that study were released in 1977, and residents of Felton petitioned the county for sewer service in March 1978. Subsequent to that petition, two public hearings were held. An opposing petition requesting a referendum was submitted to Levy Court in the fall. A final public hearing was held in Felton at the Fire Hall on January 8.

The bulk of the Felton Sanitary Sewer District is in the immediate Felton area. But the sewer line to be constructed also extends 3,000 feet north along U.S. 13 to take in Felton Heights, a triangular shaped area. Most of the properties there are on

Thoughts From Dover

By Gov. Pierre S. Dupont



Chrysler Corporation, the automobile-maker suffering from severe financial difficulties, has asked the federal government for assistance to help it overcome some of its short-term fiscal problems.

The company has also asked the governors of six states with large Chrysler plants -- including Delaware -- to review Chrysler's financial situation.

Last week, I spoke by phone with Chrysler chairman John J. Riccardo and other governors. Two of the top officials of my administration traveled to Missouri last week to meet with Chrysler and UAW officials and representatives of Michigan, Ohio, Indiana, Illinois, and Missouri.

The results of those conferences with Chrysler officials were encouraging. First, Mr. Riccardo assured me that the Newark plant remains a strong component in the company's future. That is certainly good news for the 5,000 employees in Delaware.

Second, Chrysler has promised to keep the state informed of its progress in securing federal and private assistance. They are also looking into what the various states can offer in the way of help, but the underlying theme was that Chrysler is in satisfactory shape, but needs short-term financial help.

Obviously, Chrysler is one of the largest employers in the state and contributes significantly to the state's economic base. They have been good neighbors. We want them to remain in our state.

Next week, we will be receiving audits from Chrysler and begin working with their officials. We said we would work with them to ensure the continued operation of the Newark plant as a part of the state's overall economy.

Chrysler is currently building mid-size and compact cars at the Newark facility and the word from Chrysler is that the new energy efficient cars on the drawing boards will be built at Newark. That is good news for the employees of the company here and for the entire economy.

keeping in touch

With Tom Evans

My travels throughout Delaware this month, appearances on radio talk shows, and personal discussions have made it evident the citizens of our state are deeply concerned about the issues facing Congress. People have been anxious to discuss a variety of issues, from economics and inflation to energy and foreign affairs.

When I return to Washington this month's District Work Period, one of the major issues facing me in the House Banking Committee is the Chrysler financial situation. A number of options face the Banking Committee members and it's important any decision be based on fact.

Last week I toured the Chrysler plant in Newark. It was a fact-finding mission; I talked with assembly-line workers, middle-management employees, and top-level administrators. I emphasized that the complexity of the problem will require a thorough review by Congress to assure that a bad precedent is not established for the future. I hope Chrysler will develop a program to resolve its financial problems over a period of time without federal assistance.

Given the fact Chrysler is the second largest private employer in Delaware, the state would be hard hit if Chrysler were to go out of business. Many times in the past we've had a negative impact on our economy in Delaware because of Chrysler layoffs.

When the Banking Committee holds hearings on the Chrysler question I want to see what Chrysler is going to do for itself. As a committee member, I plan to ask a variety of questions: Are salary cuts planned for all levels of Chrysler's employees? Can Chrysler afford to continue offering a full-line of automobiles? Why did the company continue to pay stock dividends during periods of such tremendous revenue loss? Have federal regulations contributed to Chrysler's problems? Have Labor Union demands contributed to the company's financial difficulties? These points, and many more, will have to be explored before Congress will be able to act on this matter.

I am opposed to an out-and-out grant to Chrysler. I don't think it's a viable option. However, there are other options facing the members of Congress: do nothing, extend tax credits, or grant limited loan guarantees. I can assure you I will devote my fullest efforts to examining this problem and weighing the merits of whatever proposals are offered for consideration.

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Harrington, De.

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Rescue efforts get Corporal Jackson a commendation

Monday morning Corporal Layman F. Jackson was presented the Delaware State Police Certificate of Commendation by Colonel Norman V. Cochran at State Police Headquarters in Dover. The award, made on the recommendation of his troop commander, Captain Robert L. Allen,

Troop 5, arose from his efforts to save the life of a heart patient. Once the recommendation is made by the troop commander, the recommendation is reviewed by the six-man administrative staff, with final review by the superintendent.

On July 11th, Corporal Jackson

was sent to check on a man who was found lying on the shoulder of Route 40, just east of Bridgeville. Upon his arrival at the scene, he determined that Gilberto Comez, of McAllen, Texas, had stopped breathing. Jackson immediately initiated cardiopulmonary resuscitation and sustained

Mr. Comez until he was transported to the Nanticoke Memorial Hospital in Seaford. Mr. Comez has since recovered and left Delaware. In making the presentation to Layman Jackson, Colonel Cochran stated, "Your quick, lucid thinking and prompt reaction revived and sus-

tained the coronary patient, and in so doing exhibited the highest standards of professional police service."

Layman Jackson, a 1966 graduate of Millsboro High School, joined the Delaware State Police in February, 1972. Now 32-years of age, he resides in Laurel, and is assigned to Troop 5 at Bridgeville.

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Call 398-3206

ASCS loans available for corn

As part of a continuing program to help farmers save both energy and money, the Agricultural Stabilization and Conservation Service (ASCS) will make loans to farmers on acid treated corn or corn stored in wet storage facilities.

James S. Metz, Chairperson of the Kent ASC committee, said farmers no longer have to dry the grain to become eligible for farm-stored loans. "Any producer in compliance with feed grain program provisions will be eligible to apply for corn loans," HE STATED. The loans will be \$2.18 per bushel.

High-moisture corn loans were first made available last fall in 10 states and 28 counties as part of a pilot program, according to Metz. Farm fuel shortages and high costs prompted the agency to expand the program nationwide.

"This program eliminated the drying requirement, resulting in an alternate technology that uses less energy but still preserves the crop for the feed use intended," Metz said. Drying grain with liquid petroleum and natural gas requires large amounts of energy. Since much of the corn and sorghum stored on farms in fed to livestock, drying of these grains is not essential as moisture does not adversely affect the commodities for feed purposes.

Farmers interested in obtaining high-moisture corn loans should call or visit the Kent ASCS Office at Dover. Phone: 697-3179.

Help needed to keep elderly warm

Merchants, corporations, contractors, service organizations, and individuals are being asked to help elderly people keep warm this winter.

The State's Division of Aging and Energy Office need contributions of materials such as caulk, weatherstripping, plastic window covering and other items which help keep out the cold for older people who cannot afford to purchase them. In addition, some contributions of labor are requested for elderly individuals who are physically unable to do the work required to conserve energy, and who cannot afford to hire other people to do it.

The two State agencies are doing their bit, too. A series of energy training workshops is currently being planned for various areas of the state during the month of September. The workshops will instruct the elderly on how to perform energy-conserving tasks in their homes to help keep costs as low as possible while keeping the homes as warm as possible.

Anyone who is interested in contributing materials or labor for this project should contact the Division of Aging offices in New Castle, 421-6791, or in Georgetown, 856-2445.

Division of Aging will sponsor crafts show

The Division of Aging is sponsoring a craft and recreation demonstration Thursday, September 20, for people who work with elderly, chronically ill, or handicapped individuals.

It will be held at the Martin Luther King Student Building, Delaware State College, from 9:30 a.m. to 3:30 p.m.

Weaving, block-printing, chair-caning, copper-tooling, rug-making, macrame, and working with clay are some of the crafts which will be demonstrated to point out their recreational and therapeutic value. Handicapped persons will perform some of the demonstrations.

Service providers will be instructed in how to utilize the various craft forms. Activities coordinators, homemaker aides, friendly visitors, volunteers, project directors, agency representatives, and other persons who work with elderly, ill and disabled persons are encouraged to attend. Ms. Barbara Foraker, program assistant for the handicapped for the Division, may be contacted for more information and registration at 178 Orchard Avenue, Dover, 653-5664.

PIZZA SHACK

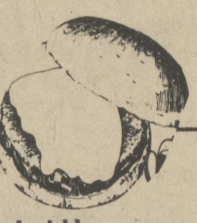
REGULAR PIZZA (THIN CRUST)

	Small [9"]	Med [12"]	Large [16"]
Cheese	\$1.95	\$2.99	\$3.99
Extra Cheese	2.45	3.45	4.70
Pepperoni	2.45	3.45	4.75
Hamburger	2.45	3.45	4.70
Mushroom	2.65	3.65	4.90
Onion	2.45	3.45	4.70
Sausage	2.60	3.60	4.85
Achoview	2.65	3.65	4.90
Sweet Peppers	2.55	3.55	4.80
Any Two [2] Items	2.95	4.10	5.40
Any Three [3] Items	3.45	4.60	5.95
Trashcan	6.00	7.00	8.00
Any EXTRAS	.50	.60	.70



SICILLIAN PIZZA (THICK CRUST)

	Med.	Large
Cheese	\$3.09	\$4.09
Extra Cheese	3.55	4.80
Pepperoni	3.55	4.85
Hamburger	3.55	4.80
Mushroom	3.75	5.00
Onion	3.55	4.80
Sausage	3.70	4.95
Anchovies	3.75	5.00
Sweet Peppers	3.65	4.90
Any two [2] Items	4.20	5.50
Any three [3] Items	4.70	6.05
Trashcan	7.10	8.10
Any EXTRAS	.70	.80



Orders to go 15¢

Orders to go 15¢

SUBS

	Sm.	Med.	Large
Chicken Salad	\$1.10	\$1.55	\$2.20
Tuna Fish	1.10	1.55	2.20
Italian	1.10	1.65	2.25
Hamburg	1.10	1.50	2.20
Cheeseburger	1.15	1.60	2.30
Steak	1.10	1.55	2.20
Cheesesteak	1.15	1.65	2.35
Mush. Cheesesteak	1.25	1.75	2.65
Sweet Pepper Cheesesteak	1.25	1.70	2.60
Ham Sub	1.15	1.60	2.35
Ham & Cheese	1.25	1.70	2.45
Roast Beef	1.55	2.00	2.65
Turkey	1.25	1.70	2.65



BURGERS

KING-One half lb. of beef with lettuce, tomatoe, sauce and pickle...\$1.95
COUNTIES-One Fourth lb. of beef with lettuce, tomatoe, sauce and pickle...95
PRINCE-Small burger with sauce and pickle [lettuce & tomatoe 10 cents extra]...55

CHEESEBURGERS

SMALL-Prince burger with cheese, sauce and pickle...65
DOUBLE-2 beef patties with double cheese, sauce and pickle...90

FISH BURGERS

FISH-3 oz Breaded fish square with sauce...79
CRABCAKE-Large crabcake with sauce...\$1.49

ITALIAN DINNER

Spaghetti w/ meat sauce...\$2.99
Lasagna w/ meat sauce...\$3.99

Serve with Garlic Bread
15¢ Extra to go



FRIED CHICKEN DINNERS

3 pc. Honey Dipped... 2.99
6 pc. Honey Dipped... 4.99
9 pc. Honey Dipped... 6.99
12 pc. Honey Dipped... 8.99

15¢ extra to go



Side orders ANY TWO

French Fries, Cole Slaw, Pot. Salad... 89¢

SEAFOOD DELIGHTS

Steamed

Clams, One dozen	Priced Daily
11 Shrimp, cooked in our seasoning	\$3.95
21 Shrimp, cooked in our seasoning	6.95
King crab Legs	6.95
Scallops	4.95
Lobster Tails	11.95
Crabs, one dozen	Priced Daily

Deep-Fried

Clam Strips	\$3.95
Flounder	3.95
Scallops	4.95
11 Shrimp	1.95
21 Shrimp	3.25
Crabcakes	1.49



Side orders ANY TWO

French Fries, Cole Slaw, Pot. A Salad... 89¢

GREEN HOUSE

Large Salad...\$1.39
All you can eat... 1.99
Salad with a meal... .99
chef salad
Large salad with topping of Turkey, Ham, and cheddar cheese...\$2.50



DIET PLATTER

Tuna, Chicken, salad, cottage cheese etc...\$2.50

SANDWICH WITH SALADS

Ham, Tuna, Chicken, salad... .99

MEXICAN FAVORITES

Tacos-All beef with lettuce and tomatoe & Cheese...80
2 For 1.50 45¢

SPECIALTIES

	Small	Large
French Fries	.49	.59
Onion Rings	.49	.59
Soup of the Day	.55	.95
Chili	.85	1.35
Apple Turnover		.40

BEVERAGES

	Small	Med.	Large	Pitcher
Coke, Sprite, Tab, Root beer	.30	.40	.55	\$1.50
Coffee, Tea	.30	.45	.55	
Milk	.35	.45	.55	
Orange Juice or Grapefruit	.50			

DRAFT BEER & COCKTAILS

Harrington Only

	Small	Large	Pitcher
Bud	.55	.70	\$3.25
Michelob	.60	.75	3.50
Michelob Light	.60	.75	3.50

WINE Glass 1/2 carate .70
crate \$2.25 \$3.95

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Rt. 13, Voshell's Shopping Cntr.
Felton, De. 19943
284-4079

Pizza Shack of Harrington
Quillen Shopping Cntr.
Harrington, De. 19952
398-4244

Pizza Shack of Millington
Cypress St.
Millington, Md.
301-928-3571

Sports

WEDNESDAY, SEPTEMBER 5, 1979

The Harrington Journal

Harrington, Delaware

PAGE SIX

Lake Forest to host annual cross country invitational

by Keith S. Burgess

Since 1958, one of the premier athletic events, hereabouts, is the Lake Forest Cross-Country Invitational. In 1978, the competition expanded to four states, as New Jersey joined Pennsylvania, Maryland and Delaware schools in action at Killen's Pond State Park's 2.7 miles course. It is hoped that eventually Virginia will come into the fold, making the hill-and-dale extravaganza, a five state affair.

Coach Jim Blades has planned a seven-race slate starting at 10 a.m., September 22nd. Some 70 individual

medals and five team trophies will be awarded. Here will be two varsity and two junior varsity tests based on enrollment. In addition, a JV-Band and a seventh-eighth grade race will be held. Upwards of 300 athletes are expected to compete. For the first time a varsity girls race will be held.

Lake Forest's Spartans are working hard in an effort to make a good showing in this prestigious, colorful test, which kicks off the harrier season.

One of Jim Blades most balanced squads ever is shaping up. Some 25 kids are on the squad, at present and

there is not a soft touch in the bunch.

The four varsity starters returning are: Bill Mitchell, Doug Caskey, Jay Howerin and Maurice Coverdale. The last named has not compiled much mileage yet because of a foot injury, but the first three Spartans are running close together at this point. Also in the thick of the battle for a high team ranking are: sophomore Terry Caskey, senior Mike Hernandez and junior George Barnett.

Seniors Randy Ramirez and Dale Jarrell, plus sophomore Bob Aycoth are working hard and may most some of the top seven runners down a notch

or two.

Coming up in the near future are time trials on the local course, plus a triangular practice scrimmage with Dover Air and North Caroline, MD and a duel setto with Dover.

Most of the Spartans have logged much more mile age, than at this same time in 1978. By September 22nd they should be ready to demonstrate how much they have improved,

in 12 months. Is a 22nd straight winning season about to occur? We believe it is!

Racing returns to Harrington

Harness racing returns to lower Delaware this week-end when Harrington Raceway begins its 33rd consecutive Fall season. The track, Delaware's oldest pari-mutuel facility, will open this Sunday and run sixty nights through December 1st.

For the past several years the track had run a split season, racing approximately a month in the Spring and two months in the Fall. This year however, the Delaware Harness Race Commission extended Harrington's Fall Meet and did away with their Spring season altogether. Track officials note that extended Fall racing would have been impossible in the past due to inclement weather, but point out that their grandstand is now

completely enclosed thus making an extended season feasible.

Track management has announces that Herman Brickel will return for his fifth Fall season as the head racing official at Harrington. Brickel will be responsible for putting all the races together, so that every race is "Close". Brickel has been in harness racing most of his life and has served as Race Secretary at tracks throughout the Nation.

Brickel noted that still space was at a premium this year, with over 500 stalls already assigned. "We've had to be very selective this Fall, eliminating those horses we didn't feel competitive at this stage in their training."

In anticipation of better quality horses competing for Space at the track, qualifying times (the slowest amount of time a horse must go in a mile in order to race) was lowered. In explaining the decision to lower qualifying times, Brickel expressed the feeling "that faster, more competitive horses attract more people and that's what we're after. In order to be successful we've got to give racing fans what they want and that's fast, close and competitive races."

Track General Manager, George Simpson expressed optimism about the success of the upcoming meet, noting reduced competition from Maryland tracks as the source of the optimism. "Last year most of all of our Fall season was raced against nearby Maryland tracks. We were not only competing for fans, but for horses as well." This year Harrington will only have to compete against Laurel Raceway for about 20 days in September.

In addition to keen competition among top horses, the trainers and drivers coming to Harrington should signal what's ahead at the facility. Wayne Smullen, Rosecroft Raceway's

"winningest" driver, Hal Belote, currently with the most wins at Ocean Downs, and Harold Frazier, winner of

Harrington's Dash title last Fall and currently in the top ten at Brandywine are all expected and it could come to a showdown by the time closing nights rolls around in December.

Something new this year at the track will be the addition of Trifecta wagering on the last race of each evenings card. The track will continue with Daily Double, Exacta and Quinella wagering as well.

Special party nights have already been set for General Foods, The C&P Telephone Co., several Lions Clubs and hospital auxiliaries from East-

on, Denton, Georgetown, and Seaford, Group fund-raising party nights will be available every week during

the current Meet. For information call 302-398-3269.



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Wetting Solution 2 oz.

Cleaning & Soaking 4 oz.

Solution

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will receive a lucky horseshoe with a real penny
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12 exciting harness races, plus Daily Double,
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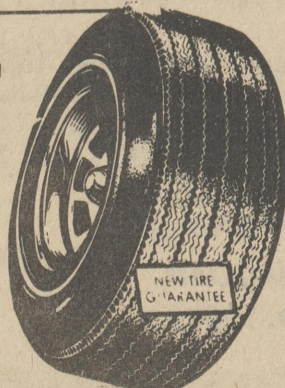
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The Von Essens, making a paradise in Felton



story and photos

by Bruce Levy

There are those in this world who believe in getting involved, there are others who believe in looking out for number one. There are those who think life means getting ahead, but there are others who know the joys of giving. There is a family in Felton that knows exactly what life is all about; it's about love and they practice what they preach every day.

This is the story of the Von Essen family and the Von Essen Family Farm. Stan and Francis Von Essen are the main characters, with the supporting cast made up of teenage boys. But these are not your ordinary teenage boys. They are boys who, except for the Von Essens, would probably be police statistics.

Francis Von Essen puts it this way, "We take what nobody else wants, we take the children that have been neglected or abandoned and try to raise them properly." It's been a way of life for Stan and Francis Von Essen for almost ten years now: their home is open to the homeless. On 38 acres just outside of Felton is a paradise of hard work, family life and plenty of loving care.

It began when the Von Essens moved to Felton from their lifelong home on Long Island, New York. Stan, who had been a farmer, wanted to establish another farm in a less populated area and Felton seemed the ideal spot. Francis Von Essen took a part time job in a local retirement home.

Then one day it happened, a young man walked into the retirement home and asked Francis if she knew where he might be able to stay for a while. Francis had said good-bye to her own children years ago and there was ample room at the farm, of course she had a place where the child could lay his head, just bring what you have and come with me.

The State got wind of the move and contacted Francis, would you be interested in taking any more children Mrs. Von Essen, we have plenty of boys who also need a home? So the Von Essens gained approval from the state to open a foster home and life

has never been the same.

"We really had no kind of experience being foster parents," said Francis. "But we did help raise a child in Lond Island who wasn't our own and felt that we could manage if we tried." "Doing this keeps us both young," Francis continued, "Stan and I just don't have the time to get old. Besides, I love these kids like they were my own."

Life is not all fun and games for the boys who stay at the farm, there is plenty of work for those who want it. Stan Von Essen may be many things but first and foremost he is a farmer. The boys have the option of earning some spending money by helping in the field, it's an option that few refuse and the bountiful look in those fields is testimony to that fact. The acreage, besides providing an outlet for youthful enthusiasm, is a source of substance to the family in the winter months. "We get a certain amount of support from the state," Francis says, "but it is never enough. The food we grow is the food we eat."

"They come here for all different reasons," commented Francis Von Essen, and it's always tough at first. It is very hard for a child to accept that he is not wanted in his own home or that his family just can't take care of him. It's not unusual for a child to get into fights or try to run away during his first few weeks here. We try to ignore the trouble, we know they have good reason to resent the world and try to let them work it out for themselves. Eventually they realize we love them and want them in our home. It gets better then and we have very few problems here once those first few weeks are over."

"The hardest part is saying good-bye," adds Francis. "You grow to love them so much it hurts when they have to go. I try to tell the boys how I feel about them every day, I think it builds strength in me and in them too. When they leave I want them to know that somebody cared."

Stan Von Essen puts it this way, "Our home is open. That's the way it should be because I believe God is the master of this house."



Area Church Directory

<p>ASBURY UNITED METHODIST CHURCH Rev. Jackson Robinson 10 a.m. Sunday School, 11 a.m. Morning Worship, 6 p.m. Junior and Senior W.M.Y.F.</p> <p>CALVARY WESLEYAN CHURCH William H. Miller 398-3531 Sunday School, 9:30 a.m., Morning Worship service 10:40 (Children's Church meets at same time.) Wesleyan Youth, 6:15. Evening worship, 7 p.m.</p> <p>CHAPLAIN'S CHAPEL UNITED METHODIST CHURCH Rev. Mrs. M.S. Russell Worship service 9:30 a.m. Sunday School 10:30 a.m. Sermon every other Sunday.</p> <p>CHURCH OF THE BRETHREN Farmington, De. Sunday School 9:45 a.m., Church service 11 a.m.</p> <p>ST. BERNADETTE'S ROMAN CATHOLIC CHURCH St. Bernadettes R.C. Church Mass Sunday 9:30 a.m. Confession before Mass.</p> <p>CHURCH OF THE NAZARENE Rev. Robert F. Burdette 398-4193 9:45 a.m. Sunday School, 10:50 a.m. Morning Worship, 7 p.m. Evening worship.</p> <p>ELLENDALE UNITED METHODIST CHURCH Rev. Mrs. M.S. Russell Sunday School 10 a.m., worship service 11 a.m.</p> <p>FELTON METHODIST CHURCH Felton, De. Church school 10:45 a.m., morning worship 11 a.m., Manship, Morning worship 10 a.m., church school 10:30 a.m., Viola, Church school 10:45 a.m., worship service 9 a.m.</p> <p>FIRST BAPTIST CHURCH Dual Highway 113 Frederica By-Pass Rev. Samuel Ingram Sunday School 9:45 a.m., morning worship 10:45 a.m., Bible training class 6 p.m., evening service 7 p.m., Bible study and prayer meeting, Wednesday, 7 p.m.</p>	<p>GREENWOOD MENNONITE CHURCH 2 Miles east of Greenwood, Rt. 16, Greenwood, De. Bishop - John Mishler Pastor - Mark Swartzentruber Assistant - Jay Biggs Deacon - Allen Beachy Worship Service 9:30 a.m., Sunday School 10:30 a.m., Bible study, 7 p.m., Wednesday Prayer Service 7:45 p.m.</p> <p>THE GREENWOOD METHODIST CHURCH Greenwood, De. Rev. James B. Doughten Office 349-4047 Home 349-4324 Epworth 9 a.m. worship, 9:45 a.m. Sunday School. Todd's Chapel 10 a.m. Worship, 11 a.m. Sunday School. Greenwood 10 a.m. Sunday School, 11:15 a.m. Worship.</p> <p>GREENWOOD WESLEYAN CHURCH Greenwood, De. Rev. Etta M. Clough, Pastor Sunday School 10 a.m., worship service 11 a.m., evening worship 7 p.m.</p> <p>HARRINGTON BAPTIST CHURCH Liberty Street W.P. Watson 398-3373 9:45 a.m. Sunday School, 10:30 a.m. radio ministry, WTHD, Milford, 11 a.m. Morning Worship, 5:45 p.m. adult choir practice. Aetecns, GAS, RAS, Mission Friends, 7 p.m. evening worship, Wednesday, 7 p.m. prayer and Bible study; 2nd Monday, 7 p.m. Baptist Women, 2nd Tuesday, 10 a.m., Baptist Women. Affiliated with the Southern Baptist Convention.</p> <p>HICKORY RIDGE CONGREGATION METHODIST CHURCH Rt. 13 North of Greenwood, De. Rev. William Fleischauer Sunday School 10 a.m., morning worship 11:15 a.m., evening worship 7 p.m. Wednesday 7 p.m. prayer meeting.</p> <p>HOUSTON UNITED METHODIST CHURCH 9:30 a.m. morning worship, 10:45 a.m. Sunday School.</p> <p>HOUSE OF PRAYER Main & Lombard Sts. Felton, De. Preaching Christ and Him crucified service, Wednesday night 8 p.m.</p> <p>INDEPENDENT BIBLE FELLOWSHIP CHURCH West Liberty Street Rev. Ray Newman Sunday School 10 a.m., Sunday worship 11 a.m., Sunday evening 7:30 p.m. Wednesday evening 7:30 p.m.</p>	<p>LAWSON MENNONITE CHURCH Canteybury Rd. Harrington, De. Sunday School 10 a.m., worship 11 a.m.</p> <p>MT. HERMAN CHURCH OF GOD Greenwood, De. Rev. Thomas Cartwright Sunday School 10:30 a.m. Worship 11 a.m., evening service 7 p.m.</p> <p>MT. ZION A.M.E. CHURCH Ellendale, De. Rev. E.L. Coleman, D.D. Sunday school 9:15 a.m., Divine worship 10:30 a.m.</p> <p>REFORMATION LUTHERAN CHURCH 1/2 Lakeview Avenue, Milford, De. Rev. John D. Ranney 9:30 a.m. Sunday Church School, 11:00 a.m. The Service of the Word.</p> <p>REFUGE TEMPLE REVIVAL CENTER 455 Front St., Seaford, De. Pastor Leon Williams Sunday School, 11 a.m., Youth Service 3 p.m., Evening service, 7:30 p.m., Monday prayer, 8 p.m., Tuesday worship service, 7:30 p.m., Thursday Bible Study, 7:30 p.m., Broadcast Mon.-Fri. 9:30 a.m. WSPD Seaford</p> <p>SPIRIT AND LIFE TABERNACLE Road 571 off Rt. 16 Adamsville, Greenwood 349-4576 Rev. Roy G. Murray Sunday School 10 a.m., worship service 11 a.m., Praise Service, 7 p.m. Tuesday worship, 7:30 p.m., Friday Youth Activities 7-9 p.m. Sponsors of Spirit and Life Christian School</p> <p>ST. JOHNSTOWN UNITED METHODIST CHURCH Rev. Mrs. M.S. Russell Worship service 9 a.m., Sunday School 10 a.m. Sermon every other Sunday.</p> <p>ST. PAUL'S A.M.E. CHURCH 101 Millipion Street Harrington, De. 398-8966 Church School 9:30 a.m., worship service 11:15 a.m., Bible study Wednesday evening 7 p.m.</p> <p>ST. STEPHEN'S EPISCOPAL CHURCH Roughley Hill Road Rev. Bruce M. Shortell 398-3710 9:30 a.m. Church School and adult discussion, 10:45 a.m. 1st and 3rd Sunday, Holy Communion, 2nd and 4th Sunday, morning prayer; Wednesday, 7 p.m. evening prayer and healing service, 7:30 p.m. Bible Study; 1st Monday, 7:30 p.m. Women meet, 2nd Tuesday, 7:30 Vestry meeting.</p>	<p>GRAHAM A.M.E. CHURCH Greenwood, De. Rev. J. Jackson Sunday School 9 a.m., worship service 10 a.m., afternoon service, 1 p.m.</p> <p>LINCOLN-MILFORD-HARRINGTON CHURGE Rev. William Staten Wesley Chapel, Slaughter Neck, 9 a.m. and morning worship, Church school 10:30 a.m. St. Paul, Milford, Morning worship 10:30 a.m., Church school 11:45 a.m., Metropolitan, Harrington, Church school 11 a.m. Morning Worship 12 p.m.</p> <p>TRINITY UNION METHODIST CHURCH 6 Front St., Frederica, De. Sardos, Thompsonville, 9 a.m. worship. Saxton, Bowers Beach, 10 a.m. worship. Trinity, Frederica 11 a.m. worship service, Sunday School 10 a.m.</p> <p>WEST HARRINGTON UNITED METHODIST CHURCH Rev. K. Wayne Grier 398-8367 Worship, 1st and 3rd Sunday nights, 7:30 p.m. U.M.Y.F.</p> <p>Prospect - Vernon 8:45 a.m. Church School, 9:45 worship, 1st and 3rd Sunday nights, 7:30 p.m. U.M.Y.F., 3rd Wednesday every month, 7 p.m. Family night covered dist. dinner.</p> <p>Salem - Farmington 8:45 a.m. worship, 1st and 3rd Sundays, 9:30 a.m. Church School.</p> <p>Bethel - Andrewville 8:45 a.m. worship, 2nd and 4th Sundays, 9:30 a.m. Church School.</p> <p>WHOLE TRUTH TEMPLE CHURCH OF GOD IN CHRIST Bowers Chapel Road, Viola, De. 697-2851 or 284-9911 Elder Robert L. Williams Sunday School 10 a.m., morning worship, 11 a.m., evening worship, 8 p.m., Friday service, 8 p.m., fourth Saturday of each month, Youth Fellowship service, 8 p.m.</p>
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Church News

Avenue Methodist Church

The Holzmuller Gallery of the Avenue United Methodist Church, Milford, will open the fall season with the photographic exhibit of Dr. Kathleen Anne Berhalter of Dover, DE. The public is invited to a reception for the artist on Sunday, September 9th from 12 noon to 3 p.m.

Dr. Berhalter is the Chairperson and professor in the Department of Art Education at Delaware State College in Dover, since 1970. She is a graduate of South Williamsport, PA High School, Kutztown State College; her masters from Teacher's College of Columbia University and her doctor-

ate in Art Education from Penn State. She is professionally involved in the education of teachers in art, both in theory and practical application.

The exhibit will consist of black and white photographs of a variety of subjects and techniques. She is currently very personally involved with the photographic image and has enhanced her technique through additional course work at other universities and professional workshops. Dr. Berhalter is also a printmaker, specializing in etching and aerigraphy.

The artist has exhibited and won awards throughout Pennsylvania and Delaware, most recently at the Rehoboth Art League. Her commissioned works hang in public as well as private collections.

Dr. Berhalter was nominated for Who's Who In American Art, 1977-78 and Who's Who of Women in Education, 1977.

The Holzmuller Gallery of Avenue United Methodist Church is open on Sundays from 8:30 a.m. to 1:00 p.m. and on week days from 9:00 a.m. to 4:00 p.m. All works of art on exhibit are for sale.

Lynch Heights Baptist

Jack Parrott, director of evangelism and church administration for the Baptist Convention of Maryland will be the guest evangelist during the week of September, 16-20.

Young, vivacious and filled with the Spirit, Brother Parrott promises to bring a spiritual awakening to the hearts and minds of the people in Lynch Heights and the surrounding area.

Prior to assuming his current position in May, 1979, Brother Parrott ministered in churches as pastor, minister of education and minister of youth. He is a former member of the evangelism staff, Baptist State Convention of Michigan, and an evangelism fieldworker for the Kentucky

Baptist Convention.

A graduate from Eastern Michigan University and the Southern Baptist Theological Seminary in Louisville, Kentucky he holds several distinguishing awards. He was awarded the Top Ten Student Award, Eastern Michigan University in 1973. He is a member of the Honorary Order of Kentucky Colonels and elected to outstanding Young Men of America in 1974 and 1976.

vention of Michigan 1971-73; a Summer Missionary, for the Home Mission Board 1972; and State Baptist Student Union (BSV) President, Michigan 1972-73.

Brother Parrott will be speaking on Sunday Morning Sept. 16, and each evening there after a 7:30 p.m. Lynch Heights Baptist Church is located 3 miles north of Milford, Del. on Rt 113 South.

He has been an active participant in the work of the Southern Baptist Convention. Serving as News Director, for the Southern Baptist Theological Seminary in 1974; a member, Executive Board Baptist State Con-

Everyone is welcome and we invite you to come and worship with God's people.

A Nursery will be provided each service for children birth through 3 years of age.

Obituaries

ELSIE M. SCHREIBER
HARRINGTON-Elsie M. Schreiber of Harrington, died Wednesday, Aug. 29, 1979, in Milford Memorial Hospital, Milford, after a long illness. She was 78.

She was a Gold Star mother. Her son, Kenneth J., was killed in the Battle of the Bulge during World War II.

She is survived by her husband, George; a daughter, Evelyn Jahn of Harrington; and a grandson.

Mass of Christian Burial will be offered at 11 a.m. Friday at St. Elizabeth's Church, Denton, MD. Burial was Saturday in Mt. Hope Cemetery, Hastings on the Hudson, NY.

Friends called Thursday night at the Boulais Funeral Home, Greensboro, MD, where the Rosary will be recited at 8 p.m.

MARY R. WAGNER
SEASIDE PARK, NJ-Mary R. Wagner of 15 Sixth Ave., formerly of Wilmington, died Tuesday, August 28, 1979, at her home after an apparent heart attack. She was 83.

She is survived by her husband, W. Ammon; two brothers, Paul Roughley of Magnolia, and Harry Roughley of Dover; two sisters, Sallie Swain of Felton and Helen Schetler of Seaside Park.

Funeral services were at 2 p.m. Saturday at the Berry Funeral Home, Main St., Felton, where friends called two hours earlier.

Burial was in Barrett's Chapel Cemetery, Frederica.

CHARLES W. ANDREW
DENTON, Md. Charles Wilbur Andrew, 77, of Denton died on Wednesday in Easton Memorial Hospital after a long illness.

Mr. Andrew was a retired farmer. He is survived by his wife, Elsie Bickling Andrew, three daughters Jean Lundy of Seaford, Del., Betty Hutchins of Dover, Del. and Christine Stiering of Denton, a brother Ormond of Denton; six grandchildren, and two great-grandchildren.

Services were at the Moore Funeral Home. Burial was in Denton, Cemetery.

Calvary Wesleyan

Grandparents day will be observed in our Sunday School on September 9 at 9:30 a.m. Recognition of Grandparents and great-grandparents. A few surprises.

Morning Worship Service begins at 10:40 a.m. Song by the Senior Choir. Message by the Pastor Miller "The

Will of the Father."--St. Matthew 21:31.

Choir Rehearsal on Sunday Evenings at 6:15 and The Gospel Hour Service--Sunday evenings at 7:00.

Special note about the mid-week service...It is now held on Wednesday evenings at 7:00.

Reformation Lutheran

to be like children...is the theme of Parish Education month, September, 1979. It will also be the starting point for our Sunday Church School this year. On Sunday, September 9th at 9:30 we will find out "What a child is like?"

Join us! We have classes for all ages including high school and adults. It's an opportunity to learn more about God and His saving act in His Son, Jesus Christ.

"Let the children come to me, do not hinder them; for to such belongs the kingdom of God. Truly, I say to you, whoever does not receive the kingdom of God like a child shall not enter it."

Mark 10:14-15


For Your Information

Dear friends,

When a death occurs:

1. Call your funeral director and clergyman.
2. Advise relatives, friends and neighbors.
3. Care for those most seriously affected.
4. Decide place of service; date and hour.
5. Decide type and place of burial.
6. Obituary notice to newspapers.
7. Select pallbearers.
8. Arrange transportation, flowers and music.
9. Appoint host or hostess.
10. Arrange to have home cleaned and aired, and food prepared.
11. Save all cards and floral notes.

Respectfully,
William C. Berry



Berry FUNERAL HOMES
MILFORD 422-8091 FELTON 284-4548

McKnatt Funeral Home

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<p>QUILLEN'S DAIRY MARKET Dorman St. Harrington, Delaware 19952</p>	<p>E.B. WARRINGTON Farm Equipment Sales & Service Felton, Del. MF Massey Ferguson</p>	<p>HI-GRADE DAIRY INC. Processor and Distributor - Grade A Dairy Products 97 Clark St. Harrington, Del. Phone 398-8321</p>	<p>GRUWELL & SON GREENHOUSES Early spring plants & potted plants for all occasions" 398-8496 U.S. 13 Harrington, Del.</p>	<p>"Complete Banking Facilities" At The PEOPLES BANK OF HARRINGTON Phone 398-3256</p>
<p>WILLIAM MOORE AGENCY "ALL LINES OF INSURANCE" P.O. Drawer, J Felton, Delaware 19943 PHONE 302-284-4511</p>	<p>TAYLOR AND MESSICK, INC. Harrington, Delaware 19952</p>	<p>I & R GIFT SHOPPE "Gifts For All Occasions" Lumbard Sts. Felton, Del. 284-9507 Jim and Rose Sluter "Where Your Friends Meet and Shop"</p>	<p>RAUGHLEY INSURANCE SERVICE Tom Parsons "All Kinds of Insurance" Harrington, Del. Phone 398-3551 398-3000</p>	<p>WALKER AMC/Jeep Rt. 13 North Seaford, Del. Phone 629-9107</p>
<p>Wooten Insurance Agency 11 Market St. Frederica De. 19946</p>	<p>L & D ELECTRONICS 27 Commerce St. Harrington, Delaware 19952</p>	<p>SHELDON'S MARKET 422-7674 Lincoln 422-5037 Subs Call Ahead Milford-Harrington Rd.</p>	<p>PIZZA SHACK "The Family Restaurant" Voshell Shopping Center Rt. 13 Felton, Del. 284-4079</p>	<p>TULLS HARDWARE Home and Garden Center Stein Hwy - Seaford 629-3071</p>

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69¢
[Red Only] 46 oz. can

**Pa. Dutch Noodles
(Wide or Medium)**



69¢
16 oz. pkg.

**Heinz Kosher
Dill Pickle Spears**



69¢
24 oz. jar

**Betty Crocker
Creamy
DeLuxe
Frosting**



99¢
[All Flavors] 16 oz. can

**Planter's
Dry Roasted
Peanuts**



16 oz. Party Pack **1.39**

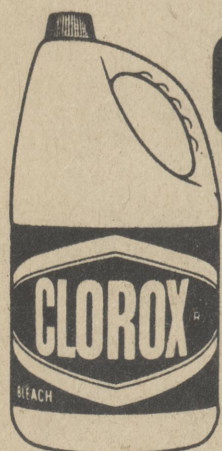
**Pet Evaporated
Milk**



13 oz. cans **2/89¢**

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7 1/2 oz. pkg. **3/1.00**



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**Whole
53¢ lb.**



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59¢ lb.**

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39¢ lb.**

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1.09 lb.**



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**Shorgood
Chicken Bologna
59¢
8 oz.**

**Shorgood
Chicken Franks
99¢ lb.
2 lbs. or More lb. 89¢**

**Hormels Spiced
Luncheon Meat
Deli-Sliced
1.69 lb.**

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"Cypress Brand"
Sliced Bacon
1 lb. vac-pac 89¢**

**Quillen's Fresh Homemade
Pork Sausage**

Loose
\$1 29
lb.

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\$1 39
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**Bright Crisp
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1-lb. Bag. **39¢**
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**U.S. No. 1
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10 lb. Bag
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**McCormicks
Black Pepper
69¢**
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32 oz. container **1.19**

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Taste)
Ice Cream**



1.79
1/2 gal.

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Country Enriched
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20 oz. loaf | 2 for
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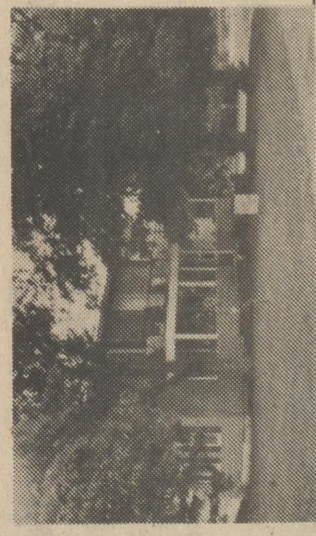
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GLENN SIZEMORE, REALTORS



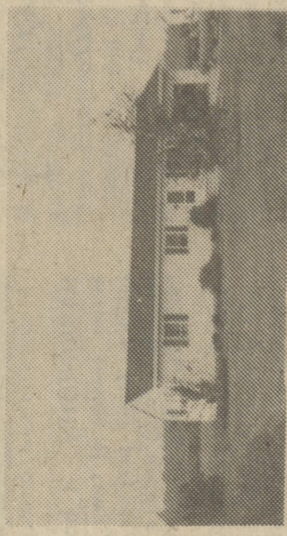
Tharp Road

Tidy 2 bedroom home on large lot. Kitchen-dining room combination, modern bath, utility room, part basement. Nice location. \$22,500.



736 East Ivy Drive

Nice 3 bedroom rancher featuring modern eat-in kitchen, living room, den, utility room, ceramic bath. Excellent in-town location.



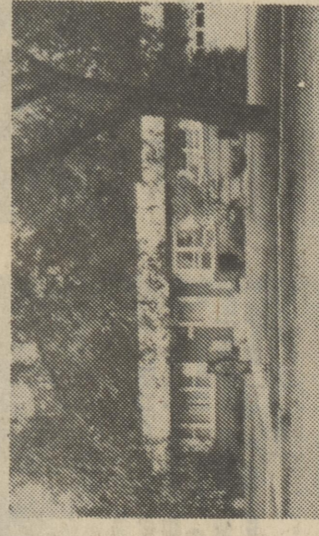
Chapel Branch Road

Country location and close to town. Like new three bedroom ranch home, one and one-half baths. Modern kitchen. Beautiful landscaping. Don't miss this one! \$42,500.



West Of Seaford

Lovely Cape Cod style home, brick and redwood siding. 4 bedrooms, 2 baths, formal dining room, paneled family room, with Colonial fireplace. Many extras including all-wood carpet and central air conditioning. 2 stall pony stable and fenced pasture. All on acre lot. **SUBSTANTIAL PRICE REDUCTION.**



728 Magnolia Drive

Nicely decorated 3 bedroom rancher featuring living room, dining room and den. Wall-to-wall carpet. Very nice in-town location near schools and shopping.



Sycamore

Custom built 3 bedroom rancher, tastefully decorated. 3 large bedrooms, 2 baths, family room, w-w carpet, appliances, central air conditioning. Large workshop and garage combination. Large lot near Laurel.



Pennsylvania Avenue

Remodeled 2 story home with new heat, new wiring, new plumbing. Living room, kitchen, family room, dining room and 1/2 bath on first floor. 4 bedrooms, and full bath upstairs. Convenient Seaford location.

Jack Reynolds GRI
629-9224

Noel Sizemore GRI
629-4249

Lee Littleton
856-7903

Greg Sizemore
629-3066



Riverside Drive

Well constructed all brick home. Large living room with Colonial fireplace, dining area, fully equipped kitchen. 2 large bedrooms (one paneled for use as den). 2 ceramic tile baths. Oak floors, central air conditioning, attached garage. A-1 location just outside Seaford city limits.

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1 1/2 acre building lots
2 miles west of Seaford

Waterfront Lot
Snug Harbor. Nice residential subdivision
\$8,500.

13-A - Seaford

Extensively remodeled home on large lot near Hearns Mill. Screened front porch, carpeted living room and dining room, eat-in kitchen with full set of matched appliances including dishwasher and trash compactor. 3 bedrooms and large bath upstairs. Priced to sell so call today!



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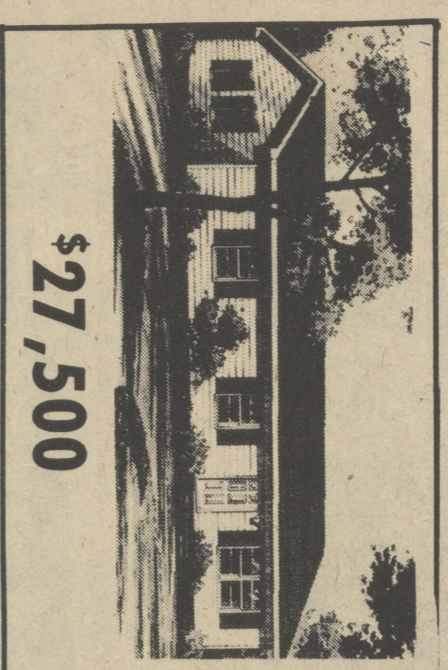
Supplement To The Leader, Laurel State Register, Delmar Bi-State Weekly, Federalsburg Times, Georgetown Sussex Countian, Harrington Journal, September 5, 1979.

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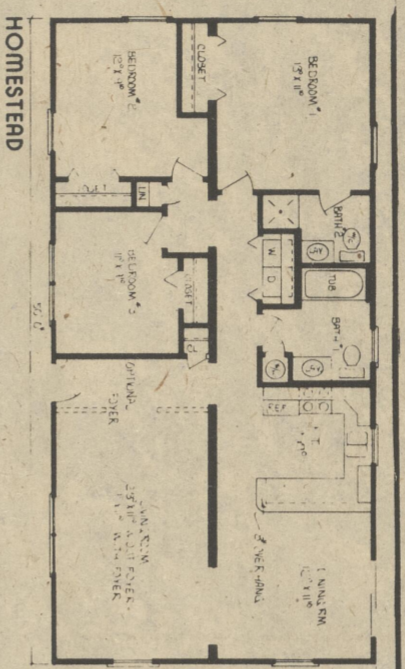
— WHEN IT'S BUILT BY —

VIRGINIA HOMES

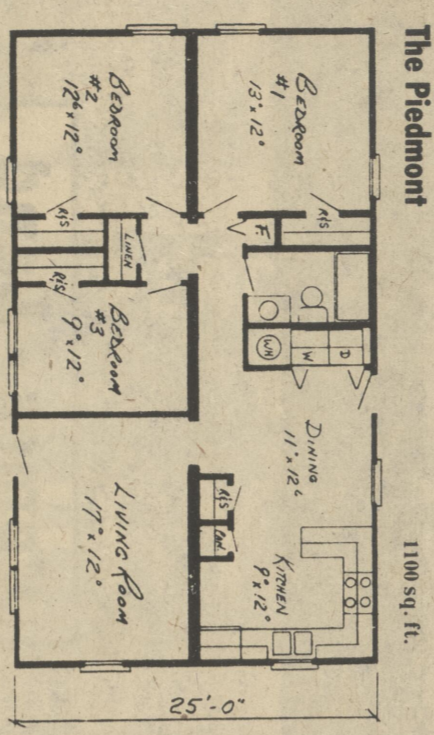
MANUFACTURING OF DELAWARE INC.



\$27,500



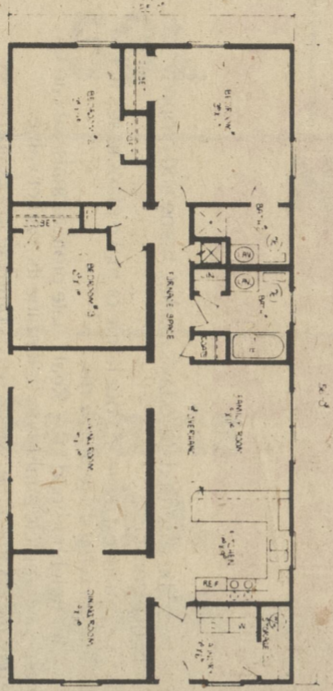
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\$24,500



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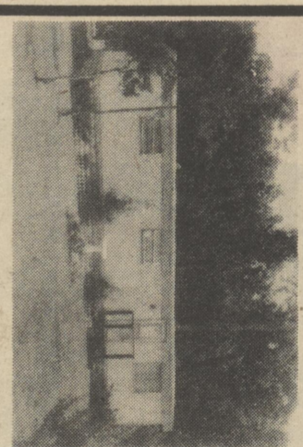
Harry G. Farrow, Jr.
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FARROW Realty

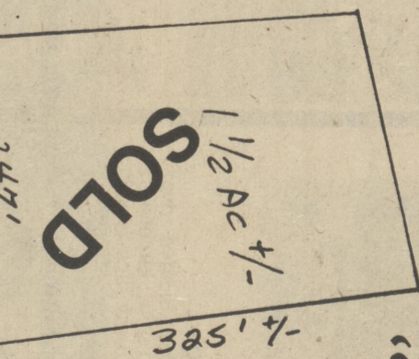
17 Commerce Street
Harrington, Delaware
Office: 398-3455

Shirley Mackert
Sale Associate
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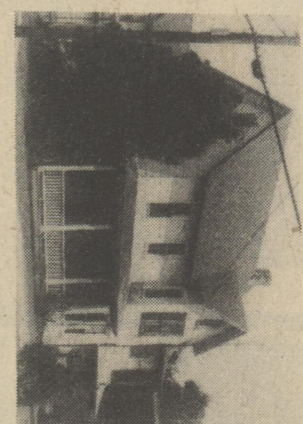
“...a housesold word...”



Double wide mobile home 46 ft. x 24 ft. in excellent condition. Three bedrooms, 2 baths to be moved on one and one-half acres on Delaware Route



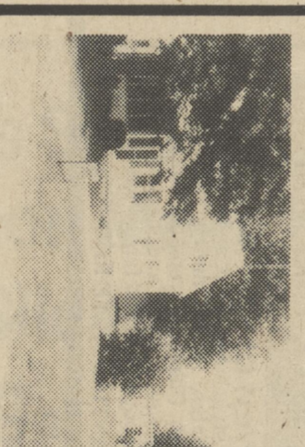
#10 near Sandtown.



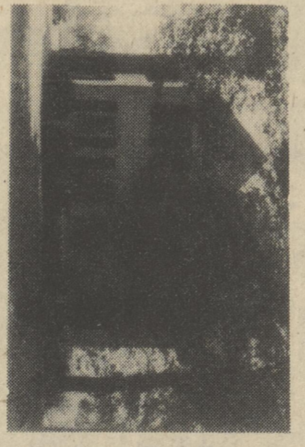
HARRINGTON - 4 brm. home in better section of town. Cent. heat, features many porches and a large lot. House really needs a lot of tender loving care. Mid 20's or best offer.



HARRINGTON - 3 brm. house. Recently painted, fully insulated, new roof. B-B hot water heat, washer/dryer. Fully equipped efficiency apartment attached for extra income. Only \$25,000.



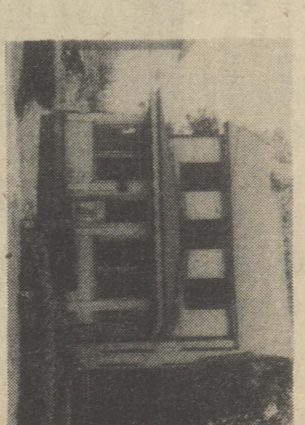
Four bedroom home with nice shade located on the southbound lane of U.S. 13.



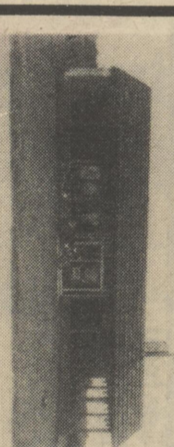
NEW LISTING - 4 Brm. older home. liv. rm. w/ fireplace, large country kit. on 2 1/4 acres. Asking \$45,000.



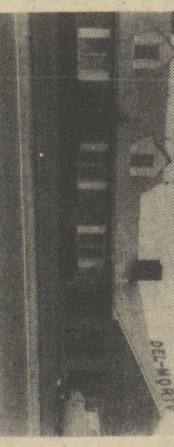
NEW LISTING: Spacious 4 bedroom home on 5 beautiful acres, 1 1/2 baths on County Road 621 Milford. Outbuildings include 30' x 40' barn, 2 sheds [20' x 40' and 20' x 70']. Spring fed pond.



Two story older home with a nice shaded lot. All for \$7,000 or best offer.



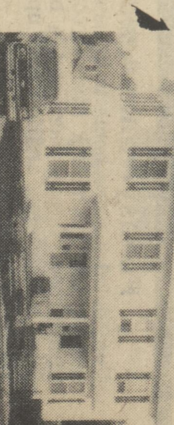
COMMERCIAL LOCATION. North of Harrington on Southbound lane of U.S. #13. 5,000 sq. ft. of bldg. space on 2.3 ac. of land. LEASE OR SALE.



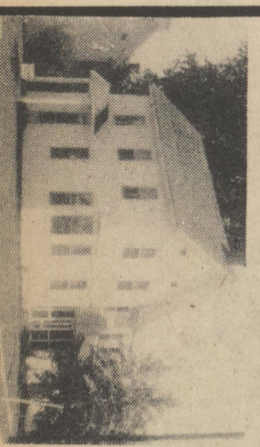
Residence & Business - Modern Brick 3 Brm. home, 1 bath, full bsmt. together with large bldg. containing showroom and shop. Owner retiring. Cash or terms.



NEAR HOUSTON Modern 7 brm. home with 3 baths, fam. rm. with fireplace, garage attached. Mid \$40's.



HARRINGTON - Two family home with 4 rooms and bath to each unit. Good condition. Good investment. Low \$20's.



COMMERCE ST. HARRINGTON - Sturdy older home in nice neighborhood. Needs little work to make it a fine comfortable home. Represents hedge against inflation.



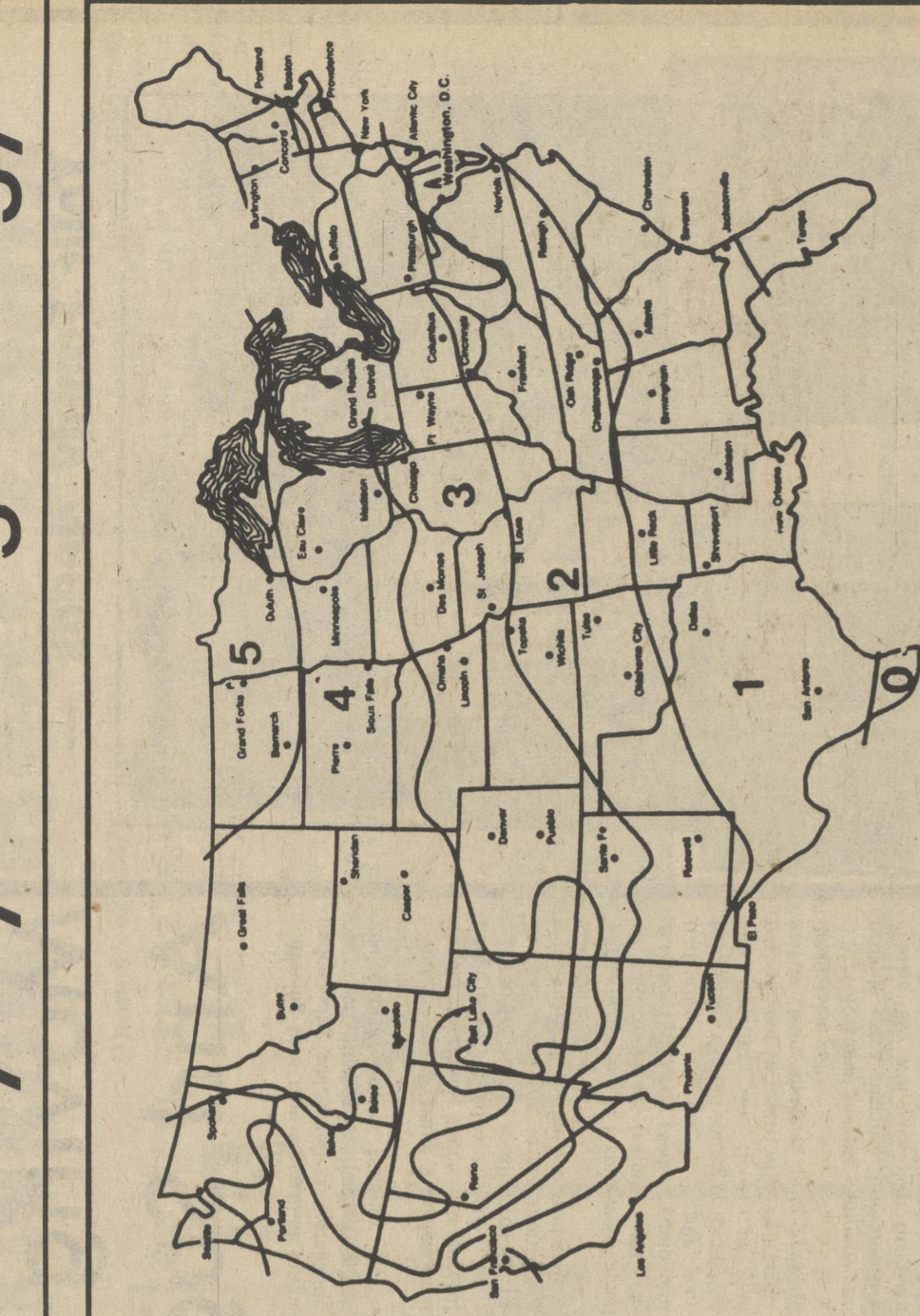
HARRINGTON - Two story home with 7 rooms. Some paneling, papering and remodeling finished. Large area enclosed porch off kit. real nice feature. Complete new bath upstairs. Garage to the rear. High teens.

Property Transfers

Orveal H. Banning, Bridgeville, to William Teagle and Hattie Teagle, Bridgeville, parcel on County Road leading from Bridgeville to Greenwood, Northwest Fork Hundred, \$700.
 C. Elliott and Natalie J.K. Workman, Seaford, to John Ronald and Julia Ann Horstkamp, Wahiawa, Hawaii, parcel on north side of Arnette Road, Nanticoke Hundred, \$10,000.
 David Allan and Karen B. Baker, Georgetown, to Norman L. Wright, Georgetown, parcel on east side of Carolyn Street, Georgetown, \$25,000.
 Addie M. Stevenson, Georgetown, to Joseph I. and Pauline E. Pleasanton, Georgetown, parcel on corner of Race and South Adams Streets, Town of Georgetown, \$32,000.
 Marlin S. and Emily L. Wolfe, Georgetown, to William L. and Catherine E. Fleetwood, Georgetown, parcel on Highway 446, Georgetown.
 Mildred C. and Paul W. Short, Georgetown, to Phyllis Jean Elliott, Laurel, parcel on northeast side of East Laurel, parcel on southwest side of East Sixth Street, Town of Laurel, \$10,000.
 Mildred C. and Paul W. Short, Georgetown, to Phyllis Jean Elliott, Laurel, parcel on southwest side of East Sixth Street, Town of Laurel, \$10,000.
 John A. and Doris E. Morris, Laurel, to Jerry B. and Cindy L. Shirey, Laurel, parcel on easterly side of US 13A, Little Creek Hundred, \$35,000.
 James B. and Katherine E. Kindt, North Fort Myers, Fla., to Michael C. and Eleanor J. Morgan, Laurel, parcel on west side of County Road 492, Little Creek Hundred, \$30,000.
 William E. III and Donna L. Moore, Seaford, to George Henry and Eleanor Joyce Tull, Seaford, parcel on road

Parsons Village, City of Seaford, \$56,000.
 Robert C. Jr. and Phyllis B. Hill, Seaford, to Douglas G. and Stephanie L. West, Seaford, Lot 903, Woodside Manor, City of Seaford, \$29,500.
 Gerald B. and Floria S. Hill, Fort Myers, Fla. to Richard E. and Amiel L. Durham, Seaford, parcel on southwestern side of State Road 46, Seaford Hundred, \$1,750.
 Keith A. and Patricia A. Meredith, Federalsburg, Md. to Betty S. James, Laurel, Lot 32, Patty Cannon Estates, Broad Creek Hundred, \$23,500.
 Paul Baskette Jr. Grand Prairie, Texas, to John Michael McQuate and Jayne Bianco, Seaford, parcel on northerly side of Spruce Street, City of Seaford, \$12,500.
 Betty J. and James W. Shaw and Sandra Short Mungler, a-k-a Sandra Short Nash and Merle W. Nash, Shreveport, La., to Bruce Milton Hill, Laurel, parcel on northeasterly side of County Road 474, Broad Creek Hundred, \$6,600.
 Norman R. and Anna Mae Morgan, Seaford, to Arthur J. and Janet Fay West, Seaford, parcel on easterly side of Del. 481, Broad Creek Hundred, \$10,000.
 David Allen and Joyce Lee Burton, Householder, Delmar, parcel on north side of Route 463, Little Creek Hundred, \$36,000.
 Eleanor Parker Simkins, Evelyn Jones and Fred B. Marvel, Tampa, Fla. to Baxter Farms Inc., Georgetown, parcel on southeasterly side of County Road 432, Dagsboro Hundred, \$33,000.
 Theodore R. and Shirley K. Bonwit, Seaford, Lot 46 and one-half Lot 47,

Norris L. Niblett, Laurel, lot 30, Villa Park Estates, Little Creek Hundred, \$3,500.
 George S. Isaacs and Ronald W. Moore, partners in Isaacs and Moore Farms, Georgetown, to Charles G. Peiffer, Newark, parcel on northerly side of County Road 579, Nanticoke Hundred, \$3,500.
 Fox Chandler R. Fox and Jacqueline Rebecca Evaristo, Seaford, parcel on north side of Road 535, Seaford Hundred.
 Richard S. and Sharon L. Arrington, Seaford, to Kenneth E. and Joan A. Sears, Seaford, lot 46, Woodside Manor, Seaford Hundred, \$31,500.
 Mark E. James and Jacalyn G. James, Seaford, to Russell C. Murphy, Seaford, parcel on southeasterly side of Del. Rd. 490, Broad Creek Hundred, \$45,000.
 Elizabeth E. Newton, Robert F. Rider and Bank of Delaware, executors and trustees under the last will of Warren C. Newton, Bridgeville, to Wendy J. Rider, Bridgeville, parcel on southerly side of Del. Route 582, Northwest Fork Hundred, \$97,420.
 Hilda K. Franze, Federalsburg, Md., to Wendy J. Rider, Bridgeville, to William R. Conaway, Bridgeville, parcel on southerly side of Del. Route 582, Northwest Fork Hundred, \$97,420.
 William R. and Joanna N. Conaway, Bridgeville, to Wendy J. Rider, Bridgeville, two parcels on Del. Route 18, Northwest Fork Hundred, \$25,000.
 C. O. White & Son Inc., Seaford, to Hilda K. Franze, Federalsburg, Md., lot 13, Shuffell Acres, Seaford Hundred, \$5,500.
 William Allen and Doris Jean Matz, Georgetown, to Donald C. and Diana R. Hoagson, Georgetown, lot E, Carolyn Street, Georgetown Hundred, \$65,000.
 Quinton Levan and Janet L. Levan, Laurel, to Millard C. Johnson III and Deborah D. Johnson, Irwin, Pa., parcel on southwest side of highway 496, Little Creek Hundred, \$5,000.
 June B. and John A. McManus II, Bridgeville, to Thomas and Kathleen Engel, Lewes, parcel on south side of County Road 88, Broadkill Hundred, \$41,000.
 Harold E. and Lucille H. Crossman, Laurel, to John L. and Debora P. Downes, Laurel, lot 16, one-half lot 17, Section A, Oak Lane Development, Town of Laurel, Little Creek Hundred, \$39,500.

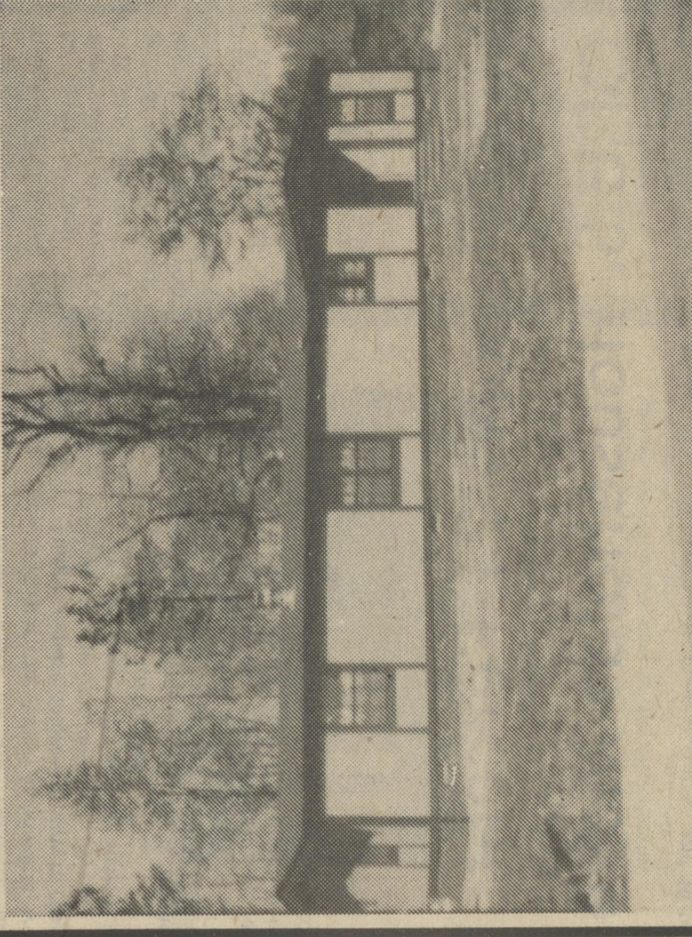


The Heating Zone Map shows the recommended R-values for different sections of the United States. For zone two, in which Delmarva is located, an insulation thickness of R-13 is recommended, according to information in the U.S. Dept. of Energy publication, "Tips for Energy Savers."

Building Or Buying

The following article is one in a series of articles appearing in the Real Estate supplement on how consumers can save money at home, on the road and in the marketplace.
 Material for the series is taken from a publication of the U.S. Dept. of Energy, "Tips for Energy Savers."
 This issue's article tells how to avoid energy-wasting mistakes when building or buying a home.
 Energy-wasting mistakes can be avoided if you consider climate, local building codes, and energy-efficient construction when you build or buy a home.
 In either case, the following energy conservation ideas should help you keep down home utility bills.
 When Building a Home...
 Consider a square floor plan. It usually is more energy efficient than a rectangular plan.
 Insulate walls and roof to the highest specifications recommended for your area. (See Heating Zone map.)
 Insulate floors, too, especially those (continued to page 6)

Save Money By Saving Energy



I Can Offer You This Home For Less Than \$22.00 Per Sq. Ft. Completely Furnished -- On Your Lot.

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 By Wick Building System

Featuring large living room with credenza - family room with fireplace, bookshelves and wine rack. Two full baths - dining room with hutch. Kitchen with breakfast nook. Utility room. Plenty of closet space.

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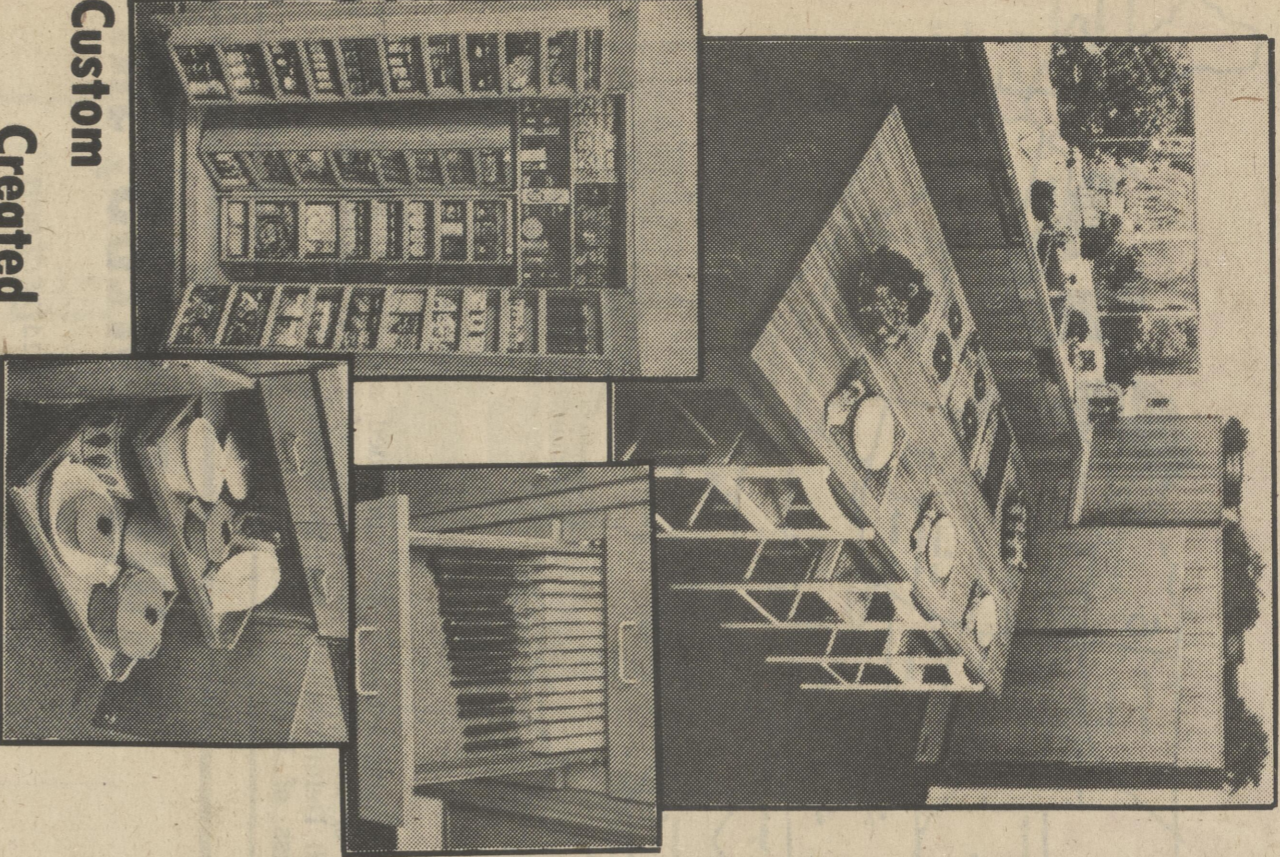
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Home Owners Features

Moving Day Tips And Suggestions

Moving to a new home is a major undertaking which can be worrisome because so much is involved with which you're probably not familiar or experienced.

But if you are using a professional moving company, there are several things that you need to consider.

If you are moving locally, you will be charged according to the number of workers and vans that are used and for the time it takes.

The basic cost of hiring professional movers includes trained and experienced workers; modern equipment that allows movers to handle your belongings without soiling or damaging your furniture and floors; pads to protect your furniture while in transit; and a clean, modern, fully-equipped dependable van.

A professional moving company can provide extra services. For an extra charge they will pack your furniture from your present home and set it up in your new one.

You can also have the movers pack or crate special possessions such as china, glassware, lamps and pictures.

Make sure to get an estimate of the charges, so you will have the correct amount of money available at the end of the move.

The moving bill is due when your furniture is delivered. Payment should be made in cash, certified check, money order or traveler's checks.

If your final bill is more than 25 percent more than your estimate, the mover must deliver your goods if you pay the amount of the estimate plus 25 percent.

You will have 15 days, excluding weekends and holidays, to pay that portion of the bill that exceeded 25 percent of the estimate.

- No matter how much you entrust to your mover, there are things you must do yourself:
 - Dispose of things your family doesn't need which would consume moving time you would have to pay for.
 - Decide on a date for moving. Try to avoid moving at the very end or beginning of the month because movers are busiest at these times and may not be able to accommodate you.
 - Decide on a date for packing.
 - Keep an inventory. Number your cartons and record what goes into them.
 - Mark "Do Not Move" on items you want to leave behind or take with you personally.
 - Save one carton marked "Load Last" for such things as toilets, sheets, towels, light bulbs and other essentials you will need right away in the new house.
 - Arrange ahead to start electricity, gas, telephone, oil, newspapers, milk and other utilities and deliveries you will need in your new destination.
 - Decide how you will arrange your furniture. It will save time and footsteps at your new residence.
 - Pack a small suitcase to take along with you that includes food for the baby, other needs for the children, any medicines or other incidentals you might require before the movers reach your new destination.
 - Get copies of prescriptions from your doctor and oculist.
 - Make a thorough "last look around" — garage, basement, attic, closets, medicine chest, cupboards.
 - Your move can be an easier experience if you plan well and follow the above suggestions. Ms. Walker concludes.

HUD Reports 21 Percent Of U.S. Households Move

WASHINGTON, D.C. — About 21 percent — 15.8 million of the nation's 75 million households — moved during the 12 months ending October 1977, an increase of 1.2 million over the previous year, according to a report just released by the U.S. Department of Housing and Urban Development (HUD) and the Bureau of the Census, U.S. Department of Commerce.

The report on the housing characteristics of recent movers is based on data collected in the Census-HUD Annual Housing Survey.

Regionally, the greatest proportion of households that moved was in the West — 28 percent. For the rest of the nation the proportions were 22 percent of households in the South; 20 percent in

the North Central states; and 16 percent in the Northeast.

Other findings in the survey reveal: — Renters moved at four times the rate of owners.

— Movers lived in newer and more expensive housing. About 31 percent lived in units built since 1970.

— Housing needs was cited by 39 percent as the main reason for moving by households whose heads remained the same in their present and previous units. Other main reasons cited were: 27 percent, family status; 22 percent, job related; and 13 percent, other reasons.

— About one-quarter of the "same head" households moved from single-family units valued at less than \$35,000 into those valued at \$50,000 or more.

ERA® WARRANTED HOME

8 North Shore Drive

One Year Warranty

Custom built with superior materials, this immaculate four bedroom, 2½ bath ranch is most appealing. Located in North Shores on a beautifully landscaped corner lot. An inspection of this lovely home designed with care will tell it all. Call for your appointment. \$88,900.00.

ERA® WARRANTED HOME

104 Hickory Road

Four bedroom brick rancher on ¾ acre wooded corner lot in Nanticoke Acres. Exterior recently painted. Fireplace, dbl. garage and patio area w/brick BBQ pit. Ready to move in.

ERA® WARRANTED HOME

Nanticoke Acres

Spacious executive 3 bedroom riverfront ranch home with pool. Double fireplace in family room, bar, BBQ pit in porch plus 3 car garage. Beautifully landscaped with irrigation system. Don't pass this by.

ERA® WARRANTED HOME

9 Nanticoke Circle

Comfortable 4 BR, 2 full bath ranch home in nice family neighborhood. Freshly painted inside and out and beautiful new carpeting throughout. Many other recent improvements. A special feature is the pine paneled family room. Buyers Protection w/ERA'S ONE YEAR HOME WARRANTY. \$42,500.00.

Williams Pond Waterfront

Step up to the good life in this quality constructed 3 or 4 bedroom brick ranch situated on one of the most attractive 1,200 sq. ft. of living area, rear screened porch and concrete barbecue area but a few. ONE YEAR HOME WARRANTY.

Seaford School District

Rare Opportunity

FIVE ACRE FARMLETTE West of Seaford, close to town. Large farmhouse, superb seven stall horse barn, fenced pasture, fenced riding ring, garden space, room for chicken house and more. Further details and inspection upon request. ONE YEAR WARRANTY.

New Listing

Neat 3 B.R. home w/fireplace, HWB heat, recently remodeled kitchen. 1½ baths, 2 miles East of Seaford. Under \$30,000.

408 Third St.

Attractive, well constructed 3 bedroom home, with pleasant screened porch to enjoy western breezes and working fireplace in living room to enjoy next winter. Small lot means less yard work and more leisure time. Modest price.

River Road

Like to entertain? Then this is the home for you. Family room, game room with wet bar, den raised deck are all part of this fine home on a large wooded lot. Depending on your pleasure, you have 3 or 4 bedrooms and 3 full baths. Call today for appointment.

124 East King

Spacious four bedroom home with two full baths, formal dining room, elaborately finished recreation - family room complete with wet bar, all immaculate condition. Convenient in-town location.

New Listing - West Ivy Drive

Inspection of this 3 bedroom ranch will impress the buyer looking for a very well maintained home. Includes washer, dryer, dishwasher, built-in oven and cook top stove. Excellent neighborhood for small children, convenient for shopping and schools. Gas saving. Including ERA One Year Home Warranty.

410 Willey Street

A surprising amount of living area is offered in this 4 or 5 bedroom, 2½ bath ranch. The versatile floor plan can be furnished with variety of family needs. Formal dining room and full basement. Family-recreation room, plus good location. One Year Operational Warranty and competitive price are good reasons to inspect this fine home today.

Old Meadow Road

Immaculate, tastefully decorated 3 B.R. home on large lot featuring fireplace with heatolator and heated brick floor in family room. Lovely kitchen includes 3 in 1 ceramic top range and built in wall oven. Wall to wall carpet and custom drapes. 2 car garage and full basement are only a few of the many features of the home. Call today for an appointment.

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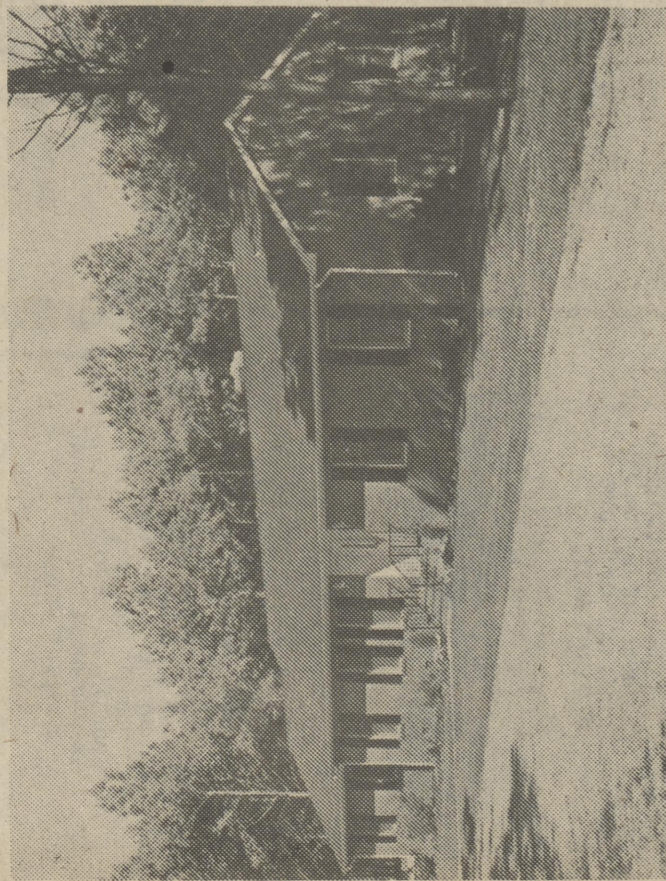
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On A New Home



Howard Joseph, With Nanticoke Homes, Explains How: Sussex County Bond Issue Has Made Available Mortgage Money For 8 1/2 % Interest. Compare This To Significantly Higher Rates (As High As 11 %) Charged By Area Lenders.

Example:

\$30,000 Borrowed At 10 1/2 % = \$275.81 Mo. Prin. And Int.
 \$30,000 Borrowed At 8 1/2 % = \$232.44 Mo. Prin. And Int.

This Amounts To A Monthly Savings of \$43.37

And To A Yearly Savings of \$520.44

And To A "hu-mon-gus" \$15,092.76 Savings During The Life Of The Loan.

Howard Joseph Is Taking Bank Applications For This Money Now -- For

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Mortgage Payment Problems Discussed

Sometimes illness or loss of income can mean you're forced to fall behind in mortgage payments. This is a serious situation, but not one without recourse.

The Department of Housing and Urban Development (HUD) has a new booklet advising that timely and frank cooperation with your lender may help avoid foreclosure.

Since default is an expensive proposition for lenders, too, you may be able to get yours to agree to a financial plan to save the mortgage.

For details, get a free copy of Having Problems Paying Your Mortgage from the Consumer Information Center, Dept. 6883C, Pueblo, Co. 81009.

Your first move is to tell your lender about the problem right away. Then there will be time to work out a solution before your lender begins foreclosure proceedings.

Give the lender the details: why you can't keep up with payments, how this problem arose, and how you plan to remedy the situation.

Furnish a detailed account of your necessary expenditures and the assets you can raise.

Include wages, union benefits, welfare payments, savings and in-

vestments, even insurance policies you can borrow against.

If you show your good will, the lender may be willing to help you in one of the following ways:

-- They could rework, or "recast," the mortgage to increase the amount owed by the amount overdue. Payments would then stretch out longer, but the interest rate of the loan would stay the same.

-- The lender may grant "forbearance." This means payments are temporarily reduced or suspended in exchange for higher or extended payments later.

-- If yours is an FHA mortgage guaranteed by the government, you may be able to arrange for the Department of Housing and Urban Development to assume the mortgage. Then you and HUD can work out a repayment plan.

If none of these arrangements are possible and you're in danger of default or foreclosure, it may be better to sell your property or turn it over to the lender.

At least this will protect your credit rating for the future, when you're able to think about buying another home.

Selecting Correct Storm Door Helps In Energy Conservation

With today's emphasis on energy conservation, a homeowner can't arm himself enough in the battle for energy efficiency. Sufficient insulation and efficient heating and cooling systems are great defenses.

The selection of proper storm doors also plays a vital role in your fight to conserve energy.

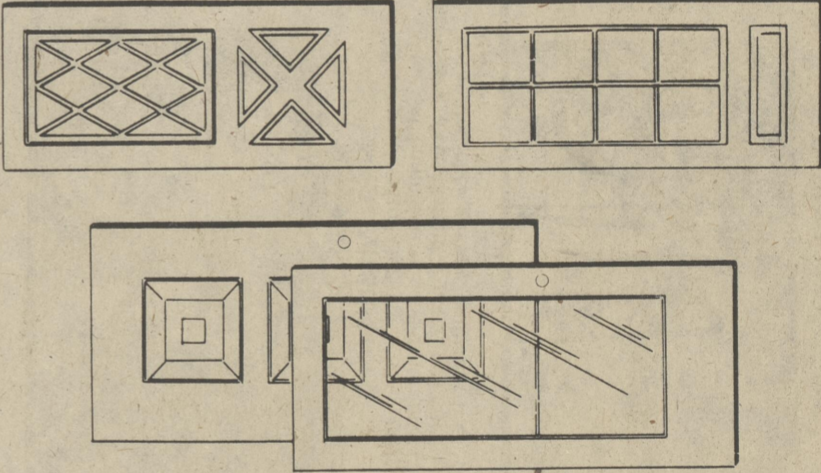
Attractive, styling and durability should be considered when selecting a storm door for your home. But a storm door that complements the architectural style of your home doesn't necessarily mean it's designed to conserve energy.

By choosing wood combination storm and screen doors, you can have attractiveness and durability plus thermal protection.

Quality-made wood combination storm doors can be permanently closed against the weather and assure you of added thermal protection. Wood is used in the manufacture of the door because it's a natural insulator. Factory-installed weatherstripping guards against costly air infiltration.

With interchangeable safety screen panels, wood combination storm doors provide year-round use. In addition to its thermal qualities, the use of safety insulating glass guards against potential injury by crashing into panes. If you're considering adding a storm door for fear it would detract from an elegant entrance door, the beauty of the quality-made

Wood combination storm doors with interchangeable glass and screen panels can be permanently closed against the weather in winter and cool breezes during the warmer months. Wood is used in the manufacture of the door because its a natural insulator.



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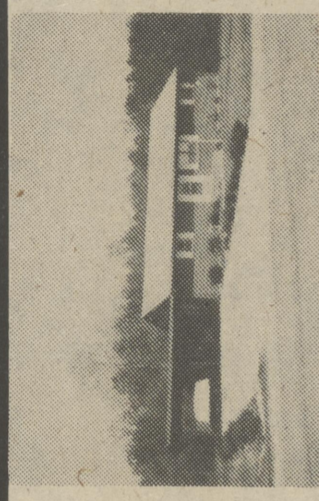
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 Gary Nichols..... 629-4545
 Lee Melvin..... 629-8853
 Mary Lee DeLuca, GRI..... 629-8429

It is still not too late to take advantage of conventional mortgage loans at 8 1/2% interest, and VA and FHA loans at 8% interest. However, funds are limited, so please call our office or one of our sales personnel for further information. There is no indication that the normal mortgage interest rates will decline in the near future so take advantage of this great opportunity and BUY NOW!



New Listing - Seaford
 MIGHTY NICE at this price - a one floor well-arranged 3 bedroom home with attached 2-car carport, 19' paneled family game room, pleasant eat-in kitchen with Corning top range, refrigerator, and dishwasher. This 6 year old ranch is located near Seaford schools in nice suburban location.



Laurel
 STOP LOOKING-we have it. 3 bedrooms plus 2 unfinished rooms on second floor. 2 full baths. ALL appliances, custom cabinets, lovely hardwood floors, central air, oversized 2-car heated garage. Located on lovely 200' landscaped lot.



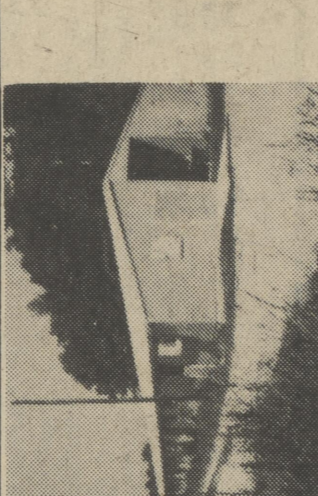
New Listing - Atlanta Estates
 DON'T SQUEEZE YOUR FAMILY SPACE. check this one out. Lovely 2-story frame home located on large landscaped lot. Aluminum siding and brick exterior, 4 bedrooms, 2 1/2 baths, family-living room with double fireplace, and mud room, plus 2-car garage. This home offers 2400 + sq. ft. of living space.



Chicken Layer Farm
 First class layer farm operation provides all modern conveniences for the grower. Reap the benefits of your own business and make an excellent income while working from your own home PLUS maintenance-free 3 bedroom alum. siding home in A-1 condition includes appliances.



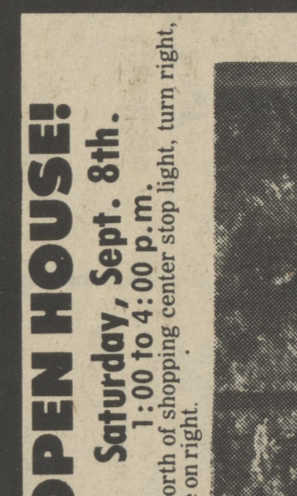
New Listing
 YOUNG AND CHEERFUL- lovely maintenance free ranch home. Features 3 bedrooms, 2 baths, over-sized garage with shop, new wall-wall carpet, den, separate utility room. Other extras are new antenna and lower split rail fencing on beautiful landscaped lot, plenty of storage space.



Waterfront
 CLASSIC BEAUTY- this 2-story Colonial home features 3 bedrooms, 2 1/2 baths, 18' X 23' family room with fireplace and sliding doors that feature a hardwood deck. In basement, kitchen with eating area, oak cabinets, double oven, range, and dishwasher plus central air.

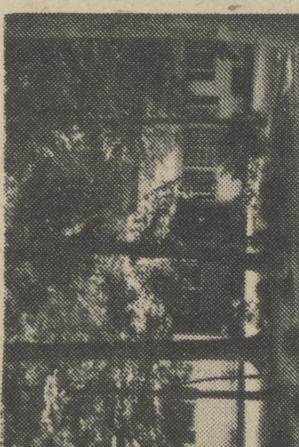


Snug Harbor
 A SHOW PLACE- this stone and aluminum siding "Gold Medalion" home offers a full finished basement w/ stone bar, 3-4 bedrooms, 2 1/2 baths, dbl. garage, large den with fireplace, bulk-headed dock, carpet over oak floors, plus the extras the owners are leaving.



OPEN HOUSE!
 Saturday, Sept. 8th.
 1:00 To 4:00 p.m.

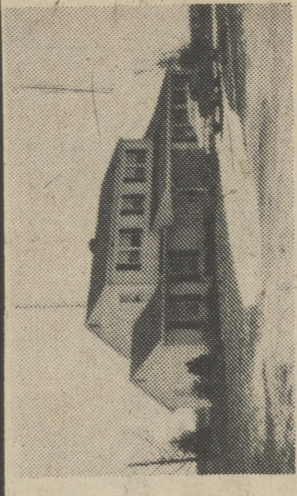
2 miles north of shopping center stop light, turn right, 3rd house on right.



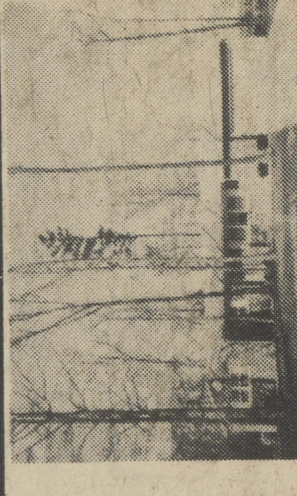
HERE IT IS - Just out-of-town AND within walking distance to the shopping center. With a gracious flagstone entrance, formal living and dining rooms, eat-in kitchen with adjoining fireplace den, four bedrooms, 1 1/2 baths, PLUS dry basement, you must see to appreciate. The nicely landscaped lot and maintenance free exterior are but a few of the amenities.



Your Hostess
 Eleanor Hickey



Heritage Village
 CHARM GLORE in this SPACIOUS 4 bedroom, 2 1/2 bath home offering 2400 sq. ft. of living space. Aluminum siding exterior, circular drive enhances this desirable home. Dream kitchen with separate utility room plus a second den with fireplace.



Ricland Heights
 HOME OF PLENTY- lovely all brick home features 3 bedrooms, 2 baths. Extras include fireplace, intercom, family-dining area, separate utility room, plus double garage and storage building. Located 1 mi. from Shopping Center on large tree-shaded lot.

Bathtub Accidents Injure 71,000

The Consumer Product Safety Commission estimates that some 71,000 injuries requiring hospital emergency room treatment were suffered in the bathtub and shower areas of American homes in 1977.

The total number of such injuries each year, treated in emergency rooms and elsewhere, is estimated at over 150,000.

Injuries associated with bathtubs and showers generally result from slips and falls, scalds, and electric shock.

Drownings and electrocutions also occur. In 1976, 360 accidental deaths that specifically implicated bathtubs and showers were reported to the commission.

Bathtubs and showers are products for which the perception of danger is low and children and the elderly are particularly vulnerable to the risks of injury.

Children under the age of five are victims of about 20 percent of these injuries.

The most common injury, according to CPSC reports, occurs when a person is getting out of a tub or shower. This contributes to more than a third of the injuries overall.

At present, there are approximately 100 million bathtubs and showers in use in the United States.

The commission believes that almost all of these could be made safer if consumers are made aware of the problems and motivated to take the necessary corrective actions.

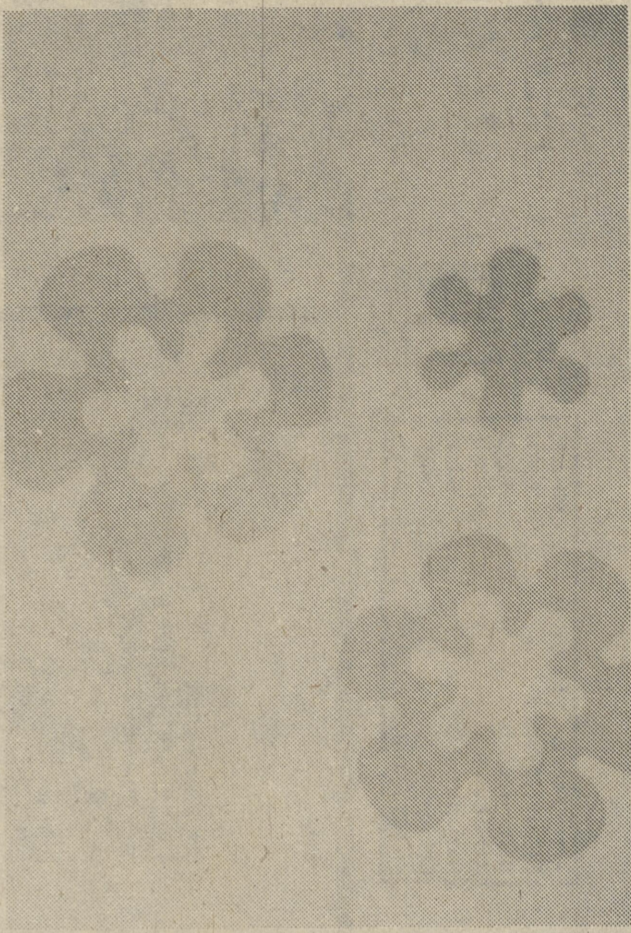
CPSC has these suggestions for general safety in bath and shower areas:

- Never leave children unattended in the bath.
 - Do not permit children to horseplay or roughhouse in the bathroom.
 - If your bathtub does not already have a slip-resistant surface, use bath mats with slip-resistant backing or special slip-resistant adhesive strip applied to the bathtub or shower bottom.
 - Grab bars properly designed and installed are effective in reducing tub slips, particularly while raising up or sitting down in the tub or while entering or leaving the tub.
 - Always check the water temperature before entering a shower stall or bathtub, especially when children are involved.
 - Avoid using unnecessary electrical appliances in the bathroom (radios, sunlamps, etc.) If you must use an electrical appliance in the bathroom (electric toothbrush, razor, hair dryer) never touch the appliance while standing on wet or damp surface or while in contact with plumbing.
 - The National Electrical Code now requires the use of a device in bath areas which cuts off the electrical current when grounded to prevent electrocutions.
 - A cost savings way to reduce the hazards of burns from hot water is to turn down the water heater thermostat to the lowest setting which would accommodate your hot water needs.
- The American Society for Testing

and Materials (ASTM) has developed four product standards affecting four areas of safety control: the slip resistance of bathing surfaces; the installation and use of grab bars; anti-scald devices; and thermal shock prevention devices.

The CPSC staff monitored and participated in the development of these voluntary standards and the

Non-skid bathtub decorations can help reduce the hazards of falls in the bathroom. More than 71,000 people are injured each year in accidents in the bathroom. Photo by Ronald MacArthur.

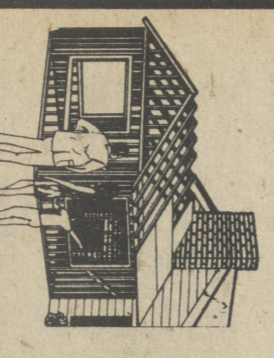


commission has decided to review the requirement for slip-resistant surfaces for bathing areas.

A slip-resistant tub or shower surface can help prevent up to 40 percent of the tub and shower injuries.

This safety feature, it is believed, would appear to have the greatest potential, among all the strategies considered, for injury reduction.

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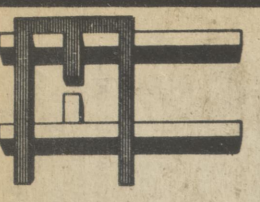
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Save Money—

(continued from page 3)

over crawl spaces, cold basements, and garages.

If the base of a house is exposed, as in the case of a mobile home, build a "skirt" around it.

Install louvered panels or wind-powered roof ventilators rather than motor-driven fans to ventilate the attic. Only use a motor-driven fan if it can be used for whole-house ventilating during cool periods.

Consider solar heat gain when you plan your window locations.

In cool climates, install fewer windows in the north wall because there's little solar heat gain there in winter.

In warm climates, put the largest number of windows in the north and east walls to reduce heating from the sun.

Install windows you can open so you can use natural or fan-forced ventilation in moderate weather.

Use double-pane glass throughout the house. Windows with double-pane heat-reflecting or heat-absorbing glass provide additional energy savings, especially in south and west exposures. Place your refrigerator in the coolest part of the kitchen, well away from the range and oven.

Install the water heater as close as possible to areas of major use to minimize heat loss through the pipes. If you live in a warm climate,

remember that light-colored roofing can help keep houses cooler.

When Buying a Home...

Consider all the ideas mentioned for building a house. Ask for a description of the insulation and data on the efficiency of space heating, air-conditioning, and water heating plants, or have an independent engineer advise you about the efficiency of the equipment.

Ask to see the utility bills from the previous year but remember to adjust them for current utility rates.

Even some new houses don't have insulation in the exterior walls. Be sure to check.

Consider the need for additional insulation or replacement of equipment. If improvements are necessary, you may want to seek an adjustment in the purchase price to cover all, or a reasonable share, of the costs.

Next: Yard and workshop energy savers.

Property Assessed

WASHINGTON, D.C. - The gross assessed value of property subject to local property taxes in the United States now totals \$1.5 trillion, according to a report released by the Bureau of the Census, U.S. Department of Commerce.

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SALE

Nylon Capital Shopping Center 629-4515 856-7144 846-9564

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325 N. Dual Highway



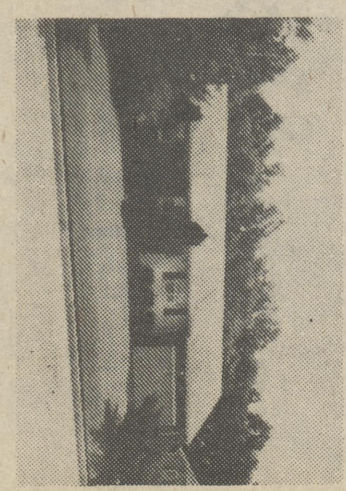
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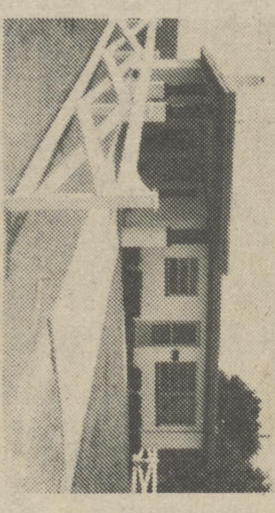


REALTORS



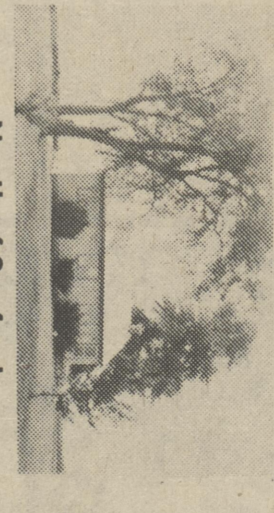
New Listing

Immaculate three bedroom ranch in Laurel with all the convenience of town. Attached garage, full basement and landscaping that is superb. Small stream runs through property to make it your own one-of-a-kind home. Mifflin L 1355.



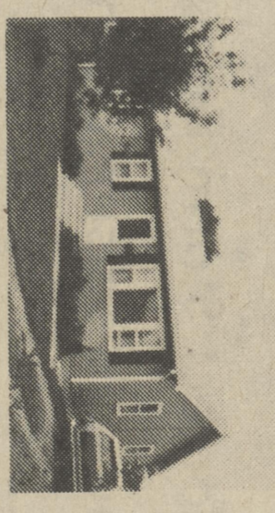
Westview

Three bedroom ranch home in convenient town location. Lovely hardwood floors, carpet and storage shed. \$33,600. S-1386.



North of Seaford

Three bedroom ranch just north of Seaford ideal for young couple starting out! Central air, hardwood floors and nearly an acre of land in a quiet country spot. Don't miss this opportunity. \$32,000. S-1384.



New Listing

Like new three bedroom rancher complete with an above ground pool and fenced-in rear yard for mom and the kids. Close to schools, shopping, club and the Du Pont plant. \$34,900. S-1385.



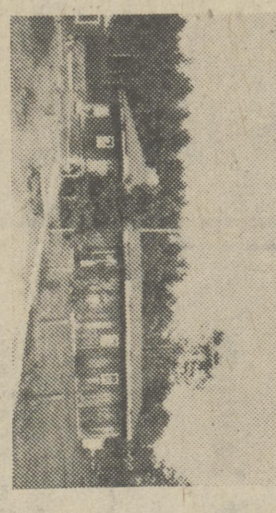
New Listing

FOUR BEDROOM COLONIAL on beautiful North Shore Drive. Large formal dining room, living room with fireplace and two and a half baths... all in tasteful Williamsburg colors. Many holly trees add to the natural beauty of the wooded lot. Priced to sell in mid-70's. S-1389.



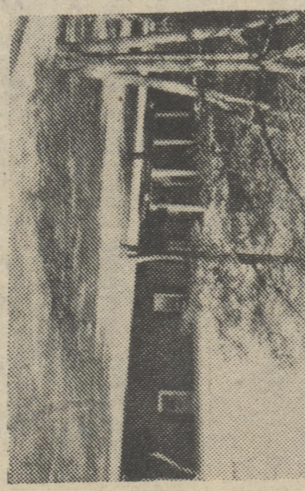
Near Middleford

Looking for some acreage? Four bedroom Cape Cod home in very good condition located on 4+ acres of land. Partial basement, two baths detached garage, hot water heat. Mid-1980s. M-1262.



New Listing!

Most unusual home to the point of being unique! Fabulous kitchen, raised dining area, hexagonal fireplace on an extremely heavy concrete base. Detached building heavily tiled and all on 1.72 acres ZONED COMMERCIAL. S-1384.



North Shores

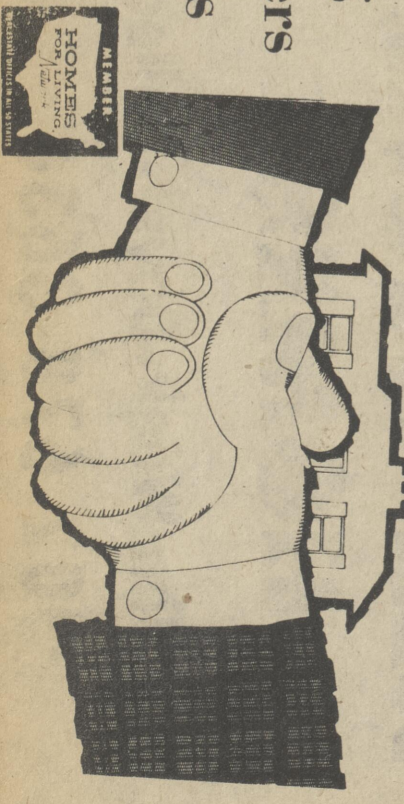
Modern ranch home in one of Seaford's finest residential areas! Four bedrooms, finished basement, central air and two car garage. High-Eighites. S-1299.



Spacious Ranch On Two Acres

Luxurious master bedroom suite and a very tasteful decor throughout! Formal dining room, spacious and well equipped kitchen, double garage - all located in a very good suburban location! S-1290.

"We bring Home Buyers and Sellers together!"

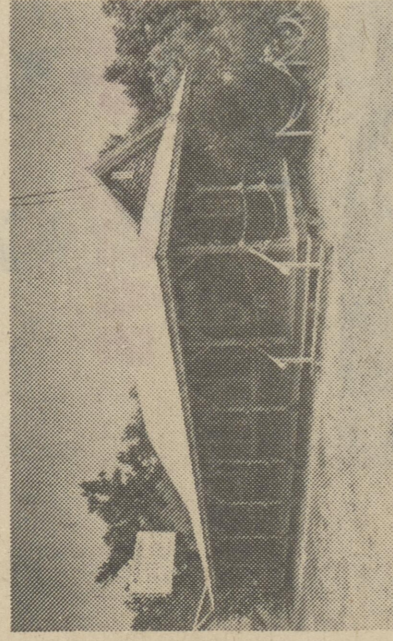


REAL ESTATE

AUCTION

Saturday, Sept. 29 at 11:00 a.m.

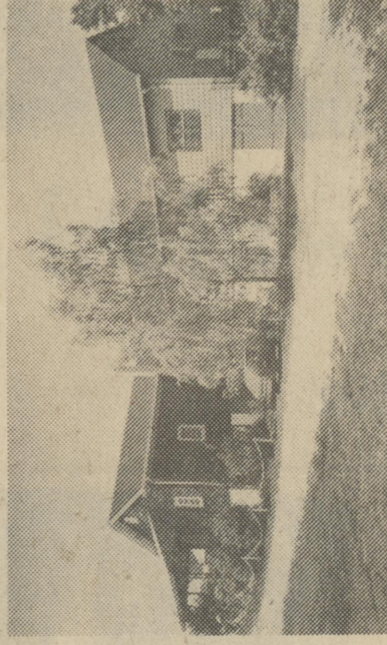
5,200 square foot commercial building on U.S. Rt. 13 South of Seaford, Delaware



The front of this building has a unique eye-catching appearance. The custom-designed salt treated 1000 square foot porch could be enclosed in glass or left open to display your wares.

- 1 1/2 acres M/L
- Deluxe apartment
- Built-in antique fixtures
- Salt-treated porch
- 165' highway frontage
- New well & pump
- Fisher wood stove
- Seaford School District
- Separate electric & fuel hookups for apt.

- Large fan in attic
- Well insulated
- Property taxes \$208/yr.
- No sales tax in Delaware
- Low maintenance building
- Plenty of parking
- Ideal home/business combo
- Growing commercial area



A three bedroom deluxe apartment at the rear of the building is currently rented for \$250 per month net. There are electrical hookups for mobile homes in the woods at the rear of this property.

AREA DATA: Property is located two miles south of Seaford on U.S. Rt. 13, the main north-south artery running from Norfolk to Wilmington. The retail trade zone of Seaford houses approximately 20,000 people. Seaford's major industrial firm is E.I. du Pont de Nemours & Co. which employs about 3,200 people.

OPEN HOUSE
 Sunday, September 16th
 2-4 p.m.
 Wednesday, September 19th
 5-7 p.m.

TERMS OF SALE: 10% deposit in the form of a personal check on the day of the sale with the balance to be paid within 60 days when a clear and marketable title will be delivered. Sale is subject to owners confirmation within 24 hours.

For information call: **Donald F. Moore, Associates**

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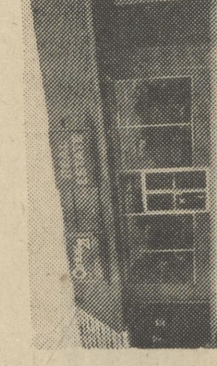
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Nylon Capital Shopping Center Seaford, Delaware



629-5575

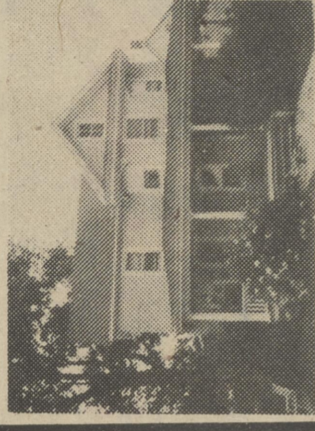
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REDUCED

Laurel L-324

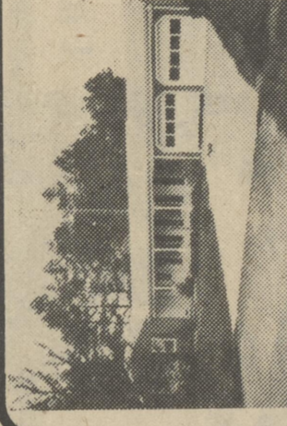
Very stately 4 bedroom, 2 bath home, in excellent condition. Plenty of space for large family. New roof and hot water heater all for \$27,900.



New Listing - S-349

Branchview Development

Outstanding 3 yr. old ranch situated on large lot. This house includes washer/dryer, refrigerator, range, all w/w carpeting and heat pump, and central air. Total utilities for past 12 months only \$68.70. Call soon - this one won't wait.



S-281

Heritage Village - Seaford

Like new 4 bedroom home, large family room with fireplace, full basement with fireproof, screened porch, central air conditioning plus many more extras. Don't wait on this one. \$69,900.



**New Listing
 Laurel-Sharpstown Rd.
 L-359**

Spacious 3 BR, 2-story Colonial home, 1 1/2 baths, formal dining room, family room, complete with wet bar, den, large LR with fireplace, eat-in kitchen with most appliances, laundry room. Anchor fenced-in back yard & dog run. Washed well, new oil heater (HWBB), including 3 AC units. Excellent condition. Priced for quick sale.



G-362 New Listing

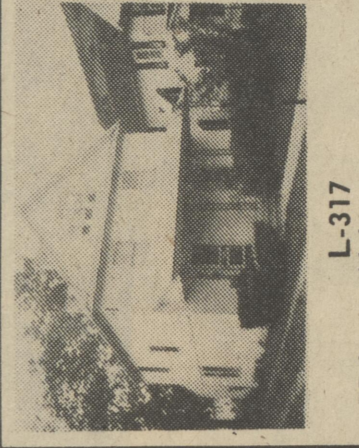
Excellent 2-story brick Colonial home in Georgetown. This home offers colonial design throughout with formal Dining Rm., Large LR, 2 baths, & 3 BR's. Completely maintained, free and beautifully landscaped. Out of town yet close to stores. Must be seen to appreciate.

"Outstanding Broiler Farm"



D-357

45,500 Capacity - Plus!!!
 Large heated workshop & garage - 4 Bay pole shed. Tractor with power take off & generator. 3 bedroom house, situated on 8 acres of well manicured property, located in Whitesville area for only \$85,000 with excellent cash income.



L-317

4 BR house with large rooms on nice residential street in Laurel, 10' x 20' screened back porch added in 1976. Established landscaping with Cherry & Crepe Myrtle tree in front yard. House well insulated and also has T.T. storm windows & doors. New dishwasher included in list of utilities.

L-325

3 BR Cape Cod home across from North Laurel School. Ideal location for couples with young children. Low taxes and heating cost. Priced reasonable at \$22,000.

Farms And Land

H-352 - NEW LISTING - Harrington area - 29.9 acres 5 mi. south of Harrington Raceway - less than 3 mi. from Dual 13 with 544 ft. frontage on Cty. Rd. 439. This parcel of land is convenient to everything. Partially fenced with more than 1/8 acre pond, spring fed and fish. More than 16 acres of excellent tillable land, remainder of land in tall timber and good firewood. Ideal for horse farm, broiler farm or site for your new home. No restrictions, just good country living. Further details and inspection upon request.
B-184 - 25 acres with approx. 735 feet of highway frontage on U.S. 13 between Seaford and Bridgeville. Excellent tillable land suitable for commercial use.
L-337 - NEW LISTING - Building lot - cleared and landscaped on E. 6th St. in Laurel.

S-122 - Seaford-Laurel Highway - 6 1/2 acres of cleared tillable land with frontage on both 13A and County Road 488.
S-279 - Near Craigs Mill Pond - A lovely 1.29 acres m/v of fully wooded high land property with many beautiful dogwood trees throughout. This is restricted for residential only - Frontage on Road 556 of 193.41. Superb location for an executive home.
B-245 - 24.66 acres of fully wooded, development or private property with excellent drainage. Road frontage approx. 1,785.49 ft. This land has good soil conditions which could be reasonably cleared for farmland. Located on Cty. Rds. 42 and 592 east of Bridgeville, Del., extending to the north of Collins Pond.
G-363 - NEW LISTING - 114 acres of fully wooded land with excellent drainage. Rd. frontage approx. 1250 ft. on each side of Cty. Rd. 315. Suitable for Housing Development located near the Sussex County Industrial Park, Georgetown, Del.

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**STOREWIDE SALE
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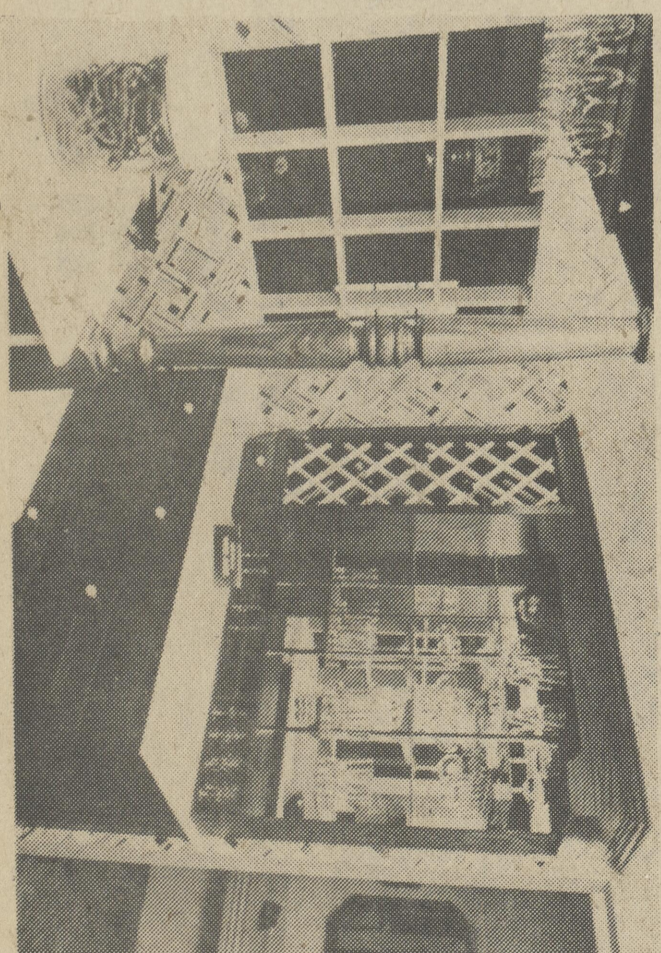
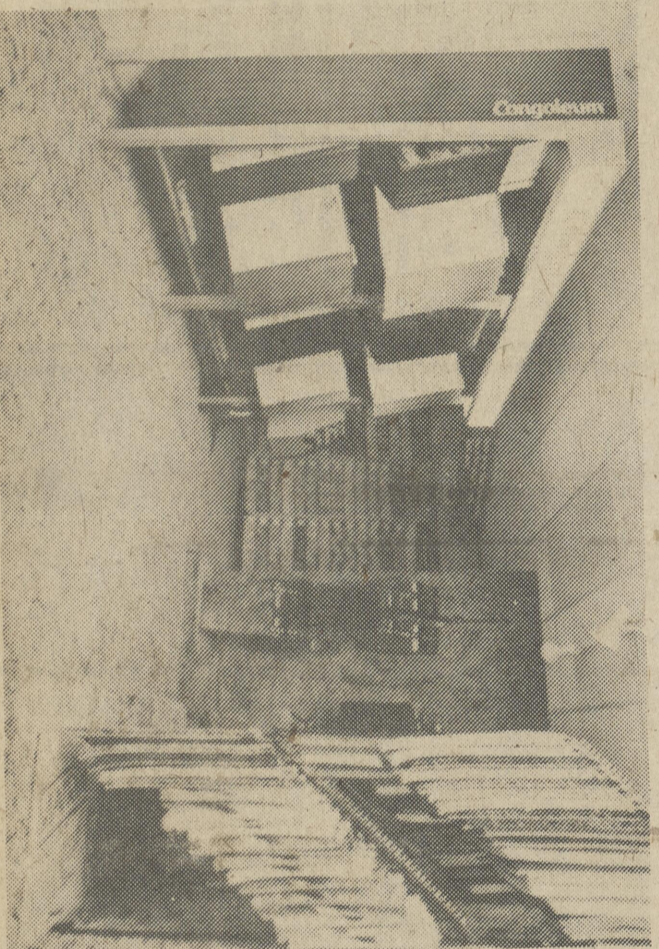
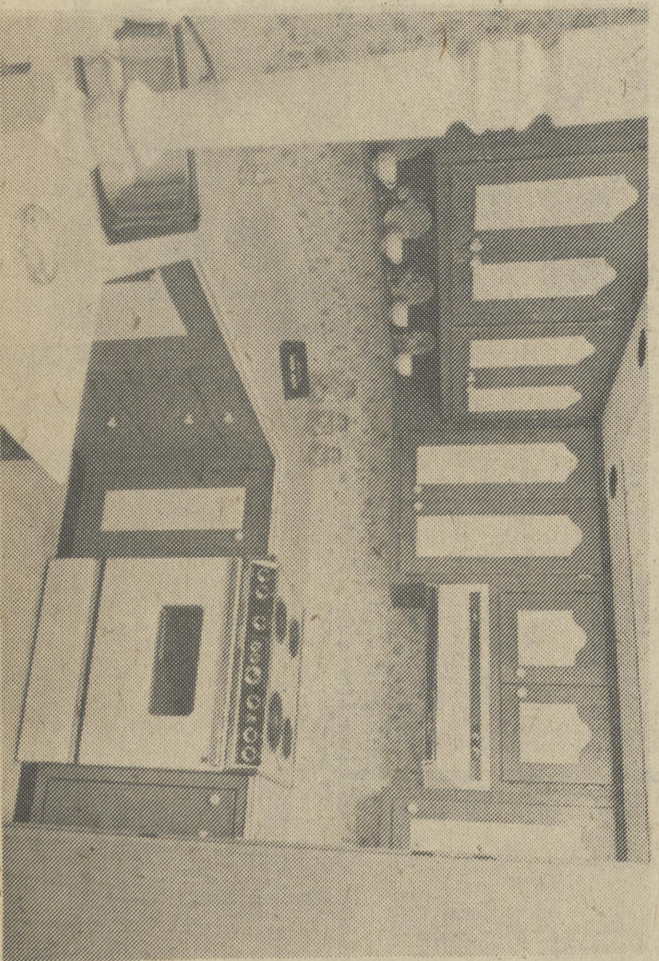
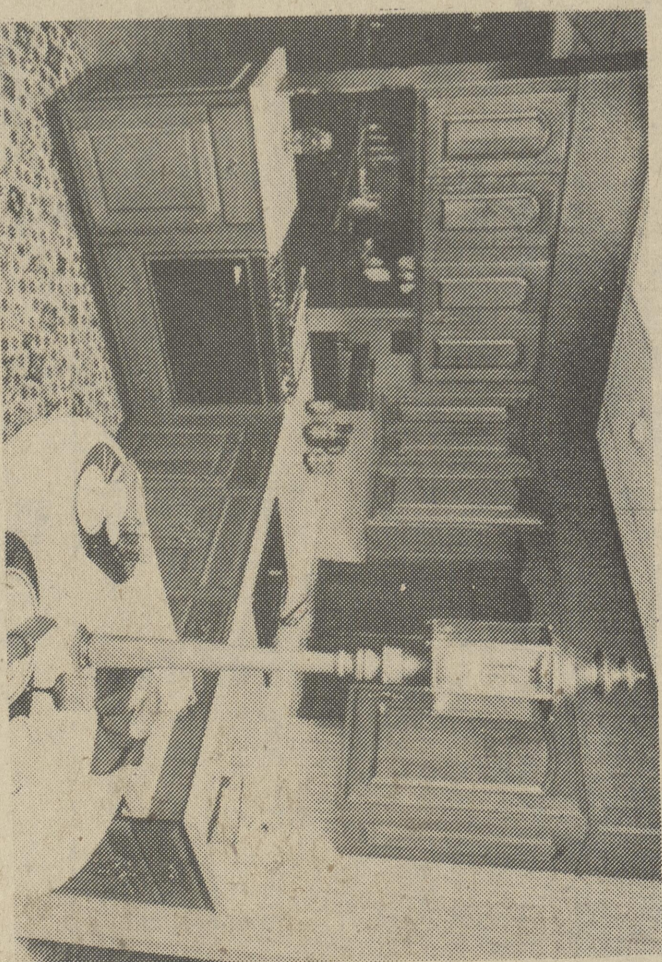
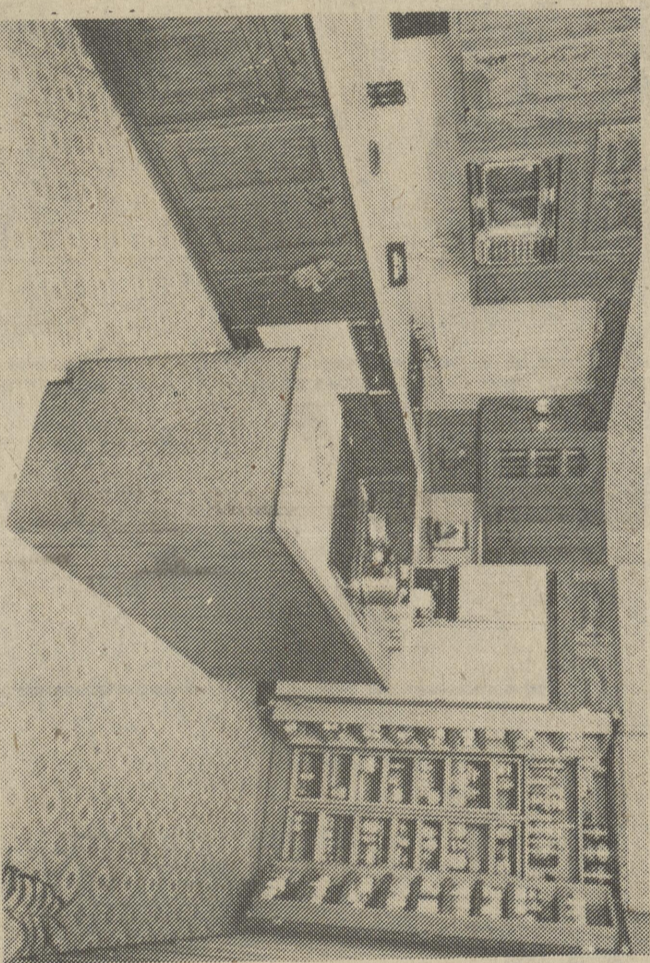
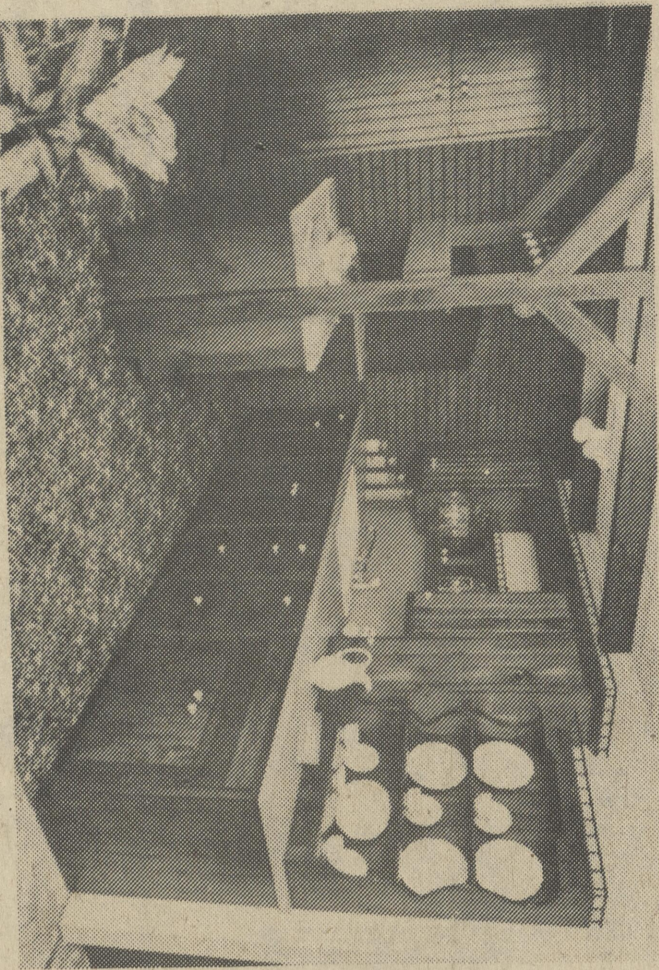
817 Norman Eskridge Hwy., Seaford, Del.

DATE Sept. 7th & 8th

TIME 9 a.m. - 8 p.m. Both Days

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These Are Only A Few Of Our New Displays.

WEDNESDAY, SEPTEMBER 5, 1979
Volume One, Number Three

FRIENDS & NEIGHBORS

A Weekly Supplement To The Harrington Journal Newspaper



Shirley Warren, the Journal's Felton correspondent

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OVER THE BACK FENCE IN

Felton

If you have news for Shirley call 284-4313.

In a few days school starts and everyone is buying back to school supplies. Be sure to visit Carol's Gift Shoppe for your back to school specials.

I spent an enjoyable half hour one day last week at Doties sampling Stewart's sandwiches. She has a fine selection of sandwiches and pizza from the Stewart Sandwich Co.

Best Foot Forward For School Beginners

Starting kindergarten or first grade—especially for a child who hasn't gone to nursery school—is a tremendously important event. Feelings of fear and anxiety are bound to mingle with the usual excitement and elation about taking this giant step forward.

If there are older children in the family, the young child will have some knowledge of what to expect. But keep in mind that older brothers and sisters may tease the younger one by telling terrible (and tall) tales about how mean the teachers are, and so on. Most younger children recognize this kind of teasing for what it is, but it's wise for parents, nonetheless, to take some simple measures to prepare their sons and daughters for a smooth and successful school entry.

The following basic questions provide a good guide to whether or not a five-and-a-half, or even a six-year-old, is really ready for school. A "yes" answer to all questions means your child has acquired the minimum basics needed to start school safely and happily.

1. Can the child dress himself or herself and attend to toilet needs?
2. Does he or she understand and follow street-crossing and other safety rules?
3. Does the child speak clearly and can he or she give his full name and address?
4. Has the youngster had plenty of playtime with other children?
5. Can the boy or girl be away from home for hours without becoming upset and frightened?

To prepare your child well for the school experience, capitalize on his or her interest and excitement by visiting the school well before the term starts, with your youngster of course, so, at the very least, the place itself will not be totally strange on the first day. If the teachers are already at work, try to meet your child's teacher. Many schools help make it possible for parents and children to get acquainted before the first day of school.

Even if your youngster's going-to-school plans will not involve your everyday participation, go along the first day—unless you're sure your child doesn't need or want you to. If your youngster will be walking to school, at least most of the time,

ongoing contact between parent and teacher is not only in the child's best interest, it is almost always welcomed by the school if it's done in the spirit of friendly cooperation.

It's important that teachers realize that parents are eager to cooperate with them and to help them do their job successfully. Teachers do tend to pay more sympathetic attention to a child whose parents show a steady and friendly interest in what goes on in school.

Of course, there are no hard and fast rules for a happy and successful adjustment to school which apply to all children. Some boys and girls love school right from the beginning, accepting and welcoming its rules and challenges, responding to problems which may arise with self-confidence and relative poise. Other children are easily upset—by a teacher's frown, classroom that's difficult, or something that happens on the way to school.

After a few weeks, if your child seems to dislike school, especially if he or she was looking forward to it in the first place; if your child feels, or pretends to feel, sick in the morning, or looks for excuses not to go to school, do try to find out



take the walk with him or her a few times. Start a week or so before you both set off on the first day, so that your son or daughter will feel familiar and comfortable with the route. If your child will be traveling by bus, take that trip with him, not only the walk to the bus but the bus trip itself.

Once at school, it is reassuring, and even quite important, to a great many school beginners to know that their mothers are nearby or available. If your child feels that way, don't make him or her feel ashamed, and do stay around—perhaps in the parents' lounge at the school, or even across the street.

Some schools make it possible for first-graders, as well as kindergartners, to stay in school a half-day only. For many children who are not really ready to accept the structure of a full school day, this is a real blessing.

Whether your child is on a half-day or full-day session, you cannot expect the teacher to have much special understanding of any single child and his or her weaknesses and strengths, at least for the first few weeks. It is important for you, therefore, to be especially available to your child at the end of the school day, to talk about what's happened there, to discuss the youngster's feelings, progress, problems, concerns.

As the term goes on, take advantage of regularly scheduled parent-teacher conferences to talk about your child's work and feelings, and do feel free to request a special meeting with the teacher if you think your child is uneasy, frightened, or unhappy. Continuing

as soon as possible the reason for these very painful emotions. Don't assume that there's something wrong with your child; he or she may just be sensitive, and perhaps a little emotionally insecure, as all of us are at times. Most often, patience and reassurance will be all your youngster needs to conquer his worry, fear, or dislike of school.

Sometimes, however, a five-and-a-half or even a nearly six-year-old is just not emotionally mature enough to go to school; this can happen to the brightest of children. If this is how your youngster feels, wait until the next semester and re-enroll your child then. There's no need to fear that he or she won't catch up. A child who is emotionally ready and eager to go to school can learn early school lessons very quickly. But keeping a youngster in school who cannot yet adjust to it well can only damage his capacity to learn now and later on.

With sensible preparation and encouragement, starting school is mainly a happy and exciting event for boys and girls—one which marks the start of the youngsters' first successful encounters on their own in the outside world.

Some more hints from Shirley Warren

Sewing Tips:

To turn a corner in pockets, etc. start by having the fabric seam wrong side out. Inserting your index finger into the corner between the two layers of fabric, with the underside of your finger turned toward you. Turn down one seam allowance, top seam, toward you along stitching line. Hold in place with your thumb. Now turn the other seam allowance, side seam, toward you along the stitching line. Hold the top where both seams overlap. Holding seam allowance between thumb and index finger, turn the corner to the right side. The corner will be flat and smooth because you have held the seam allowance in place on the inside.

They stay flat, instead of lumping or rolling, as they do if turned and then prodded into place with a pointed instrument.

If the fabric is a little bulky, you can eliminate some of the thickness by cutting one layer of fabric away diagonally across the corner. Hold the trimmed layer toward you as you turn seam allowances at the corner. The above method may (also) be used by those who sew for the home, on draperies, curtains, table clothes napkins, etc.

Tricks In Sewing Plaids There are many techniques in sewing that can make plaids look like what they're not. Suppose you are making a dress of a plaid that has equal amounts of black and blue. If you want the dress to look predominantly black, cut the dress with the black stripe running down the center front.

If you want the dress to look predominantly blue, make the blue stripe the center of your dress.

Greenwood

If you have news for Pat call 349-4255.

by Pat Hatfield

Report from Hickory Ridge Congregational Methodist Church: The Family Life Seminar was very good. We had a full and wonderful weekend. Those that missed it, missed a real blessing.

Sacy Everline has left for college, Washington, D.C. As her church family, let us keep her in our prayers.

The Covered Dish supper will be changed from Saturday to Sunday, September 2. The supper will follow the morning service and alter the supper at 2:30 we will have Brother Jerry's Ordination Service. Brother Jerry is praising the Lord for this day and would like to have you all come and join in the service.

Remember the sick, Silvia Meredith, Earl Warrington, Mrs. Sterling, Sally Breeding and Mr. Smith (Viola Smith's husband), all in Milford Hospital, also Alice King. Later Swift, Walter Mills.

Don't forget the Greenwood United Methodist Charge's Auction and Festival to be held Saturday, September 8. You all come.

Items donated for the auction sale will be picked up by calling James Anthony 349-4826; Leonard Chaffinch 337-7612; Howard Speicher 337-8451; Lawrence Cannon 337-7620; Carl Peters 349-4233; Ralph Milbourne 349-4226.

There will be games, fancy work, baked goods, ice cream, hot dogs, hamburgers, pies, ice cream, etc.

The proceeds will go for the benefit of the three church, Todd's, Epworth and Greenwood.

Mrs. Flora Snyder is reported improving at this time and also Mrs. Arthur Laughery and Jake Hatfield.

Mr. & Mrs. Allen Whitecock spent Saturday with her parents, Mr. & Mrs. Roger Shockley of Delmar and were their dinner guests on Saturday evening at the Port-A-Call restaurant. On Sunday, Mr. & Mrs. Alvin Willey and Miss Emma Willey took a trip over on the Lewes-Cape May ferry and enjoyed dinner at the Market Restaurant in Vineland, NJ.

The following report was given to us by Mrs. Jory at the Senior Citizens Cheer group, Monday, September 10, Bible Study with Jerry Marando at 11:15.

Tuesday, September 11 a 30 minute film will be presented by the telephone co. Wednesday, September 12 a members meeting after lunch. All members try to be present. Thursday, September 13 - Country picnic at Trap Pond.

Our Director, Mrs. Evelyn Doughlen, has been on a week's vacation, also our Bus Driver, Mrs. Marge Farrell.

On August 26, Mr. & Mrs. Ronald W. Hurst and children, Chrissy and Ronnie entertained Ron's family for dinner in honor of Mrs. Mary Hurst's

birthday. Helping to celebrate Ron's mother's birthday were Mr. & Mrs. John A. Schable III, John IV and Kevin of Oxford, PA, Mr. & Mrs. John A. Schable, Jr., from Claymont, Mr. & Mrs. James Schable and Joshua of Newark, Mr. & Mrs. James Hurst and Kelly of Ellendale, and Mr. & Mrs. Kenneth C. Hurst and Kevin of Cambridge, MD.

A covered dish dinner was served followed by a beautiful cake decorated by Kelly Hurst and homemade ice cream.

Mrs. Hurst also received a surprise phone call from her granddaughter, Judy from Jacksonville Beach, Florida and a call from Mr. & Mrs. Kenneth A. Hurst and Anita from Cambridge, MD who were unable to attend.

Mr. & Mrs. Marvin Hurst will also be celebrating their 51st wedding anniversary this week.

Mrs. Arthur Laughery is recuperating at home after another stay in the hospital. Her daughter, Mrs. Ronald Case of Newark has been spending a few days with her. Mr. Case joined them over the weekend, and Mr. & Mrs. Jacob Hatfield were Saturday evening callers.

Mrs. Gary Bollinger and children and their house guest, Mrs. William Bollinger and daughter, Wendy, of Lewisburg, PA, Mrs. Jacob Hatfield, and Mrs. JoAnne Davis and children attended the Bird Show. "Alfie Cockatoo and his Comedy Macaws" at the Dover Mall on Thursday, and

Gabfest

by Pat Hatfield

Among the many interesting telephone calls that came to our desk this week was a request. This was not for rice pudding or tomatoe fritters or bread. Our reader is trying to locate a poem about Delaware which she once had and has lost. It was naturally written by a Delawarean native and she believes it was published in the Milford Chronicle somewhere in the period between 1920 and 1930 or thereabouts. I am wondering if the Milford Chronicle could check this for us in their archives.

Anyhow, maybe someone has it and will share. This is what she remembers of the poem.

"There's to good old Sussex County, Down in little Delaware I often say to Satory Jane, I'm glad we're living there. The country's kind of humble, stretching onward to the sea. It aint a stylish-looking place, nor

don't pretend to be;

There aint a mountain anywhere, a lifting up its head. There's only sand..... You get a watermelon, and you pick it in the morning. When the dew is nice and fresh.... You take it from your neighbor who has plenty for to spare In good old Sussex County, Down in little Delaware. That's all she remembers. Does anyone have this poem? I'd like it myself.

How are you all standing up under the hot humid days of dear old August? I find that if I don't fight it...just sit quietly and give up to it. I can manage with a tall, cold drink on the side. But any physical effort makes me feel that I simply can't breathe, let alone work. Someone has said that it helps to keep your mind on something other than the heat, but I do not know how to do this when the sweat is trickling down the side of my

spent the rest of the day shopping for school clothes.

Cheer Center News: Week August 20-24: Please remember Cheer Center will be closed on Labor Day, September 3.

Our bus trip to St. Michaels was very enjoyable even though it rained all day.

Get Well wishes are being sent to Flora Snyder in the Milford Hospital. Walter Mills is recuperating at home after a recent stay in the hospital.

Guests for the week were Helen Volkmar, Grace Kemp, Ann Horvath, Lydia and Liss Wolotower, and Beverly Johnson.

On September 4, Sgt. Sterling will present a protective program at the Center.

On September 5, Gladys Yeako will present Arts and Crafts for the day.

September 6, shopping day at Milford. Lunch at 11:30.

September 7 is Beach Day for Seniors at Rehoboth. Bowman's bus will leave the Center at 10:30 a.m. and return at 5:30. This is open to all Senior Citizens. Bus space available on a first come, first served basis. Call 349-5237 for further information. Special discount lunches and many arts and crafts. Jolly Trolley will be at the boardwalk for sight seeing tour of Rehoboth. The only cost is your lunch.

Come join us for this day at the beach.

As I write this, a man on television is advocating homes built under ground, showing samples and saying that they are cheap to operate and give maximum security. How do you feel about being a cave dweller? Would we decorate with clay and earth tones? Or compensate with brilliant yellows and reds? And your next-door neighbor might be a ground hog! We might not be troubled with flies and mosquitoes, though.

Your ad in this space will reach a lot of people!

FOR FURTHER INFORMATION CALL MYRA BRAUNE

398-3206

TODAY!

Friends & Neighbors

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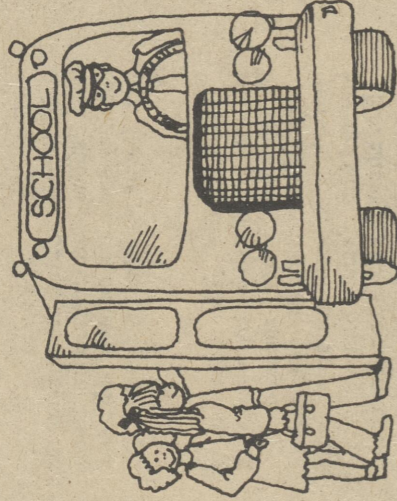
HOW TO BEAT THE BACK TO SCHOOL BLUES

Youngsters who have had a wonderful time enjoying the freedom that summer brings—at camp, on holidays with their parents, or just roaming around with their friends—are likely to be more or less uneasy about going back to school, elementary-age youngsters often even more than high-schoolers. And the reason is not that they don't want to work in a structured setting. On the contrary, young children, like the rest of us, need and welcome structure and accomplishment. Their uneasiness comes from not having had much experience at making the switch from freedom to routine, and feeling worried therefore that they won't be able to function well at school tasks. That they'll have forgotten what they learned last year. That the new teacher will be mean or won't like them.

You can help make this transition easier for your child—and yourself—by responding to the real cause of your child's anxiety, the youngster's fears about fitting himself or herself into a structured

school routine. So don't wait until the last day before school to start the child on his or her Fall-time habits and schedules. At least a week before school starts, set rules about such things as going-to-bed and getting-up times. Set standards, too, perhaps in a family council, in which everyone can say what he or she thinks is right about homework and when it is to be done (before TV, viewing takes place), and about how much television shall be viewed, and which programs will be permitted.

Standards should be set to determine how much time should be spent with friends, at parties, will sleep-overs be permitted during the week, and so on. Most important of all, rules for sharing household chores should be established—who shall do what and when. During summer schedules, housekeeping is usually more relaxed and everyone's chores may be quite different, less demanding than they are during the year. No matter what the circumstances of the family, or how full the child's day is, every child



Tending to all these matters in a friendly, but no-nonsense way, will provide the child with the framework he or she needs to adapt comfortably to the return to school and its more structured existence.

During this time, of course, the fun part of going back to school also takes place and helps to prepare the child for a happy re-entry. This part of school preparation for the child is of course, shopping—for shiny new school supplies, for new school clothing. And perhaps, too, for something school-connected and very special, say, a microscope for a child who's interested in science, an Atlas or globe for another youngster, an easel and new paints to sharpen a budding artist's interest in developing his or her talents—even a new ball or bat for the athlete in the family.

With advance planning and encouragement, going back to school for most children should— and really, does—mean getting back into the swing of real, active and exciting life.

should be responsible for certain regular household tasks and family chores. There is probably no measure which is more important to a youngster's developing sense of self-confidence and responsibility than having to pull his or her weight in maintaining the smooth functioning of the family and household. You'll want to decide, too, before school, what allowance you are going to set for the coming year. Should the child's care and school expenses come out of his allowance, and if so, how much should reasonably be anticipated?

Local Interest

by Betty Reidten

Monica LeBlanc has returned home after a week's vacation with her grandmother, Silka LeBlanc of St. Martinville, La.

Ruth LeBlanc and Doug Rea spent last weekend in Richmond, Virginia, visiting Doug's family and to pick up Teresa and Earl Rea from a week's vacation with their uncle.

Amanda Aycoth has returned home after a trip to England to visit her grandmother.

Wendy Aycoth and family are in Rehoboth Beach last week.

Mr. and Mrs. Ernest Koland, Sr. are sporting a beautiful new motorcycle around town. It sure is a beauty.

The first meeting of the year for the Lake Forest Band Boosters got under way on Monday, August 27, with the new president, Eleanor Homewood. After welcoming new members and introducing the new board of Officers, the organization got busy discussing and planning the fund raising events for the fall months. Starting September 5, the Lake Forest High School Band will start their magazine sales. In October, both bands will participate in the annual Bike-a-Thon, in November, there will be the annual

Thanksgiving dinner raffle, in the month of December, the Boosters will have the first of their two sub sales which is an annual event that has been held for the past five years.

The Lake Forest Band Booster Organization represents both bands in the school district and is open to all parents and anyone else interested in the bands and their progress. The bands are bigger and better this year with over 270 students participating. Band Directors and students are looking forward to an exciting year performing for the pleasure of their parents and the public. With the larger participation of band students this year, the responsibility of Band Boosters also becomes larger. Please try to help our Band students with their fund raising activities and if you would like to join the Boosters' 'Band Wagon', the meetings are the fourth Monday of each month.

Mrs. Mildred Wagner is a patient in Milford Memorial Hospital this week following surgery. She is in room 271 if you would like to send a card or call to chat.

If you have any news of local interest that you would like to have put in the Harrington Journal, please give me a call at 398-4102 or drop me a line at 125 Wolcott.



Congressman Tom Evans, Delaware's member of the House of Representatives and Honorary Chairman of the 1979 Halloween Candy Champion for the Kidney Foundation of Delaware, holds one of 24,000 candy containers which will be distributed by volunteers to raise funds during September and October. Looking on are Kathleen and Leonard J. Farmer of Wilmington, co-chairman of the state-wide fund drive.

A-ROUND AND A-BOUT IN Frederica

by Mary "Toby" Johnston

If you have news for Toby call 335-5487.

Mrs. Robin Williams of Smyrna was a luncheon guest of Mr. and Mrs. Rawlins Scotten on Wednesday.

The Frederica United Methodist Trinity Church was beautifully decorated with salmon colored gladiolus and white carnations, Saturday, August 25, 1979 at 2 p.m. for the wedding of Ms. Margaret Staub of Bowers, DE and Mr. Alfred Boone of Harrington, DE.

The Rev. Nelson Benjamin officiated the double ring ceremony. The wedding music was provided by Mrs. Elneta Harrington, organist and Mr. William Curtis soloist. He sang You Light Up My Life, I Love You Truly, and The Lords Prayer.

The bride is the daughter of Mr. and Mrs. Jack Hawkins of Westminster, MD.

The bridegroom is the son of Mrs. Lillian Boone of Harrington, DE, and the late Mr. Freddie Lee Boone.

Given in marriage and escorted to the Alter by her brother, Mr. Joel Hawkins of Westminster, MD.

The bride wore a green and yellow floral gown of acetate with a matching capelet. She carried a nosegay of green tinted carnations with green

satin streamers.

The Maid of Honor, the brides daughter, Mrs. Michael Gosch of Bowers, wore an Aqua gown of polyester with a floral capelet and a corsage of aqua tinted carnations.

Her bridesmaid and daughter, Shirley Staub wore a multi colored long A-line skirt with a beige tunic and a corsage of red tinted carnations.

Best Man was Mr. James Treadway of High Point, Frederica. Ushers were Matthew Staub, John Bolan and Michael Gosch all of Bowers.

A reception followed the ceremony in the Fellowship Hall, served by the Frederica United Methodist Trinity Ladies.

The couple will reside in Bowers, DE.

Games, swimming and plenty of food and drinks were enjoyed by the Frederica Fire Co. and its Ladies Auxiliary, family and friends Sunday, August 26 at Killens Pond. The Firemen and Scout Leaders of Troop 103 of Dover had some real fun at Volley Ball. Ragers brought their Tandem and others bicycles for riding

Hospital for further tests on Monday. Mr. Robert Keen coordinator for the Heritage Day Association, of DE spoke to the committee for Frederica Day, September 22, in the Town Hall, Monday evening. The next will be Thursday, September 13, 8 p.m. in the Town Hall.

The Kent and Sussex Zipper Club will meet Tuesday, September 18, 1979 at 7:45 p.m. in the Conference Room of Milford Memorial Hospital, Milford, DE. Dr. Richard Sherman, Cardiologist of Milford will be the guest speaker.

Mrs. Mary Purnell and the John Pasily family of Magnolia spent Tuesday in Rehoboth and was caught in that terrible storm. However, they had enjoyed the stores, playground, and beach before the storm hit.

Mary Johnston will be attending the Stanley Homes Products convention in St. Louis, MO. next week.



The world fish catch per capita has dropped about 11 percent since 1970.

Thinking About Printing?

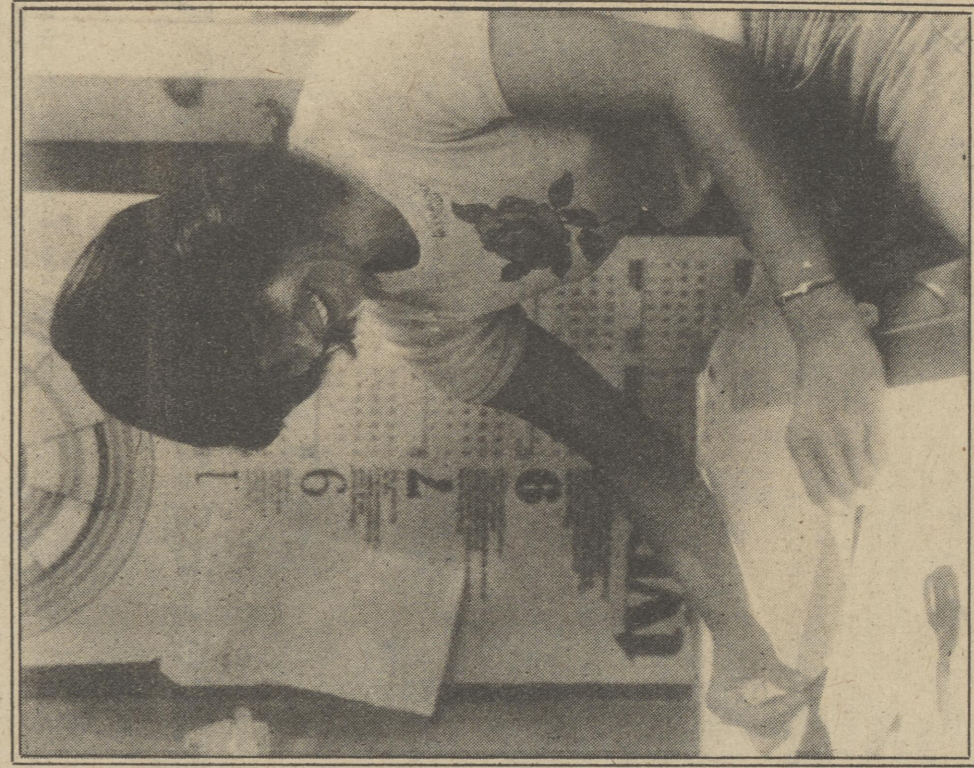
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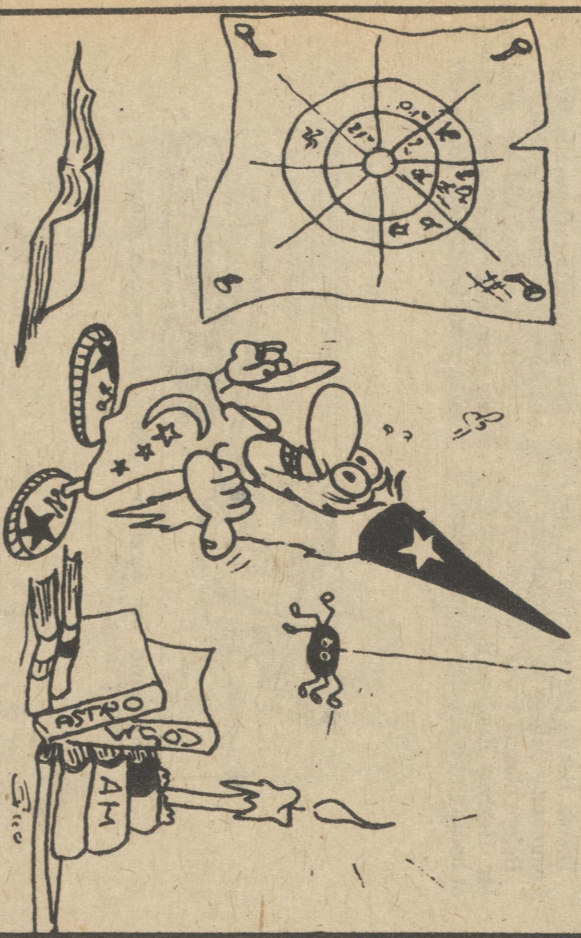


Linda Niehorster

Recipe Corner

No more mealtime monotony when you serve chicken often in a variety of new and winning ways. The high protein, low fat meat combines with almost any food ingredient to produce exciting fare.

Tonight would be a good time to try Seeshuan Chicken, a dish boasting an oriental flavor, or Williamsburg Creole Chicken, a winner hitting a bit of New Orleans and old Williamsburg. Perhaps your choice would be



Your Horoscope.... by Nina Locardi

Aries - Your attention should be on work and related matters now. Stick with what is known!

Taurus - Emphasis is on matters of love and speculation. Let your feelings be known. Circulate your ideas.

Gemini - Channel energies into producing more creativity in your job environment. You may start a new cycle of activity!

Cancer - News from neighbors and kin may prove rather interesting! Do not be afraid to let your talents shine for others to see!

Leo - Finances are benefited by getting your house and budget in good order. Ignore negative trends around you!

Virgo - Feelings of loss are quite temporary! Use your leadership abilities to start projects that are close to your heart.

Libra - The pace may seem slow, but your efforts to clear out deadwood will pay off. Avoid feelings of negativity!

Scorpio - Listen for information that you can definitely put to use! You may be on your way at last!

Sagittarius - Career ambitions can be furthered if you can avoid being too aggressive. Plan your steps carefully.

Capricorn - Decide what is most important and stick with it! Travel and educational opportunities may be on your agenda.

Aquarius - Careful of becoming financially involved with some so-called friends! Influential persons stand ready to assist.

Pisces - Keep worthwhile relationships strong! Heed the advice of

Andrewville

If you have news for Mary Ann call 398-3208.

By Mary Anna Lane

With the season of the Andrewville Ruritan Softball League closed for this year, the members of the Ruritan would like to thank everyone for the patronage given to the games. For the Ice Cream Festival, the members wish to thank those who donated cakes, those who donated time in helping and a special thanks for the turn out even through the afternoon and evening was not the best weather wise.

The annual Ruritan picnic was held on Sunday afternoon at the home of Mr. and Mrs. Ronald Collison.

Miss Melinda Larimore spent last week at Rehoboth with relatives.

Mr. and Mrs. Ronald Wright and sons spent several days last week in Gettysburg, Pennsylvania.

Mr. and Mrs. Harold Raleigh of Jacksonville, Florida are visiting relatives in the area.

On Sunday many relatives and friends attended the 50th wedding anniversary of Mr. and Mrs. Watson Baker, held in the Burrowsville Ruritan Building. It was given by the children and their family.

Miss Martha Butler spent several weeks recently in Baltimore with relatives.

Several families of the community attended the wedding of Denise Gygyrunk and George B. Lankford, Jr. in the Holy Cross Catholic Church, Dover, Saturday morning.

Sympathy is extended to Faye, Roger, John, Karen and Kevin Butler and Barbara, Paul, Sheila, Mark and Paula O'Day on the loss of their

Houston

If you have news for Margaret call 422-4944.

By Margaret Thistlewood

Mr. and Mrs. Eugene Sharp and Mr. and Mrs. Robert Yerkles and son Robble spent several days last week vacationing in the Pennsylvania Dutch Country.

Mr. and Mrs. Joe Hamilton and daughter Sherry of East Durham, New York spent last weekend with Mr. and Mrs. Lawrence Boone and family. Sherry stayed and spent the week with her grandparents.

Mr. and Mrs. Carl Kane and children Kim and C.R. of Conestogo, PA spent last week with Mr. and Mrs. Charles Kane. Their grandchildren Todd Kane and Charles Kane are also visiting for several days.

Donald Marvel of East Hartford, Conn. spent several days last week with his parents, Mr. and Mrs. Charles Marvel.

Sympathy is extended to Mrs. Anna Hammond and sons in the death of her husband Clifford Hammond last Wednesday.

Rebekah Hallis is spending several weeks visiting her grandparents in South Acworth, New Hampshire.

Senior Centers

If you have news for Dorothy call 398-3780.

By Dorothy Graham

Bill Phillips gave a lecture on eyes Friday.

Artez was the order of the day, Friday morning to be exact, it was only a part of the days activities, ceramics, pool - movie by George Goodge and then a discussion on the movie on African Violets.

Saturday and Sunday was busy for several members. Dinner was enjoyed at different restaurants.

Men's were compared to home cooking. Home-made ice cream and cake was a treat for others. Goodness doesn't that conjure up lots of pleasant memories, family's getting together, socials and home dances. I remember it well!

Bible Study and singing helps us greet the week and our friends. Ceramics - folding books for Santas (\$15.00 a set) putting flowers by Anna Mae. Pool - heard someone say ("That's the way the pickle squirts")

That's one I can print, only kidding!

Band and two singing choruses. Just beautiful! Wish there was some way for you to hear them, they are too taping good.

There were orange, yellow, blue, green and all glittering with sequins, guess it would be nice to tell you what I am referring to - butterflies for your refrigerator.

Wednesday was Bingo day, happy as could be - Elizabeth Anthony

Senior Centers

If you have news for Dorothy call 398-3780.

By Dorothy Graham

Several were at the ceramic table also. T.V. programs are observed by certain ones each day.

Upper Room and Readers Digest in large print is along with the Harrington Journal in popularity.

Thursday was a most pleasant day - chicken for dinner, exercise with Charlotte and it is limbering up and fun to boot. Stop by, join us, promise your smile will be broader, but only your smile. 500 was part of Thursday afternoon's action. Local shopping and bowling, dominoes, pool and ceramics brought to this week to a close for the report on Senior Scenes.

Would like to extend a warm greeting to Reed and Ina Hughes. They were married 50 years, September 1. It is so gratifying to have them participate at the center. Ina tickles the keys of the piano and truly makes them talk.

Hope those of you who are ill will soon be better and able to be up and going. Best wishes to all home-bounds. Want to add Tony Perrone, Reed Hughes, Marlon Brown and William Butler to the list of volunteers. Thank All of You!

Special Hi to Emile & Alice in Churchill on their 50 years of marriage. They used to live here. Be kind to each other. Say, I liked my picture, it flattered me!

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Your sensitive stomach, news about pain

Your stomach literally never stops moving. It works constantly, maintaining a delicate chemical balance to digest and absorb food. When the stomach's chemical balance is upset in any way, you become uncomfortable. The three most common stomach problems are gastritis (inflammation of the stomach), heartburn and ulcers.

Gastritis occurs sometimes when you eat very spicy foods. Alcohol or smoking can also cause the irritation and inflammation of gastritis. While the stomach is usually blamed for heartburn, the condition really results when stomach acid flows up into and irritates the esophagus, the tube connecting the mouth to the stomach.

Another serious but relatively common stomach disorder is ulcers, which are raw, open sores in the stomach or intestinal lining.

The root of all three problems is the stomach's production of more than a quart of highly acidic liquid a day - stomach acid. Most of the time this is no problem, but certain factors can

Senior Centers

If you have news for Dorothy call 398-3780.

By Dorothy Graham

combine with stomach acid to create sensitive or upset stomach, and even ulcers.

Importantly, emotional stress and tension can cause heartburn. It's a good idea to try to avoid stressful situations around mealtime. Tension headaches and heartburn often go hand-in-hand.

Additionally, some medicines can irritate the stomach. Aspirin is a source of stomach upset because it can irritate the stomach's delicate lining.

If you are prone to stomach upset, but need medication for headache or other minor pain relief, be sure to read the ingredient list on the label. Many buffered and extra-ingredient medications contain aspirin, even though the product names don't tell you that.

Many doctors recommend acetoniphen (most commonly available as **TYLENOL**) for those with stomach sensitivities because it will not upset the stomach. It's equally effective as aspirin and is safe for both children and adults.

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Cosmetic surgery can help appearance

Physical appearance is our calling card. An attractive and pleasant appearance opens doors.

It is not merely vanity that prompts tens of thousands of Americans to turn to cosmetic surgery to seek improvement of physical appearance. The mental shock of "dumbo" ears can mark a boy for life, the American Medical Association points out.

The most common cosmetic surgical procedure is the rhinoplasty - the "nose job." The surgeon removes excess bone and cartilage to reduce the hump on a prominent nose. For proper facial harmony, chins are sometimes built up with bone or cartilage transplants in an operation called mentoplasty.

Hanging upper eyelids that give a look of fatigue and aging can be corrected by removing excess skin and fat. The operation is called blepharoplasty. Bags under the eyes are included in this procedure. The widely known "face lift" is actually called rhytidoplasty. Incisions are

Cancer can be cured, early detection is the key

A cancer occurs when abnormal cells begin a wild, unrestrained growth in some part of the body. They may spread by infiltrating adjacent tissue by traveling through the circulatory and lymphatic systems to distant locations in the body, or by any combination of these. This growth and the spread of cancer cells will be fatal if not checked.

Your doctor treats cancer by surgery, by radiation to destroy the tumor, and special drug therapy. Often several of these treatments will be used. A few types of cancer, such as the leukemias, react quite well to hormones and newly discovered drugs.

The American Medical Association points out that one third of all cancers in the United States are being cured today. Cancers are most readily curable if they can be treated before they spread from their original locations. To be cured, cancers must be

found early and removed or destroyed before they have started to spread. Since two thirds of all cancers are on the surface of the body or close enough to the surface to be readily seen or felt, early detection often is possible.

Breast cancer is the leading cause of cancer deaths in American women. Lung cancer is a leading cause of death from cancer. Cancer of the larynx has persistent hoarseness as an early sign. Colon and rectal cancer will occur in more than 100,000 American men and women each year, and is the second highest cause of cancer deaths among women.

Cancers are curable if found and treated promptly. Early detection is largely the individual's own responsibility. It depends on an active interest in one's own health and a willingness to let the physician judge the importance of a danger signal.



Some people say putting a bay leaf in flour tins discourages weevils.