## The Harringiton Journal

## HOUSMG: SSTSEM TO BE EXPLANED BYF.H. OFFCCCAL

 Gonferance Will Be Held At Th Peoples Bank, Harrington, On June 9thPUBLIE IS INVITED TO ATTEND


| STATE ACOIDHNT BOARD SALARY SUITS UP TODAY Arguments were heard in Superior |  |  |
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|  |  |  |
| by James R. Mortord, attorney, to comm |  |  |
| pel State Auditor James W. Wise and State Treasurer Ernest C. Blackstone |  |  |
|  |  |  |
| to pay all arrearages in salarles and |  |  |
| tral Accddent Board. The mount in arrears, accorting |  |  |
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| two stenographers employed in the of fice rent and other expensea. Daniel F. Wolcott, attorney, rep- |  |  |
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| the board whose salaries are $\$ 3,000$ a year, claim, are: Harry V. Lyons, |  |  |
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| 32,310.67 in anlery from Jume 23, 1937 to March 31, 1938; traveling expens |  |  |
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| Charles H. Grantuand, $\$ 1,875$ in salary from August 16, 1937, to |  |  |
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| March 31,1938 , |  |  |
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| from July 18, 1937, to March 31, 1938;traveling expenses, $\$ 296.40$ from July |  |  |
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| 1, 1937 to March 31.1938. |  |  |
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|  | the Glasgo |  |
| 31, 1938 and 062.28 postage and registered mail. His salary is $\$ 2,500$ a |  |  |
| year as secretary of the board and $\$ 75$ a month as insurance inspector. |  |  |
| Rent of $305-06-07$. Equitable Bullding |  |  |
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| August through March; statlonery, |  |  |
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| of two stenographers for taking andtranscribing of testimony, $\$ 120$.The two ofice stenographers ask a |  |  |
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| total of $\$ 1,700$, Elinor W. Wood claims |  |  |
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| SMART CLERK The prospective customer ap. | Curse of Progress |
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AROUND
THIE HOUSE

Bright Embroldered Borders for Towels
THESE borders you will find
easy to make. All six strands of
yelong and orange ray stitches ed

 material to make straight guide
lines for the embroidery. Sew the
thread through them as at $F$.
Rems by hand after who have received
hembroid-

 | ery is done. | $\begin{array}{l}\text { Sewing, for the Home Decorator. } \\ \text { The top border is royal blue and } \\ \text { turkey red. To make the straight } \\ \text { link } \\ \text { linkes be pleased to know that Book } \\ \text { wil }\end{array}$ |
| :--- | :--- |
| No. 2 is now ready. Ninety em. |  |





 \begin{tabular}{l|l|}
and orange. The edge lines are <br>
yellow, couched in place with or- \& $\begin{array}{l}\text { Ask for Book } 2 \text { and address Mrs } \\
\text { ange. The alternating groups of of }\end{array}$ <br>
$\begin{array}{ll}\text { Spaars, } \\
\text { calo, Il. }\end{array}$ <br>
\hline

 

\hline ASK ME \& $\begin{array}{l}\text { A Quiz With Answers } \\
\text { Offering Information } \\
\text { on Various Subjects }\end{array}$ <br>
\hline
\end{tabular}

The Questions
 cient democracy?
3. How and when did the United
didates with the idea of improv-
ing their chance of election,

through voting for | States acquire Florida? |  |
| :--- | :--- |
| 4. What in the total world's pro- | through voting for less than the |
| ducssible number. For example, it |  |
| duot of of radium? |  | duction of radium?

5. What ancient philosopher

prophesied the income tax? $\begin{aligned} & \text { you vote for, one when you could } \\ & \text { have voted for nine, you increase } \\ & \text { his chances at the expense of all }\end{aligned}$ | $\begin{array}{l}\text { prophesied the income tax? } \\ \text {. Was there a political party in } \\ \text { America named Locofocos? }\end{array}$ | $\begin{array}{l}\text { his chances at the expense of all } \\ \text { the others, but only to the extent } \\ \text { of one vote. }\end{array}$ |
| :--- | :--- | $\begin{array}{cl}\text { America named Locofocos? } \\ \text { 7. What does Tia Juana mean? } & \begin{array}{l}\text { of one vote. } \\ \text { 8. The United States forest serv- } \\ \text { 8. What is a plunker vote? }\end{array} \\ \text { ice maintains } 3,014 \text { lookout towers. }\end{array}$

 ers
States forest service?
10. Who is 10. Who is the patron saint of Half by Imitation
aviation?

$\qquad$ | 1. A tree in Hartford, Conn., in |
| :--- | :--- |
| which the Colonial charter was hid and to study thocose them gith mod. |
| 2. Switzerland is the wore | most ancient democracy. world's

3. By purchase from

## wh

 Which would be bely 1.65 pounds. gran5. Plato
部 an income said, "When there the the just man will
pay more tan, the pay more and the just man wil
the same amount of inst less on 6. The Locouncoos of income." was
existence in the United States
1844 to 1935 .

## OHEW LONG BILL NAVY TOBAGCO (5E)

## Your Advertising Dollar

## buys something more than space and circulation in the columns of this newspaper. It buys space and

 the columns of this newspaper. It buys space and readers for this newspaper and its advertising of our Let us tell you more about it.
## Food Falls Like Manna from Heaven

| Air Delivery Rations in <br> Early in April Unc toon of 32 men ar Varentine, Texa $t$ these men proba |
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## TONIGHT'S BEDTIME STORY

Fresh meat for supper! A hungry
solder
unpacks cool frankfurters
from the parachute package.

Hyous mow.

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Rest and Soothe the Eyes
With Boric Acid Application


 | Quaker Squirrels |
| :---: |
| Like ? Em Roasted |
| New Castle, Pa.-Some of this | city's squarree, Pa.- Some of thave lost almost all

of their fur and resemble Mexican hairless dogs-because they like
their peanuts roasted.
This roasted peanut diet is the cause of the rash which is making
the squirrels lose their natural
clothing. City Forester Owen P. Fox declared.
He appealed to persons who have
been feeding the squirrels to cease
 Thit compliicretedededing prober the fact that the
animals have become accustomed
to the roasted peanuts and prefer hem, he admitted.
Especialy the squirels in Gaston park, a municipal recreation center,
have been going "bald all over," he
said.

Coolie Influence


Too much sun or wind? It's hard on the eyes and there's no cure


Holing Through Vehicular Tunne



$\longrightarrow$


## WHAT to EAT and WHY

## C. Houston Goudiss Describes the Place of Fats in the Diet

Nationally Known Food Authority Compares the Different Cooking Fats and Shortenings
By C. HOUSTON GOUDISS
ThERE are, perhaps, more foll folse notions concerning fats than any other class of foods. Some homemakers, considering them as "fattening" only,
try to eliminate them entirely from the diet. Others have the
impression that foods containing fat are difficult to digest. impression that foods containing fat are difficult to digest,
and for this reason deprive their families of many delicious and healthful foods. Both
points of view arise from points of view arise fro
ignorance of dietary facts.

creskng to note that ine annuar
per capita consumption of mar-
garine is steadil increaing, as
homemakers have discoevered that
the use of this less expensive prod
uct releases more money for milk
uct uct releases more money for prod-
fruils and vegetables. Margarine ruits and vegetabies. Margarine
is interchangeable with butter for
dressing vegetables and in doughs dressing vegetables and in doughs
containing spices, fruits and chocconte. Its sportening power and
olate
keeping qualities are similar to keeping qualities are similar to
those of butter.
Lards, compounds and other Lards, compounds and other
shortening fats are useful not only
as m means of increasing palata-
bility as a means of increasing palata-
bility and food value, but to add
flakinss to baked foods and to
produce a crisp coating which
seals in the minerals and vitamins
$\qquad$
$\qquad$
$\qquad$
$\qquad$ In Oriental coun
tries, where large populations live
in great poverty, fat is usually n great poverty, fat is usually
scarce and it is necessary to con-
sume huge quantities of fod in or-
der to meet the daily ful sume huge quantities of food in or-
der to meet the daily fuel require
ments. As a result, most of the
people develop distended abdo-
mens.
Children Must Have Fat

Digestibility of Fats

Because of their ability to re-
tard digestion somewhat and thus
give satiety value to
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$\qquad$digestive organs warry which the

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& \text { be maintained. And two compe- } \\
& \text { tent investigators ound, conf } \\
& \text { mentaly, that the presesce of fat } \\
& \text { min the dut tends to conserve vita- } \\
& \min \text { B in the body. }
\end{aligned}
$$work, it is conceded that fats in

general retart the secretion ot the
gastric juice and thus cause too
torremain longer in the stomach:conditions only about one-twenti-
eth of the fat eaten escapes dizesseth of the fat eaten escape-s digeses-
titon. Experiments indicate, for ex-
ample, that the coefficient of di- RPDUCP

Safely. Surely, Comfortaty

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& \text { for shortening pastry and for } \\
& \text { depp-frying, are wholesome, high } \\
& \text { ly nutritious and give most satis- } \\
& \text { factory results They are a most }
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$$ Questions Answered

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\begin{aligned}
& \text { factory results. They are a most } \\
& \text { feconomical form of shortening. }
\end{aligned}
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 Miss C. B. R.-It is difficult to
compare the iron content of meats because of variations in the
amount of fat. It has been estab-
lished, however, that organ meats,

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& \text { ercise, } \\
& \text { they ar } \\
& \text { ories. } \\
& \text { There } \\
& \text { dence t }
\end{aligned}
$$ as liver and, kidneys, contain

more iron than musce meats, and
that pork and lamb contain much more iron than muscle meats, and
that pork and lamb contain much
less iron than beef

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& \text { There is also experimental evi- } \\
& \text { dence that at least small amount } \\
& \text { of one or more of the unsaturated } \\
& \text { fottu onido }
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$$ Mrs. N. B. R.-As to whether

tendency to overweight is inhe

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\begin{aligned}
& \text { of one or more of the unsaturated } \\
& \text { fatty acids must be supplied by } \\
& \text { the food if normal nutrition is to }
\end{aligned}
$$ ited: the body build is inherited

That is, some indiviuals tend to
be short be short and stocky; others are
tall and slender. However there
is no reason why the stocky indl-
vidual shonld allow

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\begin{aligned}
& \text { In the diet tends to conserve vita- } \\
& \text { min B in the body } \\
& \text { Some fats, especially those from } \\
& \text { animal sources, are rich in vita- } \\
& \text { mina A And D. And fats made }
\end{aligned}
$$ Hid




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| enjoy life. The shortage of fats in European |  |  |
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| evarious torms of edible fats |  |  |
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|  |  | in NEW YORK! |
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| Do You Want to Learn Haw ta Plan a Lahutive Diet? |  |  |
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| Lahative Diet? |  | Woodsto mum tuat |
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## Fárm Topics

SANITATION WILL.
HELP SAVE CHICRS
Clean Brooder House Helps Prevent Infection.
 Poultry can be one of the most
dependable enterprises on the farm.
 trom disase. As more birds aro
raised and brought int closer orn
tait with one another, che danger Moving the broder house to
new location, where it will be




## moved, soin aid en up

en up and replacede with clean tsoil
Trom an area wher on oht
have ranged during the past year
Keop the brooder house coean, hil
and dont ted anything that mili
attract files, such as liguid milk


r
 up the slope occasionally during the
summer season. If the shelter can-
not be moved, clean it out at fre-

 Fences on the Contour


 tour, says charles Rate Enlowe chio-
ogronomist of the soil conservation ne farmer, who had a perma-
nent patara edajoining autivated
field added the point rows to the

 tected ot he gras by not moting
the fene until the grass was fimly
established


East Front Laying House
 station, attrer seven yearsporimen expe-
sience.
During ten months of the rience. During ten months of the
year direct sumight can enter the
east tront and penetrate to the


Along the Windrows of mineralsed or orgs vindicate a llack
hen's ration. . . . Whatat raised in Argentina in the
Ben730,000 teason weighen
nearly
 Using a magne from an old trac-
tor a farmer can remove metal

 Some poultrymen, with a special
narket, have found capons proft
 Forty five pounds of corn are re Where alifilatar or clover can be
grown saitsfororityand economic-
illy, dairymen should grow these ally, dairymen should grow these
leefumes of legume mixtures instead
crass hay vitamin A for good grownin in chicks,
poultrymen should include 5 per





WILLIAM MACLEOD RAINE'S

## To Ride the River With




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## "Second Greatest Show on Earth" Barnum Called New England Range



## (2)







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Please write your name, ad
dress and pattern number plainly.
Our Biggest Industry

KILLS INSECTS
MEN LOVE GIRLSWITH PEP
GET RID OF BIG UGLY PORESPIENTY OF DATES NOW...DENTON'S
FACIAL MAGNESIA MADE HER FACIAL MAGNESIA MADE HER
SKIN FRESH, YOUNG, BEAUTIFULDENTON'S

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## PUBLIC SALE <br> OF VALUABLE

## Real \& Personal Property

The undersigned will offer for sale at his Basket Factory, Harrington, Delaware, on Saturday, June 11, 1938



the following personal property:
30 Brace Hamper forms; 10 4-8 Basket forms; 205-8 Basket forms; 50 Valves of different sizes; 600 ft . Shafting, different sizes; 50 Shaft Couplings, different sizes; 150 Pipe L's, different sizes; 200 Unions and T's, different sizes; 1000 ft. Pipe, different sizes; 100 Reducers and Nipples, different sizes; 500 ft . Belting, different sizes; 150 Pulleys, different sizes; 2 Chain Blocks and Carriages; 12 Tables, different sizes; 1 Knife grinding machine; 2 Bottom Saws; 2 Cover Saws; 1 80 H. P. Steam Engine; 118 H. P. Engine; 1 Skinner Engine, 30 H. P.; 4 Upright Engines, 10 and 15 H. P.; 1 Gang Saw; 1 Drill Press; 1 Exhaust Fan, 40 in.; 1 Electric Generator and Panel Board; 6 Hand Trucks; 1 Saw Bench complete; 1 Chopper, ' 5 in. blade; 1 Wheelbarrow; 4 sets Grab Hooks; 1 Wagon Tongue Yoke; 148 in . Fly wheel, 8 in . face; 148 in . Fly wheel, 10 in . face; 50 Shaft Hangers; 118 in. Key Pulley, 6 in. face; 2 sets Governors; 6 Lubricators; 1 barrel 22 gauge Wire; 1 barrel 19 gauge Wire; 1 Cobden Stapling Machine; 6 qt. Cup Machine complete; 48 Former Points for Berry Cup machine, new; 10 Former return slides for Berry Cup machine, new; 21 Driver Points for Berry Cup machine, new; 12 Clutch Keys for Berry Cup machine, new; 2 Staple Formers for Berry Cup machine, new; 6 Clutch Dogs for Berry Cup machine; 12 Wire cutting Tubes for Berry Cup machine, new; 11 Staple Benders for Berry Cup machine, new; 3 Staple Formers complete for Berry Cup machine, new; 6 Driver Points for Berry Cup machine; 65 Driver Point Rivets for Berry Cup machine, new; 270 Frame Point Rivets for Berry Cup machine, new; 3 Clutches for Berry Cup machine, new; 6 Rocker Arms for Berry Cup machine, new; 3 Crank Shafts for Berry Cup machine, new; 1 Side Arm for Berry Cup machine, new; 1 set 36 in . Wire Shears; 2.5 in. Veneering Knives; 1 Fibre Clutch Pulley, $\mathbf{6}^{\prime \prime} \times$ ""-7-1 $^{2}$ shaft; 135 H. P. Boiler; 1125 H. P. Boiler, good shape; 1 Smoke Stack, 55 ft .; 1 Saranac Hamper machine, with extra form for 5-8 baskets, new; 1 Hoop Coiler, with extra form for $5-8$ baskets, new; Cantaloupe Crates-eleven $10 \times 15$, seven $14 \times 14$, twenty-nine $6 \times 18$ flat, thirty $11 \times 16$, ten $51-2 \times 16$ flat, forty-four $91-2 \times 14$, seventy-two $5 \times 15$ flat, seventeen $6 \times 13 ; 20$ Dividing Forms; 100 doz. Export Tubs,covers; 22,000 Heavy Brace Hampers; 100 1-2 bu. Tubs; 22,000 Cedar Covers; 30,000 Hand Made Brace Baskets, $5-8 ; 3$ barrels Paint; 2 barrels Roofing Tin; 2 Grind Stones; 7,000 Wood Hoop Hampers; $10,000 \mathrm{ft} .5-8 \mathrm{in}$. Board, dry; 5,000 ft. 1-2 in. Board, dry; 3 Saw Mills, good shape; lot of Oak, $2 \times 4$, different lengths; lot of scrap Lumber; 1 WoodStove; 1 Circular Saw, 36 in.; 20 Gang Saws; 10 Cut-off Saws; lot of Brass; lot of old Iron; 200 ft . of Blower Pipe; 1 Building, $9 \times 12$, 12 ft high; 1 Building, $20 \times 35$, 12 ft . high; 1 Burroughs Adding Machine; $2,00024 \mathrm{qt}$. Berry Crates; 1,000 Pasteboard Berry Cup Cartons; 1 Sealing machine and 1 1-2 rolls Paper; 1 barrel Hamper Tins, 4 in. long; 1-2 barrel Hamper Tins, 3 in. long; 10,500 Wire Hamper Hoops; 10 head Horses; 1 pair Mares, 2500 lb ., 8 \& 9 years old; 1 pair gray Horses, $2500 \mathrm{lb} ., 8$ \& 9 years old; 1 Sorrel Horse, 1500 lb ., 12 years old; 1 pair brown Mares, 2400 lb ., 9 years old; 1 bay Horse, 1000 lb ., 5 years old; 1 pair Colts, 4 years old, 2000 lb .
TERMS OF SALE OF PERSONAL PROPERTY: CASH.
The undersigned will offer for sale on the premises, on

## Saturday, June 11, 1938 <br> at 2:00 ocliock in the afternoon

Lots or parcels of land with improvements as shown on the Plot hereto attached.
TERMS OF SALE: Twenty per cent (20) of purchase price to be paid on day of sale. Balance of purchase price to be paid on the twenty-first day of June, 1938, at which time a good and sufficient deed will be given to purchaser or purchasers, clear and discharged of all liens and encumbrances. The amount paid on day of sale will be credited on account of the purchase price, if other terms are complied with; otherwise, the amount paid on said day of sale will be treated as liquidated damages for non-compliance.

## ROBERT A. SAULSBURY

