

The Harrington Journal



Wednesday, February 28, 1996 • 79th Year, Vol. 33

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Margaret Russ is shown here at work in the cafeteria of the Lake Forest South Elementary School. Photo by Carol Ann Porter

A Salute to Black History Month in America

The observance of Black History Month occurs during the month of February. It is a period that has been set aside for historical perspective, a frame of reference used to judge events and leaders and movements. It is a time set aside to give a clear view of yesterday, today and tomorrow in the lives of black Americans.

The Harrington Journal honors and acknowledges those fine men and

women who have been the courageous movers and shakers of this nation's past.

There are many black Americans in this area who emulate the spirit and tenacity of these great people, and they give us all the incentive to meet the great challenges of the future. One such black American that The Harrington Journal is honoring during this special month is Margaret Russ.

By Carol Ann Porter

She was raised in Harrington on the corner of East St. and the Fairgrounds Road. Her family believed in hard work and plenty of love, and Margaret Russ, 48, of Harrington, has lived by that rule most of her life.

She is a single mom with four sons, Charles, 26, Chad, 19, and twins, Jonathan and John, 14. Although Margaret is single, she still believes that her sons should have a relationship with their dad....and they do.

"I let them know that their father is there for them," said Margaret. "I think it's important for them to have a father figure in their life. There are no hard feelings between their father and me, and just because our relationship didn't work doesn't mean that theirs doesn't have to," she said.

Margaret's parents, Ward and Margaret Russ, are both deceased. But they left a legacy behind that Margaret and her three sisters will never forget.

Their father worked for the railroad, and their mother was a cook. It was very important that the girls get their education and eventually graduate.

She recalls growing up in Harrington as a fun time. "We may have been poor, but I didn't know it," said Margaret.

They all had their chores to do at home. They raised pigs, chickens and ducks, and they all had to be fed before the girls got off to school in the morning.

There was wood to be brought in for the wood stove and ashes to be taken out. "I swore that when I grew up I would never have a wood stove," laughed Margaret. "And I've stuck to it!"

She started working with her mother at People's Restaurant when she was 13. "I would stand on a milk crate and wash dishes after school to help with the finances at home," said Margaret. "When I was 15, I got my working papers, and then I did whatever was needed," she said. "We shared the money at home."

On Saturdays, Margaret recalls shopping at Mr. Woody Welch's store or Harold Melvin's store downtown. "I also recall Sam Short's Clover Farm Store," said Margaret. "But the best part of Saturdays was when the Bond Bread man would arrive at their door. "I can still taste those sticky buns and donuts," laughed Margaret.

And, of course, the milkman left bottles of cold milk on the porch to go along with the baked goods.

See History on Page 2

INI buys Journal

Seven publications in Kent and Sussex counties will change ownership on March 1. Chesapeake Publishing Corporation is selling its Southern Delaware operations to Independent Newspapers, Inc. (INI).

Independent Newspapers, Inc. is purchasing four more community newspapers: The Leader, the twice-weekly newspapers in Seaford; The State Register, the twice-weekly in Laurel; plus the Milford Chronicle and the Harrington Journal, both weeklies. Also included is the Delmarva Shopper, Sussex County's Spotlight on Real Estate, and the Southern Delaware Business Ledger.

Independent, a Delaware-based company, already publishes the Delaware State News in Dover; the Daily Whale in eastern Sussex; the Sussex Post in central Sussex; the Delaware Business Review; Central Delaware Business Review; and Sussex County Business Review, as well as the Airlifter under contract with Dover Air Force Base.

Tom Bradlee, president of Chesapeake, said Chesapeake has been trying to acquire additional newspapers in southern Delaware for years and has been unable to do so. "We finally had to face the reality that we weren't going to be able to grow our presence in southern Delaware. In today's market environment it's very beneficial to readers and advertisers when you can network publications together."

"The fact that INI has publications in Dover, Lewes, and Millsboro will make this a very attractive newspaper group in southern

See Journal on Page 2

Heartbeat - Survivors



By Carol Ann Porter

During the month of February, *The Harrington Journal* has featured personal profiles on area people who have suffered heart attacks or strokes, as well as people who have undergone open heart surgery and/or angioplasty.

Last year, four area people were profiled in our February issues. They are all doing well and an update on each follows:

Burton Satterfield - According to Mr. Satterfield's wife of almost 56 years, Madalyn, reports that her husband is doing as well as can be expected for what he had undergone. "He is holding his own and doing fairly well," said Madalyn.

Mr. Satterfield, who turned 77 on Feb. 27, underwent open heart

surgery twice and had a pacemaker installed.

Every three months, Mr. Satterfield attaches his telephone to a Medtronic Teletrace Transmitter which transmit signals from the pacemaker through the telephone line to a computer at the other end. This gives his pacemaker a check-up.

Jack Sapp - "I still feel pretty good," said Jack Sapp. He is under quite a bit of stress right now because both his parents are very ill. "I have seen my doctor, and I have discussed how this could affect my heart," said Jack. His doctor put him on a different type of medicine, and he seems to be doing quite well so far.

See Heart on Page 2

Area high school students "College-Bound"

By Amy Fleming

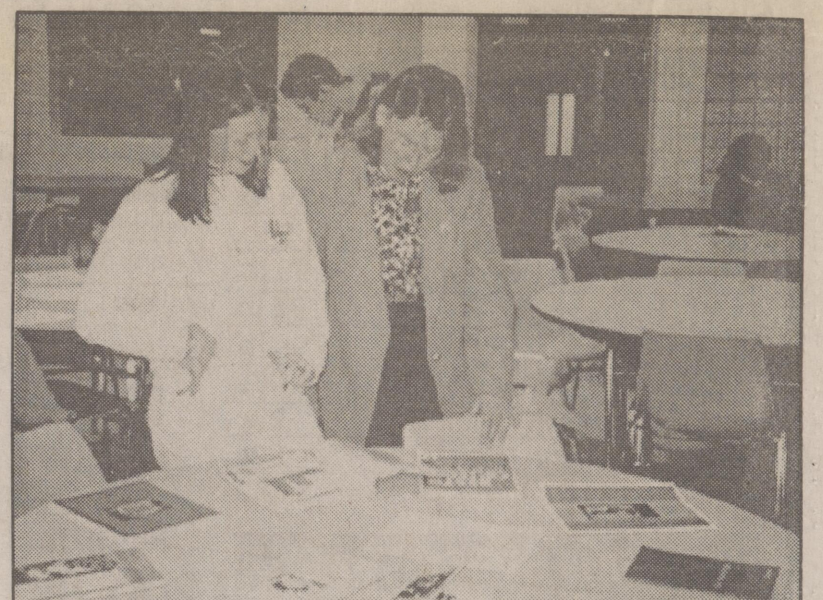
Parents, if your children are college bound, help is available. Monthly meetings are now taking place at Lake Forest High School to aid students and their parents in the process of choosing a college.

On Monday, January 29, students and their parents gathered in the Lake Forest High School cafeteria to discuss and pass around ideas about what steps to take to pick the ideal college. Jim Callaway, LFHS senior parent, spoke on his experience with helping his child in his decision-making. He described the process as "stressful, but fun" and emphasizes parent participation.

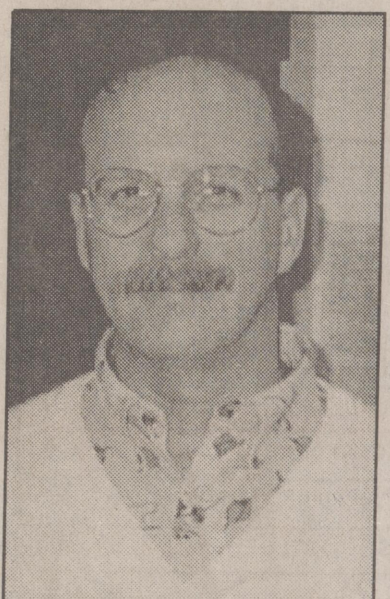
According to Callaway, the first thing to remember is to start early. Most people begin in junior high school; choosing classes that would help the child in college preparation. The next thing Callaway found helpful was to talk to parents who had been through the procedures before. "Talking to veterans will give you an idea of what to expect," explained Callaway.

After speaking with other parents, talk to your child. Read and research schools with them to determine what type of programs that interest them. Then, set bounds for the type of school, the kind of environment the child would do well in and the distance from home that would be comfortable for the child. (Don't forget to twist the arm of the child to find out what their interests are!)

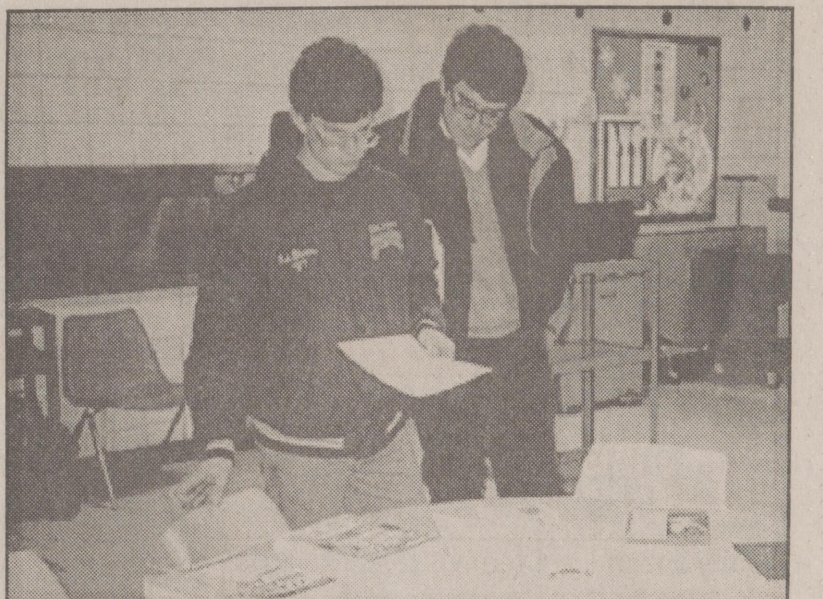
Next, parents should sit down with their child and set up a time line. Start scheduling visits to the colleges, calling ahead to make



In top photo, Kay Buck, a co-sponsor of the "College-Bound" program at Lake Forest, is shown here looking over handouts with junior Destiny Kerstetter at a recent meeting. In bottom photo, Patrick Gleeson and his son, Patrick Jr., also a junior at Lake Forest High School, found the first "College-Bound" meeting to be both helpful and interesting. Photos by Amy Fleming



Senior parent, Jim Callaway, described the process of picking a college as "stressful but fun" as he addressed parents and students at a recent "College-Bound" program.



Headin' south

The Lake Forest cheerleading squad is leaving for Orlando, Florida on March 7 to participate in the National Cheerleading Competition. The team has raised part of the funds needed for the trip, but because of two blizzards, they were forced to cancel a couple of scheduled fundraisers. Anyone wishing to donate may call Nikki Ferguson or Chantell Scott at 284-9291. Shown here, back row, left to right, Corie Roy, Sasha Thompson, Laura Perry, Sarah Bedwell, Lindsay Morris, Tracy Hayward, Lyndsey Harper and Andrea Gray. Front row, left to right, Palma Salerno, Mandy Harvath, Aimee Voshell, Gayle Hayward, Kerry Bish, Miranda Taylor, Amy Wright and Destiny Kerstetter. Read more about the cheerleading squad on Page 4. Photo by Carol Ann Porter

appointments and remembering to spread them out. After comparing the schools using the outline shown below, begin to make a decision.

In an effort to make the best choice possible, take the time to talk to the admissions office at the

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Journal People

Harrington Community Interest News



Mr. and Mrs. Gregory C. Davies

Morgan-Davies nuptials

Lisa Kay Morgan and Gregory Clement Davies were united in marriage at 3 p.m. on Saturday, Sept. 30, 1995, at the Lewes Presbyterian Church, Lewes. The Rev. Harry Hughes officiated the double-ring ceremony.

The bride is the daughter of Mr. and Mrs. Woodrow Morgan of Lincoln, and the granddaughter of Mrs. Anita Morgan of Milford, and Mr. and Mrs. Frank Reed of Lincoln.

Escorted by her father, the bride wore a white off the shoulder satin gown. The sweetheart neckline, cap sleeve and basque waistline was adorned with satin rosettes, seed pearls, sequins and lace.

The full skirt and detachable cathedral length train were scattered with lace appliques, seed pearls, sequins and edged with a scallop lace border. Her matching tiara head piece featured an elbow length tiered puffed veil adorned with seed pearls and sequins.

She carried a cascading bouquet of freeform gardenias, white roses, stephanotis and ivy.

The maid of honor was Karen Beaumont of Long Island, NY, friend of the bride. Bridesmaid was Laura Davies of Dover, sister of the groom.

Flower girl was Kellie Morgan of Milford, niece of the bride.

The groom is the son of Mr. and Mrs. William Davies of Dover and the grandson of Mrs. Kathleen Montague of Harrington.

Best man was Greg Moore of Dover, friend of the groom.

Groomsmen were Stewart Crouch of Felton, and Marc Grossman of Millsboro, both friends of the groom.

A dinner reception was held at the Sea Horse Restaurant in Rehoboth Beach.

After honeymooning in St. Lucia, West Indies, the couple are residing in Dover.



Alex and Jean Argo celebrated their 50th wedding anniversary on Feb. 26. Their family took them out for dinner on Sunday, Feb. 25 in honor of this special occasion.

Houston News

By Pauline Morgan

Sunday worship service at Houston United Methodist Church is 9:30 a.m. Sunday School for all ages immediately follows the service at 10:30 a.m. Rev. Dr. James VanDerWall is the Minister. All are welcome.

Last Sunday Rev. VanDerWall delivered the message. His scripture reading was Genesis 2:17-19 and 3:1-7. Adam and Eve were allowed to live in the Garden of Eden. God told them that they could eat anything in the garden except from one tree, the Tree of Knowledge. Satan tempted Eve and she could not resist the temptation to eat the apple from the forbidden tree. She gave some to Adam. They were punished and sent out of the Garden. To this day, Satan is always around to try to get us to do wrong things.

Mrs. VanDerWall spoke to the children about flowers. The senior choir sang "I Know Whom I Have Believed".

Greeter was Sara Hunter, Ushers were Pauline Ward and Phyllis Minner. Richard Layne was

acolyte.

Congratulations to Anna May Rothermel who celebrated her birthday last week.

On February 14, Valentine's Day, a party was held at the Milford Senior Center for couples who had been married 50 years and over. Not only did they celebrate more than 50 Valentine's Days together, they also publicly renewed their wedding vows. Seventeen couples participated. Congratulations to Robert and Virginia Seamons who had celebrated 60 years of wedded bliss. They were presented with a beautiful bouquet of roses. May they enjoy many more happy years together.

Mr. Gordon Fuller and daughter, Hannah from Arlington, VA, were weekend guests of Mr. and Mrs. John Lemmon of Milford.

Thought for the Week: "A house without love may be a castle or a palace but it is not a home. Love is the life of a true home."

"Better a dry crust with peace and quiet than a house full of feasting with strife." (Proverbs 17:1)

Happy Senior Center Birthday to Burton Satterfield, William Pearson, Jean Harrington and Cecil Meredith, Betty Lindale, Irma Hrupsa, Earle Nelson, Lelia Matthews, Bruce Straw Sr., Mildred Poore, John Carpenter, Addie Jefferson and Ralph Blades.

Happy birthday to Dirk Moore on March 1. Dirk is the son of Faye and Rick Moore and the grandson of Klein and Genevieve Moore.

Don't forget the Harrington Little League is still selling candy bars to raise money for the upcoming season. They are also accepting donations for a new softball field!

Mark your calendars for March 15th and March 20th. The Harrington Senior Center will hold a mini-bazaar on the 15th and they will have an auction on the 20th and we are all invited!

Carol Ann, Billy and Brittany Porter along with several friends enjoyed an evening of good food and games of pool at GrandSlam on Friday night.

Mary Anthony and sister Thelma enjoyed lunch at Bonanza on

Wednesday afternoon.

Hello to some of our Maryland readers JoAnn White, Kenneth and Julia Andrew.

Congratulations to the Lake Forest Elementary Flag B program students for their second place finish in the 1995-96 Odyssey of the Mind Competition held at Lake Forest High School this past Saturday.

This team placed second in the Amusin' Cruisin' Division I category. Team members were Zachary Michels, Nicholas Bailey, Colleen Gleeson, Ashley Garey, Brandy Bauer, Derek Bailey and Travis Michels. Their coach was Lynda Rae Gannon. The team members (and their parents) would like everyone to know how much

they appreciate all of the hard work of Mrs. Gannon and also their sincere appreciation to the Garey's for the use of their home for this project. Congratulations to all involved.

Carol Ann, Billy and Brittany Porter traveled to The Grand Opera

House in Wilmington on Saturday to watch *The Wizard of Oz* on 30 foot screen. On Sunday they, along

with Cindy, Jake and Nicole Porter, and Courtney Taylor enjoyed an afternoon at Klub Kids in Dover

Felton-Sandtown News

By Lola M. O'Day

Extending birthday wishes to: Bernice Hrupsa, Wayne Voshell, Christina Renee Dill, Pete Pizzadili, Frances Keough, Cynthia Bloth, Robert M. Wilkison Jr., Ray A. Roland, Ronald Jarrell, Brandi Lynn McCloskey, Mike Powell, Joshua Paul Wooten, Nick Mogle, Kelly Vansant, Bobby Todd, Haley Todd, Derek James Moore, Mary Wagner, Krista Hickey, Robert S. Dill, Nancy Vansant, Jerry Hayman, Page Brothers. "Wendy Darling is a four year between birthdays, how old are you now? Just kidding around." Alfred Larsen, Lester Emory, Beverly Cox, Laura K. Gooden, Mary Arlene Hurd Couden, Sue Yost, Susan Renfrow, Dee Ann Widder.

Bea Hanes, Ralph and Margaret Bryant, Kim and William Lodge, Ron and Peggy Ivory, Horace and Susan Jackson, Walter and Evelyn Moore.

Glad to know Irene Kersey, Viola, has arrived home from the hospital, hope you have a quick and complete recovery.

"Congratulations" to the ten W.T. Chipman band members who were selected for 1996 Kent County Honors Band. We're proud of all of you. "Congratulations" to Angela Stumpf, an 8th grader being chosen for her honors of first choice. Angela is the daughter of Mr. and Mrs. Ronald Stumpf, Felton.

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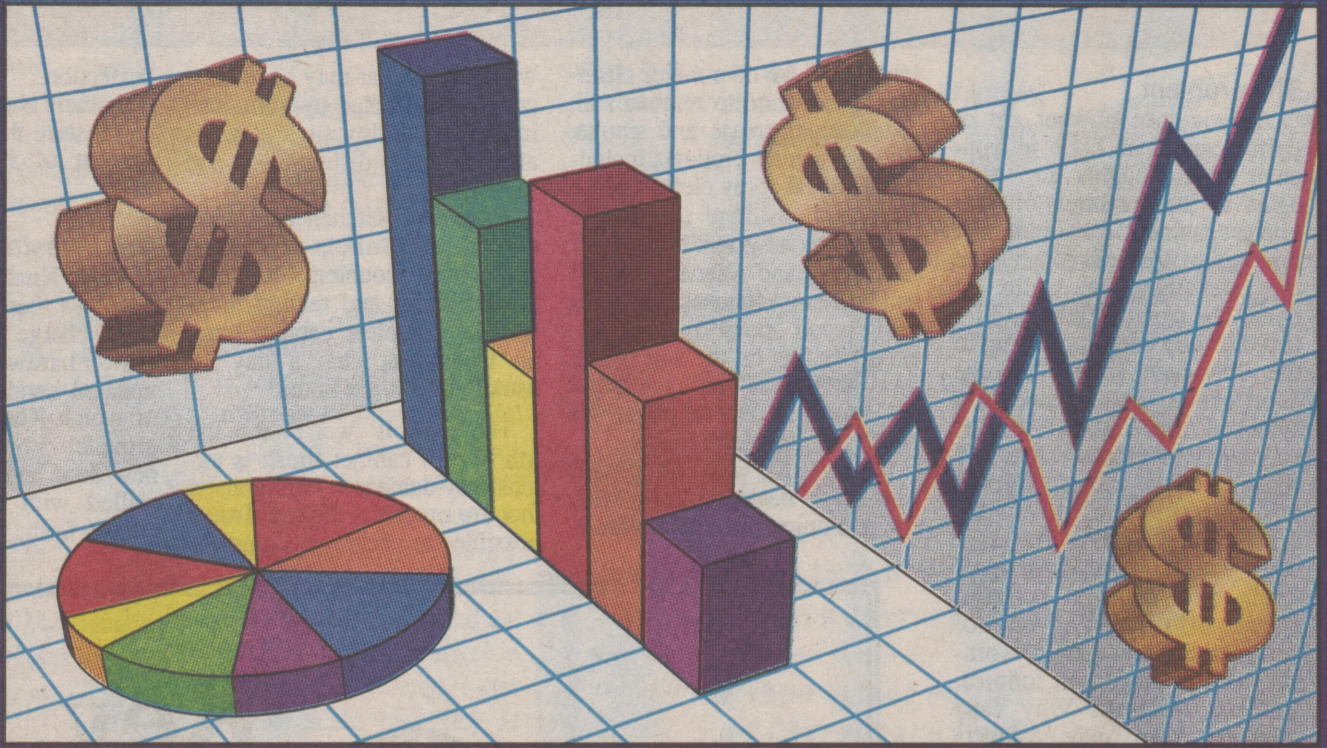
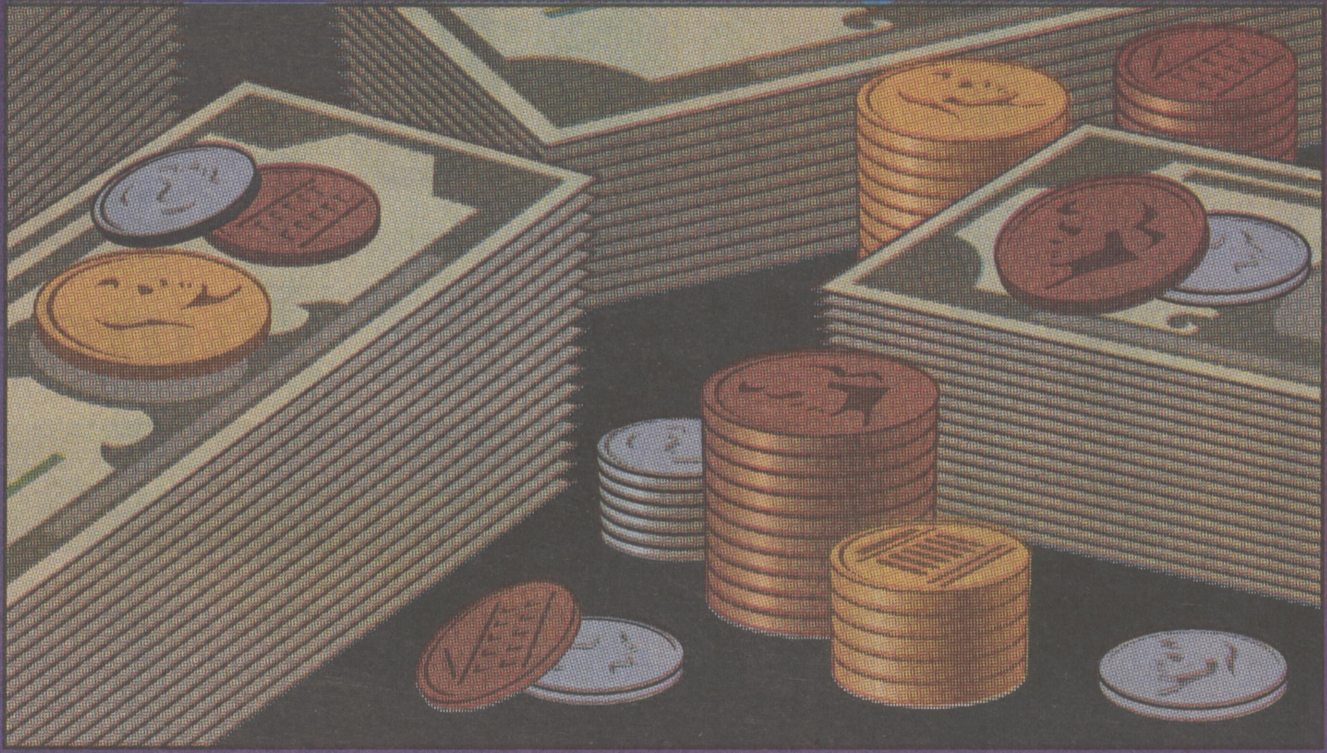
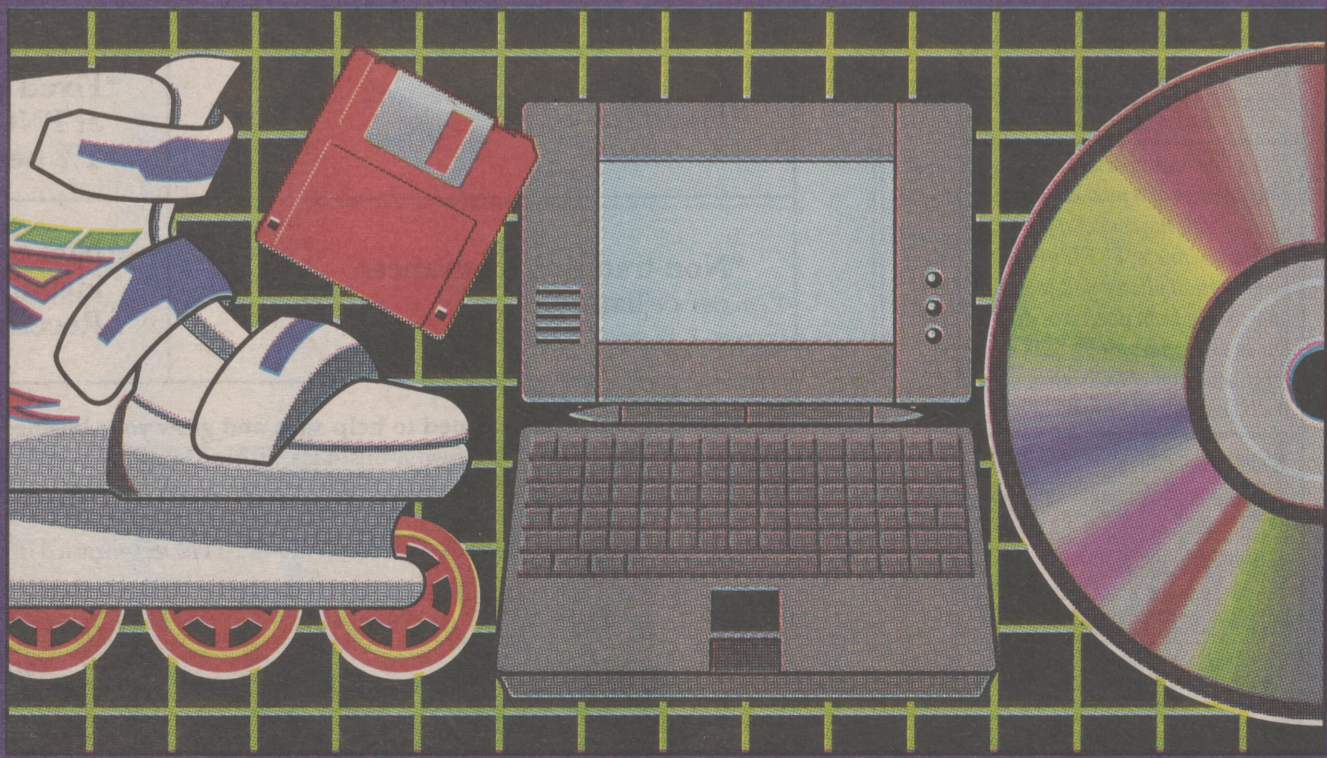
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DRIVE & PROGRESS

Special Section to The Milford Chronicle & The Harrington Journal • February 1996



KITCHEN TUNE UP

The problem

As you take another sip of coffee and lean back in your chair your thoughts turn once again to the condition of your kitchen cabinets. It's not the first time you've thought to yourself that something needs to be done. The wood is dull and lifeless. Nobody ever did fess up to the three-inch scratch on the door of the lazy susan. You scrubbed those stains on the countertop until your shoulders ached, and yet, you can still tell that they're there. Even the drawers are starting to resist when you try to pull them open. What was once a beautiful kitchen and the shining jewel of your home is now a tired, worn-out mass of wood and formica. You ask yourself: Why can't someone keep my cabinets looking and working like new?

The solution

Actually, it is possible to rejuvenate your cabinets. Just ask Charles and Diana DuBois, owners of Kitchen Tune-Up. The Kitchen Tune-Up in central Delaware is one of nearly 300 franchises throughout the United States and Canada.

"We're not a wood refinishing company. We do wood restoration," explains Charles. "Just as you tune-up and detail your cab-

inets. First we do a major cleaning of the wood to remove soil, food stains, grease and smoke. We use several products including a topical spray cleaner and a petroleum distillate that brings back the wood grain."

Charles and Diana then fill and buff any scratches and nicks using wood epoxy or other fillers depending on the size of the flaw. Any areas that have faded are restained and repaired to match the rest of the finish.

Finally, the wood is treated with an oil designed to pull out any remaining dirt and replenish

wood fibers that may have been adversely affected by variations in room humidity such as areas around sinks, dishwashers and windows.

As part of Kitchen Tune-Up's service, the DuBois' also clean and polish counters, lubricate drawer slides and realign hinges. The complete cabinet tune-up takes less than a day — usually four to six hours.

The DuBois' won't take the job if your cabinet finish is extensively damaged. For cabinets that are treatable, it's not always possible to achieve complete

perfection. "I always inform customers ahead of time that we can restore their wood to 80-90 percent of its original condition."

The investment

Most Kitchen Tune-Up jobs cost less than \$400. There's an extra charge if you want new drawer hardware, door hinges or updated handles and knobs, all of which Kitchen Tune-Up can provide. You can even have new door and drawer fronts installed with various styles to choose from.

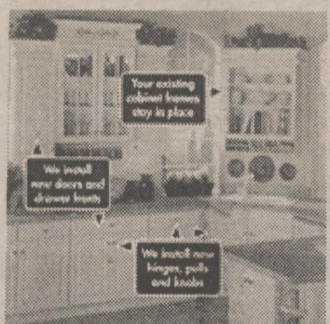
Besides kitchen cabinets, Kitchen Tune-Up can restore bathroom vanities, window casings, interior doors, wainscoting, stairways, beamed ceilings and any type of wood furniture.

Diana adds that many customers also have a Kitchen Tune-Up done just before selling their home. "They know how important the kitchen and woodwork is to prospective buyers."

The DuBois' work weekdays, evenings and Saturdays. You

See **KITCHENS** - page 5

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The physicians and staff of Dickinson Medical Group are proud to be in their 21st year of treating patients in Kent and Sussex Counties.

Dickinson currently maintains offices in three locations in Southern Delaware - 800 North Dupont Highway in Milford, 410 North Dupont Highway in Georgetown, and 807 South Bradford Street in Dover. Dickinson offers the widest range of neuromusculoskeletal services available at one location in this area. Our six physicians are supported by a 36 member staff.

Orthopedics

Dickinson Medical Group began as an orthopedic practice. Today, we offer a very skilled and experienced staff of four orthopedic surgeons. Each of our orthopedists treats a wide range of conditions such as fractures, sprains, foot problems,

repetitive motion injuries as well as sports-related injuries. They also perform total joint replacements, arthroscopic surgery as well as other forms of orthopedic and reconstructive surgery.

Edward F. Quinn, III, M.D.

■ Attended medical school at The University of Maryland Medical School. He completed his residency at the U.S. Navy Hospital in Bethesda, Md.

Donald M. Pfeifer, M.D.

■ Attended medical school at The University of Maryland Medical School and completed his residency also at The University of Maryland Medical School.

Francis C. Drury, M.D. ■ Attended medical school at The University of Maryland Medical School and completed his residency also at The University of

Maryland Medical School.

Nelson E. Wiegman, M.D.

■ Attended medical school at George Washington University and completed his residency at Madigan Army Medical Center.

Rheumatology

Rheumatology, the diagnosis and treatment of arthritis, painful joints, gout and lupus has been offered at Dickinson Medical Group since 1979. We were fortunate that in July, 1995 Maria J. Watson, M.D. joined our staff. Dr. Watson attended medical school at Thomas Jefferson University, completed her Internal Medicine residency at Albert Einstein Medical Center and completed her Rheumatology fellowship at Thomas Jefferson University.

Neurology

Since 1979, Dickinson has

also offered the specialty of neurology, which is the diagnosis and treatment of nervous disorders. Conditions commonly treated by a neurologist include headaches, epilepsy, stroke, palsy, and tremors. Neurology also includes the treatment of Parkinson's and Alzheimer's disease. Diagnostic services offered at Dickinson related to neurology

include EEG's and EMG'S.

Physical Therapy/Laboratory

To provide close support to our physician practices and at the same time offering convenience to our patients, we are pleased to have a physical therapy department and a medical laboratory at

See DICKINSON - page 5

BUSINESS PRIDE AND PROGRESS

A supplement to The Milford Chronicle and The Harrington Journal, February, 1996.

Published by the Milford Division of Chesapeake Publishing
PO Box 297
Milford, DE 19963

Cover design by Stacey Hoyt



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BEST ACE HARDWARE

Best Ace Hardware is busily gearing up for the spring season. Entering its fourth full year, the 10,000-square-foot, full-line hardware store continues to offer many customer services. Some of these services include: key-cutting, pipe-cutting, re-keying quick-set locks, glass-cutting, screen repair, customized paint matching.

This spring, customers will find all their gardening needs ranging from seeds to plants to tools to chemicals at Best Ace Hardware. Garden ponds and accessories will also be available.

Bird watchers will find a large variety of bird houses and

feeders. A complete variety of bird seeds are available for every season of the year.

For pet owners, Best Ace carries Purina's ProPlan Nutritious Diet for dogs. They also carry Dealer's Choice dog and cat food, as well as Buckeye food for both dogs and cats. Hamsters, guinea pigs, rabbits, and pet bird food can also be found at Best Ace.

If you have not yet visited Best Ace Hardware, stop in soon and see why "Ace is the Place" for all your hardware and gardening needs. They are open seven days a week, and hope to continue to successfully meet the needs of Milford residents.

FREE SPIRIT

Artist Pam Marshall embarked upon a business venture when she recently opened up her Free Spirit gift shop in Camden.

Marshall, who has been involved in art all her life, does personalized custom paintings of animals and flowers, as well as murals and original graphic designs on towels, pocketbooks, t-shirts and sweatshirts.

She also does antique repro-

duction furniture out of various wood mediums, including: pine, walnut, ash and wormy chestnut.

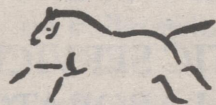
Her original designs, including "Free Spirit," "Steppin' Out," "Free Spirit Cat" and "Home Free" are on display now at her gift shop, which is located at 112 East Camden-Wyoming Avenue.

Call 697-1975 for more information.

BUSINESS FACTS:

Small businesses are the backbone of the local and national economy.

Free Spirit Gift Shop



Featuring Pam's Originals

Personalized, Custom Paintings of Your Pets
HORSES • CATS • DOGS • MUCH, MUCH MORE!

Antique Furniture Reproductions

Gifts • Household Accessories

Located
in the
rear

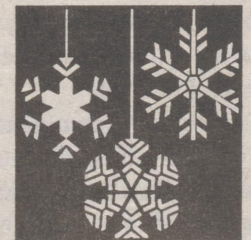


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MILFORD. A GOOD PLACE TO BE FOR ALL SEASONS



ACE

Hurry - Sale Ends
March 31, 1996

Outdoor Essentials



Premium Potting Soil

Multi-purpose. Ideal for house plants, seed or root plantings and more.
16 qt. 7013410

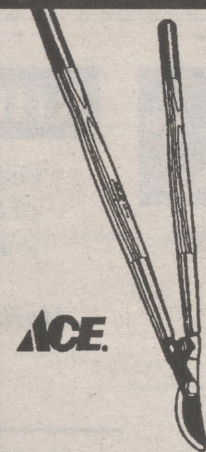
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Yellow Poly Rope

Versatile poly rope. Ideal for a variety of household needs. 50'. 71222

177



By-Pass Lopper

Holds branch for cleaner cuts and easier control. Cushion grip. 72981

1997



Spring Rake

Ideal for outdoor clean-up. 54" hardwood handle. 74978

749

See your Helpful Hardware Folks at:

BEST ACE HARDWARE

Milford Plaza • Milford

424-5414

Monday-Saturday 8 a.m. - 9 p.m.

Sunday 9 a.m. - 5 p.m.



Visa, MasterCard, Discover and American Express Honored at Participating Ace Stores

Due to physical size, merchandising policies and manufacturer's shortages, some stores may be unable to stock all items shown. However, most items can be ordered by your Ace dealer and a "Rain Check" can be issued assuring you of the sale price featured. Not responsible for printing errors.

Dickinson — Continued from page 3

our Milford location. Our physical therapists, Vincent J. DeLeo, P.T. and Lois A. Hamilton, P.T., have practiced in our physical therapy department since it opened in 1980. Conditions commonly treated in our physical therapy department include sport injuries, back and neck pain, knee injuries and rehabilitation following surgery or re-setting of a fractured bone. Our medical laboratory offers a wide range of laboratory services. In addition to our own patients, Dickinson Medical Laboratory can accept patient referrals from other physicians (your insurance company may have restrictions on where you obtain laboratory services, so you should check with your insurance company before getting any work performed).

Many changes are occurring today in the health care industry. Dickinson's physicians, therapists and staff are responding to these changes. We appreciate the confidence many Delawareans have placed in us in the past and seek to continue to justify that confidence in the years ahead.

For more information or to arrange for an appointment, call 302-422-3355.

Kitchens —
Continued from page 2

should call a week in advance for an appointment, but they will come out sooner for a job estimate and to do a free demonstration of the restoration method.

For over 36 years, Milford Bowling Lanes, Inc. has provided Milford and its surrounding communities with hours of fun and entertainment for the entire family.

Milford Bowling Lanes, which is a third generation, family-owned and operated, is located off U.S. 113. Milford Bowling Lanes started out as a 16-lane bowling center to 32 lanes. The center was then remodeled to feature the popular and easy-to-use Brunswick Automatic Scoring System® as well as a large snack bar, lounge, game room and pro shop.

In the modern pro shop, you'll find the newest inventory of bowling balls, bags, shoes and accessories as well as an experi-

enced pro shop operator capable of handling any of your specialized ball-drilling needs.

Milford Bowling Lanes also caters to children's birthday parties, featuring bumper bowling — which eliminates discourag-

ing gutter balls. The parties provide children with hours of excitement and fun, and include a free gift for the birthday child.

To schedule a birthday party, call Milford Bowling Lanes, Inc. at 422-9456.

BUSINESS FACTS:

Need to reach an elected official?

- A. Thomas Wagner**
Auditor of Accounts
P.O. Box 1401, Dover, DE 19903
Office phone: 302-739-4241
- Donna Lee Williams**
Insurance Commissioner
841 Silver Lake Blvd., Dover, DE 19901
Office phone: 302-739-4251
- Janet C. Rzewnicki**, State Treasurer
P.O. Box 1401, Dover, DE 19903
Office phone: 302-739-4231

THE CITY OF MILFORD...

— Dedicated to Providing Better Community Service Throughout Our Departments!



Parks & Recreation....



Electric Division....

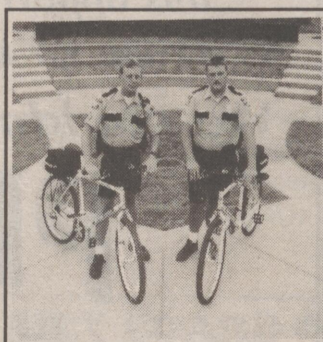


The City Offices....

And Through "Pride And Progress"



Public Works....



Police Department....



Public Works....

201 South Walnut St.

422-6616

DOWNTOWN MILFORD, INC.

Milford's Main Street program begins 1996 with accomplishments under its belt and optimistic plans for the future.

Support in the community for downtown revitalization was shown by the successful "Adopt-A-Tree, Adopt-A-Lamp" fundraiser. Thanks to excellent response from individuals and businesses, the fundraiser has exceeded its goal of raising \$42,000 in support of bringing new sidewalks, street trees, and Victorian-style lampposts to downtown Milford. The total amount in federal, state and private funds raised by Downtown Milford Inc. for the streetscape project is close to topping \$550,000.

On the fun side, Downtown Milford Inc. is planning three

promotional activities for the spring and summer season. The Little League Opening Day Parade, revived last year, will again march 700 baseball stars through the heart of town on Friday, April 26, at 6:30 p.m. Baseball and Main Street — page Norman Rockwell.

For the second year, the Downtown Milford Farmer's market will bring shoppers downtown for fine and fresh produce on Saturdays from 9 a.m.-1 p.m., beginning July 6. Also planned for '96 is the first annual Milford Heritage Festival, with an emphasis on Milford's natural history — Saturday, June 22, 10 a.m.-4 p.m. Festival activities will include duck decoy painting and

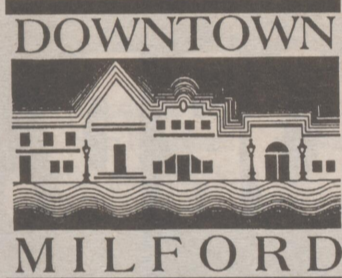
boat building for kids, home gardening for newcomers, Ice Storm '94 and more photo exhibit, square dancing, historic fitness walks, children's games from the past and much more

Downtown Milford recently welcomed A Second Cup coffee shop to downtown and looks

forward in the spring to an old-fashioned ice cream parlor. We are also watching the rapid expansion of the Riverbank Associates state service complex into a third downtown building, which will add 100-plus state employees to the downtown scene.

Another piece of the City of Milford's greenway park system will be added in 1996, on the northwest corner of the Walnut Street and the Mispillion River.

Downtown Milford Inc. welcomes participation and comments from the community. Call 422-1108 to learn more.



**Milford, you're the greatest!
\$44,000 raised from families
and businesses for new
downtown streetscape!
THANKS!**

BUSINESS FACTS:

With the explosion in office technology, its important for small business owners to keep up to date with equipment and trends.

BUSINESS FACTS:

Need to reach an elected official?
Gov. Thomas Carper
Tatnall Bldg., Dover, DE 19901
Office phone: 1-800-292-9570
Lt. Gov. Ruth Ann Minner
Tatnall Bldg., Dover, DE 19901
Office phone: 302-739-4151
Attorney General Jane M. Brady
820 N. French St., Wilmington, DE 19801.
Office phone: 302-739-4211

At Your SERVICE

PENINSULA oil co.

People Serving People All Over Delmarva!

Our family at Peninsula Oil has been keeping your family warm for over 60 years!

For your comfort we sell the finest heating and air conditioning units. For your convenience we have a great service department which services everything we sell. Over the years we've added Uncle Willie's and Gascard to our Peninsula Oil Family to help make your life less complicated. At Uncle Willie's you can count on good food at reasonable prices and with Gascard you can keep your trucks and business cars fueled with 24-Hour Automated service.

We at Peninsula Oil realize that our customers are our greatest asset. We would like to take this opportunity to say thank you to each and everyone for making Peninsula Oil #1 on Delmarva. We couldn't have done it without you!

PENINSULA oil co.

Blades Causeway • Seaford, Delaware
(302) 629-3001 or in DE 1-800-782-1090

MILFORD SCHOOL DISTRICT

It is the goal of the Milford School District to provide a quality education for all students. While a major portion of schooling is devoted to developing the essential skills of reading, math, and writing, creative programming provides a variety of programs to meet the needs of all children.

Staff members maintain high expectations for their own performance as well as for the quality of student work. Clear academic and behavior goals are communicated to all students. Our schools are safe and orderly in a caring environment.

We encourage each of you to learn all you can about the Milford Schools. Visit with us, volunteer, get involved. We are confident that with the continued support of the Milford School community, the future of our children will be ensured.

The Schools...
Milford School District Administrative Offices - 422-1600
The school district offices

are open Monday through Friday, except holidays, between the hours of 8:00 a.m. and 4:00 p.m.

Evelyn I. Morris Early Childhood Center (Pre K-1) - 422-1650

Benjamin Banneker Elementary (1-4) - 422-1630

Lulu M. Ross Elementary (1-4) - 422-1640

Milford Middle School (5-8) - 422-1620

Milford High School (9-12) - 422-1610

Instructional Program...
The Milford School Dis-

trict provides a comprehensive program for all children with emphasis in literature-based reading, process writing and math. Thinking skills are integrated across the curriculum.

The district strives to implement a wide variety of programs to meet student needs, including gifted and talented, special education, college preparation, and vocational-technical training. Close cooperation among teachers, parents, and students is encouraged.



**Recycle now
for
a better
Earth
tomorrow.**



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Your Full Service
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- Reliable • Accommodating •
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55 Greentree Dr., Greentree Shpg. Ctr., Dover, Del.

674-8020 • 800-522-4849

No need to be a member of AAA to use certain services

BUSINESS FACTS:

Delaware has joined the National Main Street movement, which lends assistance to towns throughout the state.

MILFORD SCHOOL DISTRICT

GET TO KNOW US... VISIT YOUR SCHOOLS!

MISSION STATEMENT

We will provide each child appropriate educational programs in a healthy, nurturing and stimulating environment where students experience success and gain the skills to be lifelong learners.

In partnership with homes and community, our mission is to develop responsible, productive, creative, ethical citizens who respect themselves and others, value cultural diversity, set goals with a positive attitude, think critically to solve problems, and can adapt to the changing needs of a global society.

GOALS

- Each student will be knowledgeable about and sensitive to diversity.
- Each student will be taught by teachers who continually maintain and update their knowledge and skills.
- Each student's school experience will be enhanced by the support of a parent or other significant adult.
- Each student will attend schools which provide a safe, healthy, orderly and nurturing environment.
- Each student will attend schools which work to increase parental and community involvement in the mission of their school.
- Each student will participate in a variety of experiences that enrich intellectual, social, emotional, creative and physical development.
- Each student will acquire knowledge and skills for a healthy lifestyle, lifelong learning and personal success.

STATEMENT OF VALUES

Values are traits for personal character development which we hold in high esteem. They are those character defining principles that enable persons to live with fulfillment, responsibly relate to others and contribute to the betterment of society.

VALUES

Compassion

Kindness
Generosity
Forgiveness
Sharing
Caring

Integrity

Honesty
Truthfulness
Courage

Respect

Respect for self, others and property
Reverence
Courtesy
Purity of language, action, thought
Fairness

Perseverance

Diligence
Conviction

Responsibility

Sense of duty
Accountability
Work Ethic

Self-Control

Non-violence
Self-discipline
Thrifty

MILFORD SCHOOL DISTRICT BOARD OF EDUCATION

Barbara B. Rutt, President
Charles S. Postles, Vice President
Charles E. Moses, Superintendent

Vance G. Daniels, Sr.
Walter G. Feindt
Edwin Kee

Richard J. Klute
Marvin P. Shelhouse
Eugene M. Sharp III

MID-ATLANTIC DEL. DIVISION AAA

In 1977, the American Automobile Association (AAA) Mid-Atlantic Delaware Division opened a branch office on South State Street in downtown Dover. At that time, the office, staffed with up to three people, concentrated on automobile travel services and dispatching emergency and road service calls.

Over the years, the downtown location expanded and increased its staff to accommodate the steady increase in memberships.

In the spring of 1994, the Dover branch expanded its services to include a travel agency and increased the number of insurance agents, said branch manager Lynda Miller.

That same year, the office moved from its downtown location to Greentree Shopping Center, Rt. 8, Dover, and doubled the staff (which now includes ten).

The emergency service department has its own dispatch center and can be reached 24

hours a day, seven days a week, at 1-800-AAA-HELP.

AAA Mid-Atlantic, which has 1.5 million members, offers a variety of services for one-stop-shop travel planning.

Call today and plan anything from a one-day excursion to an all-inclusive package, 674-8020 in Kent County, or 856-7451 in Sussex. Travelers do not have to be AAA members in order to utilize travel packages, airline and cruise bookings, and insurance rates. However, for all other benefits, AAA membership is required.

422-3344

The Chamber
of Commerce
for Greater
Milford

422-3344

SOUTHERN STATES CO-OPERATIVE

Southern States began as a business in Virginia in 1923 under the name of Virginia Seed Company.

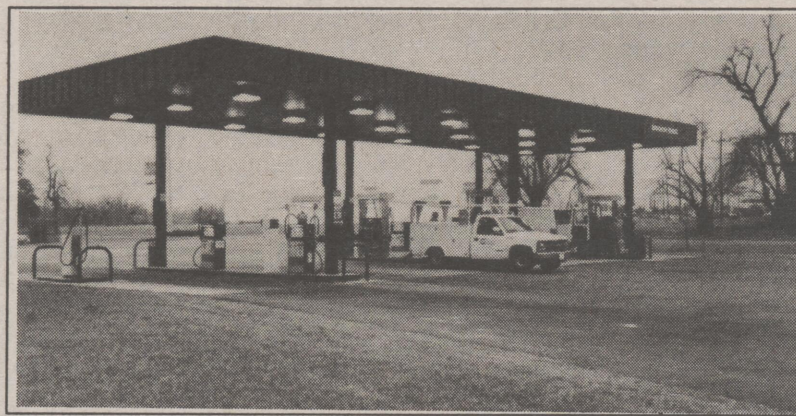
Since then, the company changed its name to Southern States and now operates retail stores in Delaware, Maryland, Virginia, West Virginia, Kentucky and North Carolina.

Southern States, a company which has been in business for 72 years as a whole, has been active in Milford for 50 years.

Southern States Cooperative, Inc. of Milford opened in downtown in the late 1940's. Southern States moved to its present location in 1954.

Southern States in Milford employs 22 people. Donnell Calhoun, Sr. is board chairman of Southern States; Ronald Robbins is board vice chairman; Ray Trivits is manager; and Gary Rhodes is assistant manager.

**Thank you for your wonderful support!
Because of you, we've enlarged our gas to 3 islands.
Thanks for your Propane business, too!**



Feed • Seed • Fertilizer • Farm Supplies • Farm and Passenger Tires • LP Gas • Grain Marketing
Southern States Cardtroll Gas & Diesel Fuel!

**OPEN 24 HOURS A DAY -- "365 DAYS A YEAR!"
APPLY FOR YOUR CARD NOW!! • VISA & MASTERCARD**

SOUTHERN STATES
Milford Cooperative, Inc.
Williamsville Rd., Milford, Delaware
(302) 422-8066

MEET YOUR NEIGHBORHOOD AGENTS

Local Professionals Qualified To Help You With Your Real Estate Needs

Real Estate



Harrington Realty, Inc.

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Mickey Mateo




Real Estate



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Nina Silicato
C.R.S., G.R.I.
D.j. Silicato




Real Estate



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"Working Harder To Serve You!"

Suzanne Croce




Real Estate



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Office: 422-2424 • Home: 422-5682

"Working Harder To Serve You!"

Myra K. Mitchell




LASER TONE

Laser Tone, Inc., a local laser printer service and repair company, owned and operated by Debbie Cromer of Milford, specializes in re-manufactured toner cartridges. Laser Tone's reputation has been built on a foundation of customer satisfaction and a commitment to the environment.

In addition to remanufactured toner cartridges, Laser Tone offers money saving generic and brand name toner supplies. They carry printer ribbons, fax film, inkjet cartridges, copier toner and the majority of all office machine supplies you may need.

For the past seven years, Laser Tone has been providing service for large industry, schools, hospitals, small and home-based businesses throughout Delaware and eastern Maryland. Their free pickup and delivery service throughout the state each week assures customers of prompt, scheduled deliveries and a convenient method for recycling.

Most toner cartridges in use today are recyclable. With this growing awareness, many busi-

nesses and individuals are contributing to the effort to save the environment around us by recycling. Each used toner cartridge adds more than three pounds of plastic waste to our landfills when thrown in the trash. In addition to keeping hundreds of tons of plastic out of our landfills yearly, Laser Tone's recycling program reuses cardboard boxes and recycles aluminum components that would otherwise be discarded.

American businesses benefit by saving 40-60% of the price of costly, new supplies. In addition to the savings, Laser Tone provides free technical support, free pickup and delivery and guarantees their products and services 100%. Quality control and thorough testing assure you that a remanufactured toner cartridge will perform as well, if not better than a new one. Most new toner cartridges are manufactured abroad. By purchasing remanufactured cartridges, you are supporting your local economy and keeping American dollars in the United States.

The Laser Tone staff — which is comprised of the ser-

vice department, remanufacturing technicians, sales and office personnel — is dedicated to making sure their customers' needs are satisfied. Trained technicians are always available to answer your questions and provide solutions. Their qualified service department can tailor a low-cost preventive maintenance program which can eliminate unnecessary service calls and down-time.

Laser Tone stresses the importance of recycling and encourages everyone to join the campaign to better the world we live in. Serving Delmarva since 1989, they continue to live by their motto, "Recycle Today for a Better Tomorrow."



Recycling helps the environment

DEL MOR TV and APPLIANCE

Started in 1956 by Franklin Currey, Del Mor TV and Appliance is currently owned by Don and Millie Albhsi.

Don and Millie Albhsi purchased the business in 1990 from Shirley Renzi.

The businesses' original location was on Rt. 14 in Houston, but was moved to Milford in 1988, and to its current location in the Milford Shopping Center in 1994.

TV technician and TV operating manager Albert Dill and purchasing manager Marilyn Demberger are ready and willing to assist patrons with TV service and sales, antennas and all major appliances.

Call Del Mor TV and Appliance at 422-8534.

SAVE 40-60%

With Remanufactured Laser Printer Cartridges!



100% GUARANTEED!

Hewlett Packard, IBM, Apple, Okidata, Epson, Canon printers/copiers & More

- Supplies for all office machines at discount prices
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LASER TONE, INC.

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"Delivering Quality Service to Delmarva Since 1989"

Celebrating **40 years**

in Business

1956 — 1996

DEL MOR TV & APPLIANCE

"We provide the best in T.V. Service by Albert Dill; in televisions & VCR's by Zenith & Magnavox; in major appliances by Kitchenaid, Whirlpool & Roper"

Corner of N.E. 10th & Walnut sts. • Milford

422-8534



Thumbs up to local businesses

MILFORD AUTO AND HOME CENTER

Full Line Of Domestic, Foreign And High Performance Auto Parts!

WE'VE TURNED

PRO Hardware

AC DELCO PARTS DEALER

OPEN 7 DAYS

209 N.E. Front St. • Milford Shopping Center

422-7065

10% OFF Non-Sale Items With This Ad!

Best Place in Town for Tires & Service

KSAQ KENT SUSSEX AUTO CARE

5% DISCOUNT ON BRAKE & EXHAUST WORK With This Ad!

914 N. Walnut St. Milford, Delaware (Formerly Milford Motors)

Oil Change • Brakes • Shocks • Exhaust Repair Work • Custom Wheels

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ALIGNMENT

\$29.95

Thrust Angle

\$39.95

4 Wheel

ROTATION, BALANCE, LUBE, OIL & FILTER

\$29.95

With 10W30 or 5W30 Up to 5 quarts of oil, other weights available at extra charge. Diesel oil & filter extra.

LUBE, OIL & FILTER

\$15.88

With 10W30 or 5W30 Up to 5 quarts of oil, other weights available at extra charge. Diesel oil & filter extra.

ALIGNMENT, ROTATION & WHEEL BALANCE

\$39.95

Thrust Angle

\$49.95

4 Wheel

MILFORD AUTO and HOME CENTER KENT-SUSSEX AUTO CARE

Sam Shah and Perry Parekh, owners of Milford Auto and Home Center are pleased to announce the purchase of Kent-Sussex Tires' property herein named Kent Sussex Auto Care, Inc.

The new modern and renovated location, which was the former site of Milford Motors site at 914 N. Walnut St., Milford.

Kent Sussex Auto Care will be one the Milford's complete car care center, under-the-hood and under-the-car car automotive services. Services such as oil changes, adjustments, brakes, exhaust and shocks will be offered at this location.

Name brand tires such as Cooper®, Michelin®, Dunlop® and Goodyear® will be sold at this location. The center also specializes in custom wheels for cars and trucks.

Co-owner Sam Shah had over 15 years of experience in the automotive business. Cars will be serviced, and certified technicians whose work people of Milford and vicinity areas are all families with.

The automotive department has all kinds of parts and accessories to repair cars. The department has expanded the speed shop to include all high performance parts such as car masks, bug shields, headers, Delco ®

batteries and their specialty items.

The hardware department offers plumbing supplies, garden supplies, electrical supplies and hardware items such as

bolts, nuts, home fixtures, paint and paint supplies for do-it-yourselfers.

The partnership of Milford Auto and Home center and Kent-Sussex Auto Care is See **AUTO-HOME** - page 12

HARRINGTON ERA REALTY

Harrington ERA Realty has been leading the Milford area in listing and sales for the past 10 years. The Harrington ERA Realty real estate sales organization is conveniently located at 282 N. Rehoboth Boulevard in Milford.

Under the successful leadership of Sue Kugelmann, the Milford office continues to break company production records. The productivity of the Milford office played a significant role in Harrington ERA Realty's ranking in the top 25 offices nationally for Electronics Realty Associates.

Growth has certainly been the by-word in the Harrington Realty Milford office. We are pleased to welcome six new agents to our office, including: Suzanne Croce, Myra K. Mitchell, Sharon Pierson, Debra Abbott, Roy Carlson and Charles Mulrooney. The new agents will all undergo ERA's

High Achievers Program, which will give them the competitive edge with buyers and sellers of real estate in this market area. We feel confident they will soon join our Multi-Million Dollar Producers Nina Silicato, Rymal Kenton and Mickey Mateo.

Nina Silicato has been named project manager for Marshall Commons, a development featuring custom-built homes with city amenities.

We are convinced that if you are looking for effective real estate activity, you need to call Harrington ERA Realty in Milford.

Harrington ERA Realty offers just what you'd expect from a friend.

Give them a call today at 422-2424 or stop by the office Monday through Friday from 9 a.m.-5 p.m., Saturday from 9 a.m.-3 p.m., or Sunday from 11 a.m.-3 p.m.

CREATIVE INTERIORS

Creative Interiors' Rachel Walsh and Judy Grier (formerly affiliated with the Decorating Den since 1988), offer in-home decorating services.

The specialized services include:

- Window treatment — draperies, blinds of all kinds, valances (cornices or soft fabric styles).

- Wallcoverings
- Carpeting
- Accessorizing
- Private consultations

Rachel and Judy will work within your budget and in your own home. They will utilize your lighting and layout, and provide decorating consulting, both residential and commercial.

Call for an appointment at 422-8300.

1st IN CUSTOMER SERVICE

IF YOU ARE LOOKING FOR A REALTOR WHO IS:

- #1 IN CUSTOMER SATISFACTION
- #1 ERA COMPANY IN DEL., MD. AND VA.
- #1 IN LISTINGS AND SALES

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- COMMERCIAL • FARM & LAND *

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CREATIVE INTERIORS

Complete In Home Decorating Service

Residential & Commercial

Custom-made Draperies & Valances
• Large In-stock Selection of Designer
Fabrics • Domestic & Imported

- Mini-Blinds (scores of colors)
- Pleated Fabric Shades (energy saving fabrics)
- Vertical Blinds (fabric louvers, too)
- Swags, Cornices Shades, Layers

CALL
**RACHEL WALSH OR
JUDY GRIER**

For In Home Service • 422-8300

WE ALSO DO WALL COVERING AND CARPET!

Want more info on your hometown?

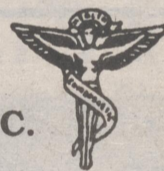
Call the Chamber of Commerce
for Greater Milford at 422-3344

WALSH CHIROPRACTIC CENTER AND FAMILY HEALTH OFFICE



**LYNN WALSH, D.C.
TUTSE TONWE, M.D.
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*Total Care of Back Pain
Patients & Family Health Care*



Auto Accidents

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Back Pain Patients

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Neck Discomfort

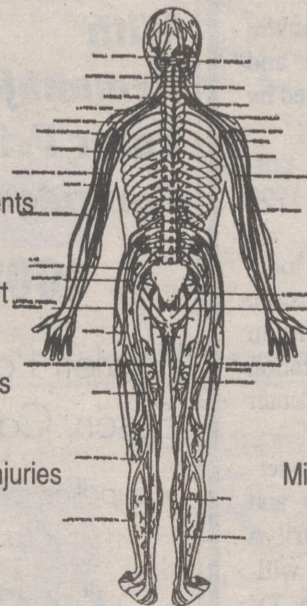
Children's Pediatrics

Personal Injuries

Adults & Elderly Care

Work Related Injuries

Minor Out Patient Surgery



Dr. Walsh • 422-0622

Dr. Tonwe 424-4580 • 734-2444

Milford Medical Center • Suite 103 • Milford Airport Road

• Most Insurance Plans Accepted •

MILFORD MEMORIAL HOSPITAL

Milford Memorial Hospital has been a vital part of this community for more than 50 years. Our talent and technology work together for you to provide the finest health care possible throughout the 1990s and into the next century.

MMH has undergone incredible changes over the past year and remains dedicated to staying a step ahead.

MMH is located in a small, rural community and it is necessary for us to reach out across the state to different towns in order to properly serve our patients. We have done this, not only through our Outpatient Services Center, but also through our Home Health Services and Occupational Health Services.

Outpatient Services

In an effort to better serve our communities, we have opened two out-lying outpatient services centers. These centers, located in Harrington and Frederica, provide basic diagnostic testing including laboratory, radiology and EKG services. These centers are strictly a drawing and testing station for routine physician requested services.

The centers limit the amount of traveling a patient must do in order to receive proper health care. For example, following a physician visit, a patient may need routine diagnostic testing. Rather than travel to Milford, the patient can bring their doctor's slip to either Harrington or Frederica for their required tests.

Accessibility and convenience are the primary factors behind these diagnostic testing facilities. MMH reaches out to the community to provide convenient and easily accessible health care services.

MMH is dedicated to all of its

**RONALD J.
PRISCO**

Located on the Milford-Harrington Hwy., the law offices of Ronald J. Prisco, P.A. services clients in Kent and Sussex counties.

Mr. Prisco, a graduate of Milford High School, the University of Delaware and Delaware Law School, has been practicing law in the Milford area since 1980. He is a member of the Delaware and American Trial Lawyers Association.

The firm specializes in personal injury cases such as auto accidents and workmen's compensation. Additional areas of practice include residential and commercial real estate, wills and estate, family law, business law, leases, contracts and corporation.

communities not just the one in which the hospital is located.

The Frederica Outpatient Services Center is open Monday, Tuesday, Thursday, and Friday, from 6:30 a.m. to 4 p.m.; and Wednesday from 6:30 a.m. to 5:30 p.m. Appointments are not necessary. Call 335-1970 for more information.

The Harrington Outpatient Services Center is open Monday to Friday from 6:30 a.m. to 3 p.m. Appointments are not necessary. Call 398-0370 for more information.

Home Health Services

Modern technology has changed the health care field tremendously. In the past, virtually all procedures performed at a hospital were done on an inpatient basis.

By the end of 1995, 75 percent of all procedures performed by hospitals will be done on an outpatient basis. This dramatic increase has introduced a different form of health care, home health.

MMH's Home Health Services give patients the opportunity to receive treatment at home. Home health is available to patients who are not sick enough to be in the hospital, but still need some medical attention.

Home health service patients, 75 percent of whom are elderly, are often those who are recovering from and receiving treatment for heart attacks and cancer, undergoing physical therapy, or those who have been recently discharged from the hospital.

For more information, call 424-5590.

Occupational Health Services

Occupational Health Services is a highly specialized medical service which caters to area businesses by offering convenient, comprehensive solutions to their health care needs in a cost-effective, caring manner.

It is able to offer businesses lower medical fees because only work-related service are provided to clients and more people can be seen at a lower cost.

The most notable aspect of this service is the ability to provide services on location. The Milford Memorial Hospital Auxiliary purchased a 35-foot mobile health vehicle in 1993. The Occupational Health Van provides businesses with on-site health care. More than 75 area businesses have seen the tremendous benefits of MMH's Occupational Health Services.

The only service not offered on the van is X-ray service.

With the van, a variety of medical screenings and tests are now available on the job site. This is an important aspect, because it gives businesses the chance to cut down on non-productive time, thus making this service more cost-effective and decreasing their cost of doing business.

This on-site service allows businesses to comply with the different medical regulations without disrupting the working environment.

OSHA has issued many mandatory medical requirements on businesses which have increased the

non-productive time of workers who have to take hours, and sometimes an entire day, for medical testing and evaluation.

MMH's occupational health services offers the following on-site: Some types of illness and injury treatment, audiogram, blood and urine specimen collection, drug testing, pulmonary function testing, vision testing, glaucoma screening and physical exams and screenings.

Also provided is preventive education. With a health risk assessment, patients are asked to fill out a lifestyle-related questionnaire. Answers are entered into a computer, analyzed, then the results will be discussed by the patient and a counselor. If necessary, patients will be educated on how to lower health risks to increase their lifespan.

For more information, call MMH's Occupational Health Services at 424-5705.



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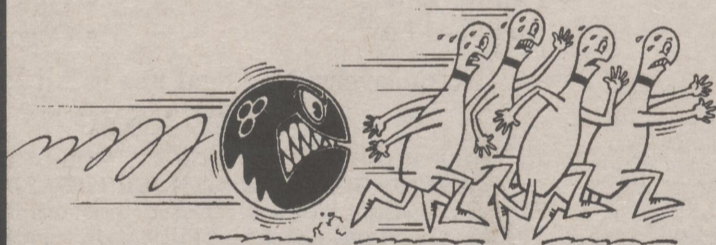
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A business of the 90's for the businessman of the 90's, Mail Boxes, Etc. makes it possible for the small business owner to function efficiently without a large overhead expense.

Owned and operated by Robin Engstenberg and Sandy Kinkus, Mail Boxes, Etc. is beginning its fifth year in

Milford. Since opening its doors in October of 1991, many businesses have come to think of Mail Boxes, Etc. as their right hand man.

Among the services offered is The Mail Box Rental. Renting a mail box from Mail Boxes, Etc. affords the customer the convenience of a street address,

24-hour access to the center as well as the copy machines, and mail check — a call-ahead service to determine if there is mail before venturing out. UPS, Federal Express and other carriers may also be received there.

With the down-scaling of corporate America, Mail Boxes, Etc. is available to help with all the small business needs. Mail Boxes, Etc. is located in the Milford Plaza.

CENTURY 21 WELLS REALTY

Century 21 Wells Realty has enjoyed steady growth in the past year, since it joined the Century 21 system. Six new agents have joined Wells, doubling the sales force and resulting in an increase in business. The increase has exceeded all expectations.

"We've been fortunate to attract two experienced agents and four new ones, people who have had either previous experience with the Century 21 system, or saw the benefits of Century 21 training, referrals or national advertising, combined with a local well-known name in real estate," said Joe Wells, president of the company.

A long-standing real estate firm in Milford, Wells Realty opted to join Century 21 in 1995 for several reasons.

"We were finding it was harder to compete as larger realty firms pushed into the local mar-

ket. Plus, so many of our buyers are from out of state and recognize the Century 21 name as the brand of choice for quality real estate service," explained Wells.

Most recently, Century 21 Wells Realty announced a merger with Classic Realty, which added two more realtors and a satellite location three miles north of Milford on US 113. Wells agents are now there daily in the Shawnee Homes model, a modular home assembled in nearby Salisbury, Md. and distributed by '72 Builders locally.

In March, Century 21 Wells will announce a telephone hotline service, wherein prospective home buyers can call in 24 hours a day and obtain details about homes for sale.

For more information, visit the main office in downtown Milford at 10 N.W. Front St., or call 422-2121.

Auto-Home — Continued from page 10

geared up to service the community of Milford for many years to come.

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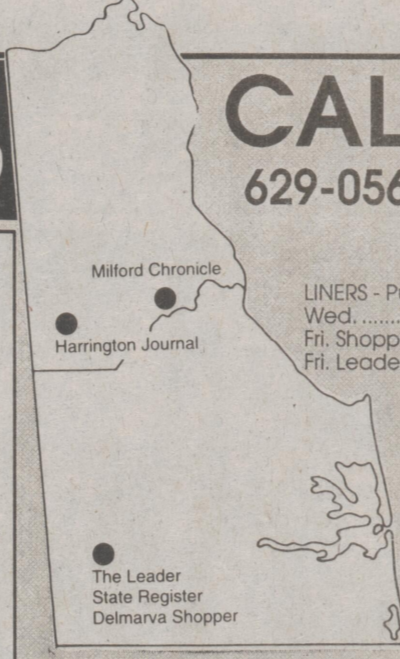
Table with columns for LINERS (Pub. Day, Deadline), DISPLAY (Pub. Day, Deadline), LEGALS (Pub. Day, Deadline) and rows for Wed, Fri, and Friday.

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- INDEX -

Index listing various categories like ANNOUNCEMENTS, FINANCIAL & BUSINESS, EMPLOYMENT, SERVICES, etc. with sub-indices.



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Sports

Lake Forest Sports Rap

By Carol Ann Porter

In Lake Forest basketball action, the boys finished their season last week with seven wins and 15 losses. They played Indian River, losing 75-57. High scorers for the game were Michael Stevenson with 24 points and Dion Gambles with 12 points.

The girls beat Indian River 62-38. High scorers were Chasity Cole with 28 points, Tonya Norris with 13 points and Sherise Spence with 10 points. They finished their season with 14 wins and eight losses.

The girls will be playing tonight in the first round of the state tournament at Smyrna against Newark beginning at 6 p.m.

The wrestlers participated in the State Individual Wrestling Tournament over the weekend. Representing Lake Forest were Eric Hufstutler in the 119-lb. class, Rusty Melvin in the 125-lb. class, Malcolm Hughes in the 145-lb. class, Dan Matta in the 152-lb. class and

Nate Rust in the heavyweight class.

Nate Rust won the individual heavyweight state championship. Malcolm Hughes finished 5th in the 145-lb. class, and Rusty Melvin finished 6th in the 125-lb. class.

In the state swim meet held this past weekend at the University of Delaware, Tony Paladino finished 3rd in diving. The boys team finished 17th overall.

For the girls, Corey Dennis finished 8th in the 500 freestyle, and the team finished 15th overall.

All of the teams are finished for the season except for the girls basketball.

Spring sports begins March 1. This includes boys and girls track, varsity and junior varsity baseball, varsity and junior varsity softball, boys and girls tennis and also golf.

The Lake Forest Athletic Boosters meeting will be held on March 4 at the high school auditorium beginning at 7:30 p.m. The public is invited to attend.



No. 24, Tanitka Smith, makes two despite good coverage from Indian River opponents. Photo by Dave Dill



This Lake Forest Spartan shows determination despite the oncoming Indians as Lake Forest downs their opponent 62-38. Photo by Dave Dill

Baseball Players Wanted

The United States Over 30 Baseball League is looking for players, teams and individuals to help organize a spring program. For more information call 1-800-992-9273.

'96 Dover Destroyers set casting call meeting

The first of a series of organizational meetings for the Dover Destroyer's 1996 football season has been scheduled for Sunday, March 3 at the Dover Sheraton Inn. The meeting will begin at 1 p.m. Anyone interested in coaching, playing or assisting in team operations are urged to attend. For more information call (302) 436-9001.

Davis - (Continued from Page 2)

and magazines all over the East coast. The Sport's Eye, a daily newspaper with up to the minute racing news, forfeited a Sunday racing program at Meadowlands Raceway so that the front page could hold his honor.

Eddie Davis, as a career-minded harness driver, has grabbed the attention of the Governor, the Senate, The House of Representatives, publicity managers at local racetracks, as well as several thousand cheering fans and fellow harness drivers. The media has more than given the public the facts and figures on his success as a driver time and time again.

Eddie Davis has become a hero to the Standardbred racing industry. As a horsewoman, I find in he and his family the qualities it takes to make a top owner, trainer and driver of harness horses. He is a dedicated family man who, along with his wife, Kathy, provides a good, stable environment for his wife and three children. He is a generous man who has worked hard, long hours for his many accomplishments, and he has persevered through rough times to continue to support our industry.

His family has always come first. Eddie Davis returns to his home in Smyrna each night after the races, no matter where they are or when they get finished. I have been there at times when he has returned home after two or three o'clock in the morning, and he will stay awake and talk to his family about the happenings while he was gone.

Until a few years ago, Kathy was a stay at home mother, taking care of the house, the accounting duties, charming the guests as they came and went. She cooked sometimes for what appeared to be an army, and took time to entertain all of the drop-ins. Most importantly, she took care of Eddie.

I have been around the tracks for a long time and it is hard for some wives to support their husband's career as she has done. She never complained about him not being home- she just went with him when she could. She shows



Eddie Davis

her husband daily her support and is outwardly grateful for the life he has provided for their family. Now, she has begun to work while she continues her other duties at home. The hands have turned and Eddie shows his support for his wife.

Several summers ago, I stayed with the Davis' at their home in Smyrna. It is a wonderful place to be and I must say there is hardly ever a dull moment. At any time, Eddie and Kathy Davis open their home and their hearts to anyone who may come along. On any given day, there could be 50 people pass through the door to their home, open the refrigerator and grab some food, or plop down on their sofa for an afternoon nap. There were times when I had no idea who I was talking to, but I knew that they, as well as myself, were welcome in that house.

In the morning, the first feet to hit the floor were Eddie Davis'. He was up and at it early, no matter how late he arrived home the previous night. After spending most of the morning at the barn, he came in for lunch with his family and then back out he went. In the late afternoon, he usually was getting ready to head on to the racetrack- sometimes it was Rosecroft, sometimes the Meadowlands. I don't remember ever hearing that he was tired or

sick or that he did not want to go. He just went. According to his wife, Eddie is the hardest working person that she has ever seen.

In the summer, Eddie Davis baled hay on a farm near where he lives. At 50+ years old, he could outwork the young boys on the farm. After their day was done, the boys would drag themselves into the house, red as beets with sweat running down their cheeks and exhausted looks on their faces. And bringing up the rear was Eddie, joking at the boys, smiling about the day. Even after the tire blew out on the hay wagon and Eddie had to stop and fix it on the way home, he almost looked refreshed. Vibrant and colorful, happy to be able to work- that's the image he always portrayed.

Not too long ago, Davis became only the 13th person to ever reach his six thousand win in the sport of harness racing. After 32 years in the sport, he has earned in excess of 29 million dollars of purse money for his owners. Twice the world's leading driver, he has won more than 100 races per year for 24 consecutive years!

After recently attending Eddie's 6000 win party, it is evident that people love Eddie Davis. People love his family. The Davis family has a circle of supporting fans but in return, they support their industry. Both Eddie and Kathy have played important roles in the changing of harness racing, beginning back many years ago. The family has never quit, and have had owners for long periods of time, which shows that they are a respectable family within the industry's realm.

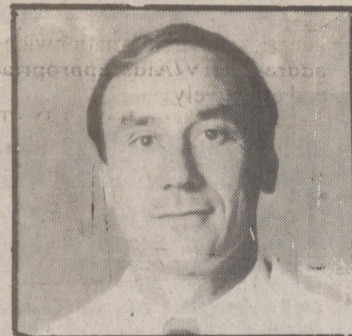
As for me, I would like to congratulate the Davis family on their many years of success. Eddie as well as his wife, Kathy, should be deemed heroes of our sport for all that they have given. Their children are continuing in the tradition, with Eddie's three sons becoming harness drivers and his daughter, Kandy, continues in the support of her father and brothers.

The family has not only shown the fans that they are good at the sport, but that they have a host of

valuable family and friends that are important to them. Eddie has shown through the years that he and his family have the morals

and commitment that it takes to win. Good Luck, Eddie Davis- many best wishes for a safe and happy future of harness racing.

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SPINAL SURGERY

Today lower back problems are epidemic. People of all ages, from the industrial worker to the world class athlete, are at risk for the pain and disability of back pain. Although there is no "magic pill" you can take to solve your problem overnight, there are many things you can do to take care of your back. Fortunately, spinal surgery is needed in less than 15% of patients with back problems. When surgery is indicated, however, it can play a vital role in overall treatment and recovery.

To understand why you may need spinal surgery and how to protect your back before and after surgery you need to learn about your spine and how it functions. A healthy spine protects the spinal cord and supports the body while allowing it to move, bend, sit, twist, and turn. The bones comprising the spine (vertebra) and the discs between them are aligned in three natural curves. These curves are normally kept in a balanced position by strong flexible muscles. Because of injury, the natural aging process, or premature aging due to misuse, certain spinal problems cause the discs or bones to press on the spinal nerves causing symptoms such as pain radiating down the leg into the foot (sciatica), stiffness, tingling and/or numbness.

The three most common categories requiring spine surgery in the adult are: ruptured or herniated discs, arthritis, or instability of the back. A ruptured disc causes pain on the spinal nerve root and sometimes radiation of the pain from the buttock down into the lower leg. A ruptured disc is often understood more easily by comparing it to a jelly doughnut. If one were to squeeze a jelly doughnut some of the jelly would squirt out from the doughnut. This is similar to what happens with a herniated disc - the disc is ruptured, so the jelly from

the inside leaks out causing pressure on the spinal nerve root.

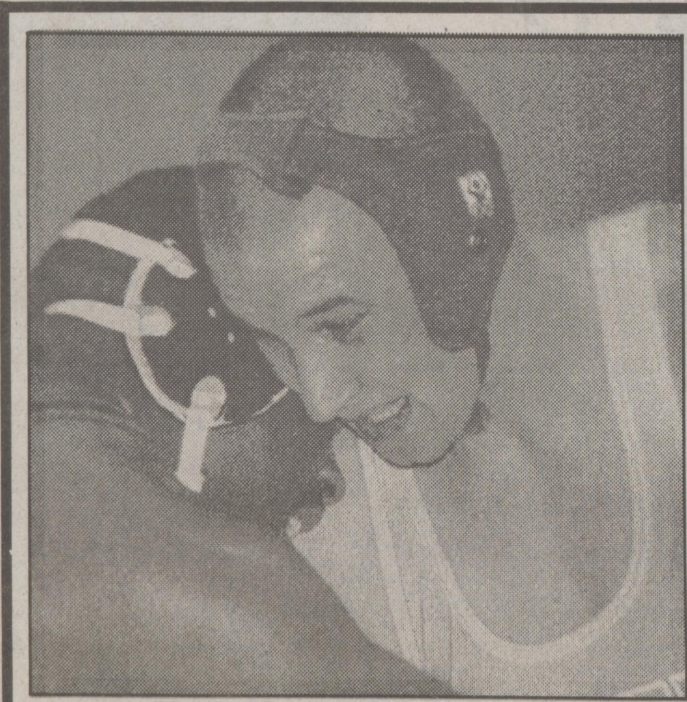
Another condition that may require surgery is arthritis. Aging, worn vertebra and discs allow bone spurs to form. This can cause worsening of the back pain and can irritate nearby nerve roots. The symptoms once again are often pain in the back, in the buttock region, and radiating down the leg. In arthritis, however, the pain is often worsened by walking and relieved by sitting.

Instability is the third category that may require surgery. As a disc degenerates and flattens out, the vertebra in the back get closer together and slip back and forth. This slippage and rubbing of the bones in the back irritate the muscles and nearby ligaments which can result in an irritated nerve. The end result is pain radiating down the leg, or sciatica.

Spinal surgery aims to relieve symptoms by removing the cause of the irritation or compression of your spinal nerve. Over the past decade, the majority of spinal surgery for the low back has progressed to the point where most procedures require an incision of approximately two inches or less. Generally, the procedure is to remove only the part of the disc that is ruptured. Fortunately fusion of the spine is required in less than 10% of back surgery. After surgery an appropriate exercise program is instituted to encourage healing. Increases in strength, flexibility and endurance occur generally within 6 weeks.

For further information or to schedule an appointment in our Dover, Milford, Seaford or Smyrna office, please call 678-8447, 424-0690 or 628-7702. Our doctors are on call twenty-four hours a day for emergencies, and Saturday appointments are also available.

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(302) 424-0690



State Heavyweight Champion!

Lake Forest wrestler Nate Rust won the Individual Heavyweight State Championship last week. Photo by Jen Ellingsworth.

